

Advanced topics in Pastoral Care and Counseling
New York School of Ministry

Instructor: Wayne E. Gustafson, D.Min.

Course Description:

This 20 contact hour course addresses many of the clinical issues providers of pastoral care face. It offers an integrated pastoral and behavioral sciences approach to some of the more challenging situations faced by helping professionals. The course will be grounded in useful theories of human growth, development, and healing and will use both psychological and theological language and images to describe and develop the context, problems and interventions appropriate to the work. The course will consist of lectures, discussion, practice exercises, and consultation on actual pastoral and counseling situations brought by the instructor and participants.

Issues covered in this course:

- Marital and Pre-Marital Counseling
- Parenting and Parent Education
- Pastoral Care with Victims of Trauma and Abuse
- Pastoral Care in dealing with Domestic Violence
- Pastoral Care with Divorce and Re-Marriage
- Pastoral Care with Addictions/Recovery
- Pastoral Care and Aging
- When Religion Becomes Toxic
- Other Topics Brought by the Participants

This course is one of three constituting a professional specialty in pastoral care: (Pastoral Care Specialist in the American Association of Pastoral Counselors). The courses include "Foundations and Practice of Pastoral Care and Counseling", "Advanced Topics in Pastoral Care and Counseling", and "Pastoral Care from a Systems Theory Perspective".

The course is designed for those in ministry and those in counseling who desire to integrate pastoral and behavioral sciences perspectives in their work.

Course Requirements:

1. Participation in seminar discussions and small group exercises.
2. Reading as assigned.
3. Because one of the requirements for Pastoral Care Specialists in the American Association of Pastoral Counselors (AAPC) is ongoing professional consultation, participants will bring appropriately disguised pastoral situations for use in small group consultation exercises (see #4 below).
4. Two required papers:
 - A brief case study of a pastoral/counseling situation to be used for consultation exercises (approximately 2 pages);

- Articulation of a personal working definition of integrated pastoral care/counseling, grounded in pastoral and behavioral sciences theories and illustrated by concrete examples from professional work (approximately 10 pages).

Evaluation	Seminar Participation	50%
	Small group peer evaluation	25%
	Final Paper	25%

Required* and Recommended Texts:**

*Doehring, Carrie. The Practice of Pastoral Care: A Postmodern Approach (Revised and Expanded Edition). Louisville: Westminster/John Knox Press, 2006, 2015.

* van der Kolk, Bessel A., M.D. The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma. NY: Viking, 2014.

**Hightower, James E., Jr., Editor. Caring for People from Birth to Death. NY: The Haworth Pastoral Press, 1999.

**Patton, John. Pastoral Care: An Essential Guide. Nashville: Abington Press, 2005.

Other sources of course information and further reading.

Browning, Don S. Religious Thought and Modern Psychologies: A Critical Conversation in the Theology of Culture. Philadelphia: Fortress, 1988.

Capps, Donald and Fowler, Gene. The Pastoral Care Case: Learning about Care in Congregations. St. Louis: Chalice Press, 2001

Clinebell, Howard J., Jr. Basic Types of Pastoral Care and Counseling: Resources for the Ministry of Healing and Growth, revised and enlarged edition. Nashville: Abingdon Press, 1984.

DeMarinis, Valerie M. Critical Caring: A Feminist Model for Pastoral Psychology. Louisville, KY: Westminster/John Knox Press, 1993.

Dreikurs, Rudolf. Children: The Challenge, 1955, Reissued 1991.
ISBN-10: 0452266556 ISBN-13: 978-0452266551

Fortune, Marie M. Sexual Violence: The Unmentionable Sin. NY: Pilgrim Press, 1983.

Fortune, Marie M. Violence in the Family. NY: Pilgrim Press, 1991.

Fortune, Marie M. Keeping the Faith: Guidance for Christian Women Facing Abuse.
ISBN-10: 0062513001 ISBN-13: 978-0062513007

Fowler, James W. Stages of Faith: The Psychology of Human Development and the Quest for Meaning. Hagerstown, MD: Harper & Row, 1981.

Gottman, John and Silver, Nan. (1994) Why Marriages Succeed or Fail. Simon and Schuster, NY.

Hendrix, Harville. Getting the Love You Want.

ISBN-10: 0743495926 **ISBN-13:** 978-0743495929

May, Gerald. Addiction and Grace: Love and Spirituality in the Healing of Addictions. HarperSanFrancisco

Malone, Thomas Patrick and Malone, Patrick Thomas. The Art of Intimacy. 1989.

ISBN-10: 0671761528 **ISBN-13:** 978-0671761523

Pellauer, Mary D.; Chester, Barbara; and Boyajian, Jane, eds. Sexual Assault and Abuse: A Handbook for Clergy and Religious Professionals. HarperSanFrancisco, 1987.

Poling, James. The Abuse of Power: A Theological Problem. Nashville: Abingdon Press, 1991.

Steere, David A., Spiritual Presence in Psychotherapy: a guide for caregivers. New York: Brunner/Mazel, Inc., 1997.

Taylor, Charles W. The Skilled Pastor: Counseling as the Practice of Theology. Minneapolis, MN: Fortress Press, 1991.

Wicks, Robert J., ed. Clinical Handbook of Pastoral Counseling, Vol. 2. Paulist Press, 1993.

Wulff, David. Psychology of Religion: Classical and Contemporary Views. NY: Wiley, 1994.