



To register or for more information, call 757-886-6511 or e-mail delores_price@bshsi.org

1-2-3 Magic

A Positive Discipline Technique Program for Parents of Children 2 to 12 Years of Age.

1-2-3 Magic a nationally recognized video-based discipline technique. This four-week program will teach parents how to correct negative behavior in children 2 to 12 years old, while encouraging positive behavior.

- Parents will learn a simple technique to get your children to STOP doing what you don't want them to do (whining, arguing, tantrums, sibling rivalry, etc.).
- Parents will learn several effective methods to get your children to START doing what you do want them to do (cleaning their rooms, going to bed, homework, etc.).
- Parents will learn four powerful techniques that reinforce your bond with your children.
- Parents will learn how to handle misbehavior in public and how to avoid the Talk-Persuade-Argue-Yell-Hit Syndrome.

Mondays, November 23 to December 14, 2015, from 6:30 to 8:30 p.m.

Bon Secours Maryview Medical Center

Conference Room A — 3636 High St., Portsmouth, VA 23707

FREE!

Bon Secours
FAMILY FOCUS

BON SECOURS
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