



# Equipping leaders in faith-based communities to maximize their impact!

### **TESTIMONIALS**

"We would have happier leaders and healthier communities if all leaders attended the 'Emotional Intelligence and Human Relations' workshop and put their learnings into daily practice."

"Overall, the workshop was an amazing experience, unlike any other I've had. The EQ work is crucial, just crucial. I feel lucky to have been invited to participate."

# EMOTIONAL INTELLIGENCE (EQ) AND HUMAN RELA-TIONS (HR) WORKSHOPS

This core EQ HR Center workshop is an intensive session designed to enable participants to learn about, build and practice emotional intelligence skills in a small group setting. Skilled facilitators provide tools and feedback to enable participants to learn about themselves and to immediately practice emerging skills.



February 29-March 4, 2016—The Roslyn Center, Richmond, VA in partnership with The Episcopal Diocese of Virginia.

- ◆ Early registration \$595.00, Regular tuition \$645.00
- **♦ESCI 360 Survey \$199.00**
- ♦ Lodging and 13 meals: Single \$475.00, Double \$435.00 USD, Commuter \$260.00.



Register today on the web at http://www.eqhrcenter.org/

# **EQ-HR 5 day Schedule and Registration**

Most workshops begin at 2 PM on Monday and end after lunch on Friday. Evening sessions go to 9 p.m. Meals include lunch on Monday through lunch on Friday.

- •Mail check for tuition and ESCI 360 Survey fees with the registration form below payable to: The Center for EQ-HR Skills. (Canadians must send a bank check or money order in USD funds) or
- •register online at www.eqhrcenter.org

Note: This program requires participants to be fully present for all segments including HR learning groups and evening sessions. In addition, it is recommended that all participants consider utilizing available lodging for this event.

## What happens at an EQ-HR Workshop?

This core EQ HR Center workshop is an intensive five-day session designed to enable participants to learn about, build and practice emotional intelligence skills in a small group setting. Skilled facilitators provide tools and feedback to enable participants to learn about themselves and to immediately practice emerging skills. The content of the workshop revolves around the five areas of emotional intelligence as keys to improving leadership effectiveness for faith-based leaders. They are:

- 1.**Self-Perception**—Having a solid understanding of oneself, one's emotions and one's inner life.
- 2.**Self-Expression**—Being able to openly and honestly express one's true thoughts and feelings.
- 3.Interpersonal Having a healthy network of relationships.
- 4. **Decision Making**—Feeling competent, calm and grounded in one's ability to use emotional information to make decisions.
- 5.Stress Management—Feeling resilient in the face of adversity and armed with an arsenal of coping strategies.

### What is the ESCI 360 Survey?

As part of this core event, workshop participants complete a comprehensive self-assessment of their emotional intelligence. They also identify up to 20 people {manager(s), direct reports, peers, clients, family and friends} who know them well and are willing to complete the same assessment in order to provide valuable feedback. What results is a detailed report of one's Emotional Intelligence strengths and development needs. This will be for the participant's eyes only and will provide possible personal items to be explored in one's small group.

**About the Roslyn Conference Center,** 8727 River Road, Richmond VA 23229, Phone: 804-288-6045, Website: http://roslyncenter.org/index.shtml.

Nearest airport: Richmond International Airport about 24 miles and about a 35 minute drive.

Participant:	Workshop: Richmo	Workshop: Richmond, VA, February 29-March 4, 2016			
Name			(Circ	le) Male Female	
Address	City		State	Zip	
Email		_Phone (	)		
Special Dietary/Physical Needs		_			
Religious Affiliation	Phone Number:				
1. EQ HR Early registration Tuition \$595.00 USD, Full Tuition \$645.00 \$					
			Total I	Enclosed \$	
Please make the check payable to "The Center for EQ-HR Skills" and mail with this registration form.					