

Kid's Kitchen



Scarecrow Veggie Tray

Ingredients:

- $\frac{3}{4}$ cup plain Greek yogurt
- $\frac{3}{4}$ cup low fat sour cream
- 1 tbsp dill
- 2 tsp parsley
- $\frac{1}{2}$ tbsp. lemon juice
- Salt and pepper
- Red, yellow, orange peppers
- Cucumbers
- Crackers



Directions:

1. Mix together yogurt, sour cream, dill, parsley, lemon juice and salt and pepper.
2. Slice peppers into strips.
3. Slice cucumbers into rounds.
4. Put dip into a bowl and place on plate.
5. Arrange crackers on plate above the bowl to look like a hat.
6. Arrange pepper slices on the sides and under the bowl to look like straw.
7. Arrange cucumbers and peppers on the surface of the dip to form a face.



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Homemade Cinnamon Ornaments

Ingredients:

- 1 cup applesauce
- 1-1 $\frac{1}{4}$ cup ground cinnamon
- 1 tbsp ground cloves (optional)

Instructions:

1. Preheat oven to 200 degrees Fahrenheit. Line a baking sheet with parchment paper.
2. In a bowl, combine the applesauce, cinnamon and cloves. It may take a few minutes for the mixture to come together. You want the dough to be able to form a ball without being sticky. Add additional applesauce or cinnamon if needed.
3. Sprinkle clean surface with cinnamon. Place the dough on the surface and sprinkle with more cinnamon. Use a rolling pin to roll the dough to $\frac{1}{4}$ inch thick, sprinkling with more cinnamon to keep from sticking.
4. Cut dough into desired shapes using cookie cutters. Place cut outs on prepared cookie sheet. Use a skewer to poke a hole into each ornament so you can hang them. Bake for 1 $\frac{1}{2}$ - 2 hours or until rock hard. Loop a decorative string through the hole in the ornament and hang them on your tree or around the house.

NOTE: DO NOT EAT THE ORNAMENTS

