

# Kid's Kitchen



## Rainbow Pudding Pops Makes 10 - 12 popsicles

Cool off on a summer day with these delicious frozen treats. Children will also love peeling the paper away to reveal a colourful rainbow surprise.

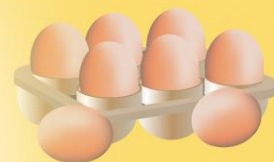
### Ingredients:

- 2 - large boxes (5.1 oz) instant pudding mix (light coloured)
- Milk
- Food colouring
- Dixie Cups (5 oz.)
- Popsicle sticks



### Directions:

- Prepare pudding according to the directions. (you may need to add a little more milk to make the pudding pourable.)
- Let pudding stand until it has thickened a bit.
- Divide into 5 parts and colour each part with food colouring.
- Layer each colour of pudding into small dixie cups.
- Cover with tin foil. Insert popsicle sticks.
- Chill in refrigerator 2 hours, and then place in freezer to completely freeze.
- To eat, peel off dixie cup paper and enjoy your pudding pop!



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## Fruit Cones

Instead of the classic ice cream cone, try making fruit cones this summer, a perfect treat for little hands.

### Ingredients:

- Sugar free ice cream cones
- Magic Shell Chocolate
- Cut fruit into bite size pieces (pineapple, strawberries, blueberries, grapes cut in half, melon)
- Vanilla yogurt (optional)



### Directions:

1. Pour Magic shell into a bowl and dip the opening of the cones into the sauce. It may take a few dips to get a good coat.
2. Place in fridge or freezer to set.
3. Once chocolate has set, fill with cut up fruit.
4. Top with yogurt (optional)

