

# SABOT RACING

**Coach:** Mark Gaudio

## Class Description

This is a travel team which will compete in regattas around southern California in addition to weekly practice. This is a single-handed class with each sailor responsible for providing their own sabot. Each class session will include a brief-chalk talk, a variety of on-the-water racing drills and activities, practice races, and debrief following derigging.



## Requirements

Racing experience required. Sailors must own a race-rigged Naples Sabot and a United States Coast Guard (U.S.C.G.) approved life jacket fit for their daily use. Parents may be asked to tow a trailer to travel regattas if their child participates. BCYC Sailing Office MUST have a completed Medical Release Form on file by the first day of the program.

## Class Sessions

Wednesdays 3:30pm - 6:30pm

3/16, 3/23, 3/30, 4/6, 4/20, 4/27, 5/11, 5/18

**NO SAILING: 4/13, 5/4**

Fridays 3:30pm - 6:30pm

3/18, 3/25, 4/1, 4/8, 4/22, 4/29, 5/16, 5/20

**NO SAILING: 4/15, 5/6**

## Member Price

Before 2/18: \$300 (8 weeks) / \$200 (4 weeks)

After 2/18: \$350 (8 weeks) / \$225 (4 weeks)

*Participants of this program are strongly encouraged to register for the events listed below.*

## Spring Sabot Events:

1/9-10: Junior Invitational & North Series 3/4 @ SDYC

1/24: Midwinter Tune-Up @ LIYC

2/13-14: Sabot Midwinters @ NHYC

3/5-6: Manning Series @ ABYC

3/19-20: Spring Gold Cup & North Series 4/4 @ NHYC

4/9-10: Earl Elms Memorial Regatta @ MBYC

5/14-15: Balboa Advanced Sabot Clinic @ BYC

5/28-29: Memorial Day Regatta @ ABYC