

Dear American Indian Education Centers,

We are recruiting American Indian (AI) teen smokers throughout California to participate in our AI teen smoking cessation program named Project EX. With AI youth having the highest cigarette smoking rates of any other ethnic group in the US, there is a need for culturally relevant and sensitive cessation programs. The goal is to determine the efficacy of Project EX (funded by the Tobacco Related Disease Research Program (TRDRP)) to make AI specific smoking cessation programs available for our youth. Project EX study is a three condition group-randomized experimental trial, which means to randomly assign whether the AI teen smoker will receive an AI adapted EX curriculum (EX-AI), the standard EX curriculum (EX), or a standard care, wait-list control condition (SCC). If an AI teen smoker receives standard care, he/she will receive a full version of the EX-AI curriculum. We would like to recruit 300 AI adolescents' smokers throughout urban and rural areas of CA between the ages of 14-19 years. Additionally, facilitators will be trained in the curriculum that their center has been randomly assigned to deliver (EX-AI or EX). At the end of the program, facilitators will be trained in the curriculum that is deemed most effective (or, if no difference between program conditions, select the one of your preference). Travel scholarships (mileage, hotel, per diem) will be made available for facilitators to be trained with the extensive 2-day training. Your help is appreciated to identify AI teen smokers to participate in Project EX, an 8-session program. After completion of the 8-week sessions, follow-up assessments will be conducted with each AI teen who will receive \$20 for completing the 3-month follow-up and \$40 for completing the 6-month follow-up. Please let us know if you are interested and we can provide further details and answer any of your questions. Thank you for your support to reduce the smoking rates among our AI teens.

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