

## Food for Thought

## Join us for a Mindful Dinner

Guest Speaker Andrea Bales presents

"Savor the Flavor"

A Fundraising Event for the

Human Services Department at IPFW

Date: April 22, 2015

Time: 6-8p.m.

Doors Open at 5:30p.m.

Location: IPFW's Alumni Center

1528 E. California Fort Wayne, IN 46825

Catered by Blu Spoon Catering

Ticket Price: \$26.00 All Inclusive

All proceeds go to the Betty Dykstra Scholarship

To Purchase Tickets Call the Division of Continuing Studies at 260-481-6619

Or go to https://learn.ipfw.edu/wconnect/CourseStatus.awp?&course=15SPER285

## Menu

Mixed Green Salad with Fennel, Dried Cranberries,
Apples, Radishes & Orange Vinaigrette
Beet and Lentil Steaks with Tri Color Slaw & Smoked Paprika Sauce
Wild Rice Pilaf & Green Bean Sauté
Freshly Baked Breads and Creamy Butter
Key Lime Bars & Chocolate Turtle Bars
Decaffeinated Coffee & Citrus Water & Hibiscus Berry Iced Tea

