### **SABOT BEGINNERS**

## **Class Description**

This class is geared toward sailors who have already completed the Novice class and are looking to explore the world of sailboat racing. The class will review the fundamentals of sailing before introducing new concepts of racing.

This is a single-handed class with each sailor responsible for providing their own sabot. Each class session will include a brief chalk-talk, a variety of on-the-water drills and activities catered to ability level, practice races, and debrief following derigging. Sailing experience is strongly recommended. If this will be your first time sailing, please call the Sailing Director for more information.



# Requirements

Sailors must own a fully rigged Naples Sabot and a United States Coast Guard (U.S.C.G.) approved life jacket fit for their daily use. BCYC Sailing Office MUST have a completed Medical Release Form on file by the first day of the program.

### **Class Hours**

Wednesdays 3:30pm - 6:30pm 3/16, 3/23, 3/30, 4/6, 4/20, 4/27, 5/11, 5/18 NO SAILING: 4/13, 5/4

Fridays 3:30pm - 6:30pm 3/18, 3/25, 4/1, 4/8, 4/22, 4/29, 5/16, 5/20

NO SAILING: 4/15, 5/6

### **Member Price**

Before 2/18: \$300 (8 weeks) / \$200 (4 weeks) After 2/18: \$350 (8 weeks) / \$225 (4 weeks)