

#### Inside

What's Happening in Music and Art Saluda Community News Saluda Scoop Concerts Yoga Schedule School & Library Events Saluda Classifieds Stories and Such... Sponsors

Dates to Remember Saluda Tailgate Market, every Friday, 4:30 to 6:30.

Saluda Business Association meets Tuesday, June 7 at 5:30pm at the meeting room in the Saluda Library.

Saluda Community Land Trust meets Wednesday, June 1 at 3pm at Saluda Presbyterian Church office.

**Town Council** meets the second Monday of the month at 7:00pm in the meeting room above the Saluda Library.

**Saluda Downtown Foundation** 2nd Tuesday at 5:00pm at the Saluda Library.

The Historic Saluda Committee will not meet in June..

Saluda Train Tales, Saluda Historic Depot, June 17, 7:00pm.

**Women's Club** will meet Tuesday, June 14 at 10 am at the Presbyterian Church on Carolina Street.

Saluda Garden Club, meets June 20 at 10am, Saluda Library.

Saluda Center Potluck and Bingo, Monday, June 27 at 6pm. Everyone welcomed.

The **Saluda branch of Tree City USA** meets at 5:30pm on 4th Thursday of the month in the Saluda Community Library.

Saluda Welcome Table, every Tuesday, with dinner served from 5:30 to 7PM in the fellowship hall of Saluda United Methodist Church. All are welcomed. Donations accepted.

**Al-Anon Family Group** meets every Tuesday, 6:30pm at the Saluda Center, 64 Greenville St.

Polk County Extension Club Polk County Extension Club, an extension of meets at 2:00pm the fourth Tuesday of each month.

# How Sweet It Is



To be in Saluda in June. As Saluda slips into summer, a profusion of intoxicating scents permeate the air with nature's bounty of sweet smelling blossoms, flooding memories of warm summer days. Magnolias and gardenias compete for center stage floating in a bowl of water on dining tables. While sweet Jessamine, Wisteria, and Honeysuckle climb in and around fences, lattices and roadsides, filling the senses with a delicate fragrance.

With school out, the return of the "summer folks," and the beginning of vacations, Saluda's population will grow exponentially. Day trippers and visitors will fill the shops, lodgings, and restaurants. Outdoor enthusiasts will hike, take trips down the Green River and zip through the Gorge. The Saluda Historic Depot will draw railroad lovers to see the museum and Saluda Grade Diorama.

Live music fills the air in June with outdoor concerts and a variety of genres to please everyone.

As the growing season kicks into high gear, long awaited fresh, delicious fruits and vegetables will be the culinary choice on summer menus.

saludalifestyles.com

Celebrating 10 Years!

Read more about 10 year anniversary on page 26.

Everywhere you may have gone in the mountains may seem like you have been there before, but it's different in Saluda--it's something in the air!

Subscribe to Saluda Lifestyles online at <u>www.saludalifestyles.com</u> or scan this code to sign up on your smartphone.



#### E-Blasts Sign Up

From time to time, activities and events happen in Saluda spontaneously or need a reminder so you don't miss it. When this occurs, Saluda Lifestyles would like to let you know about it. If you want to receive E-Blasts from Saluda Lifestyles, please send an email to <u>info@saludalifestyles.com</u> and ask to be added.

Time didn't pass Saluda by; we asked it to go around." Author unknown

Find us on Facebook 🕤

# What's Happening in Music and Art



What's Happening at the Purple Onion

**NEW HOURS** Open 7 Days a Week Beginning May 1

Monday - Saturday 11:00 - 2:30 Full Lunch Menu 2:30 - 5 Pizza & Beverages on the Patio 5:00 - 9 Full Dinner Menu Sunday Brunch 11:00 AM - 3:00 PM

## Live Music in June

Fred Whiskins tickling the ivories every Friday evening.

**June 2** -<u>Sam Pacetti</u> Fingerstyle guitar wizard and deft songwriter new to the Purple Onion, Don't miss him.

**June 4** -<u>Drovers Old Time</u> <u>Medicine Show</u> *Playing hard charging, moonshine fueled bluegrass with a good dose of country humor thrown in for the folks.* 

June 5 - <u>Sol Driven Train</u> See details below. *Brass-kickin* roots rock.

June 9 - Bob Sinclair with the Big Deals

Old friends return with songs that feel like they have always been there.

June 11 - The DanBerrys Drawing deep from the traditions of bluegrass, old-time country, blues, and funk/soul, the Danberrys offer inspired songwriting delivered with raw emotion, distinct vocal harmonies, and dynamic, topnotch musicianship. June 16 - Chris Padgett Chris returns solo. Classical, Flamenco, folk... syncopated finger picking style, thrash flatpicking, and a unique voice:

picking, and a unique voice; always an amazing performance.

#### **June 23 -** <u>Darlyne Cain</u> She does it all, vocals, guitar,

piano, etc.

June 25 - The Lonesome Road Band

Just in case you did not get enough bluegrass, these guys are back.

**June 30 -** <u>Dog Whistle</u> Acoustic guitar, steel guitar, doghouse bass, snare drum, and rich harmonies, they have the bones of a road hardened honkytonk band and the soul of country legends.

*Music is scheduled at the Purple Onion by Robert Seiler.* 

Sol Driven Train Sunday, June 5 @ 7:00 PM \$20 in advance \$25 at the door. Limited seating show Doors Open at 5:00 PM



The Purple Onion is pleased to welcome back Sol Driven Train on June 5 for a Sunday

Evening Concert. Pizza and appetizers will be available prior to the concert with beverages and desserts served throughout the evening. The featured brewery for the evening will be **New Belgian Brewery** and we will be showcasing several of their wellcrafted brews. There will be limited seating for this show to allow for the inevitable dancing so come early if you need a seat. Call the Purple Onion at 828-749-1179 or come by to make your reservations.

Combining a wide variety of American pop and folk music into their own brass-kickin' roots rock sound, Sol Driven Train has carved out a unique musical identity. Their sound is soulful and rich like Southern food, and like the 6-piece band's hometown of Charleston, SC, their music is warm, approachable, rooted in

history, and as diverse as you'd expect from a port city with historical ties to the Caribbean Sea, West Africa, and Old Europe. The band members also share a deep musical history together that can be traced back to the middle school band room, where founding members Ward Buckheister (trombone, guitar, vocals), Russell Clarke (saxophone, vocals), and Joel Timmons (guitar, vocals) first iammed together. Their tight vocal harmonies and conversational horn lines reveal a musical rapport that has spanned decades. The band's youngest member, Ross Bogan, nimbly ties the SDT sound together with swirly organ and jazzy piano sparkling across the rock-soul orchestra. The rock solid drumming of Wes Powers and the fluid syncopations of bassist Matt Thompson lay a rhythmic foundation that gets the crowd dancing. When Sol Driven Train takes the stage, there is a palpable sense of brotherhood, mutual support, and creative independence.

Stylistically the band "seamlessly mixes Allmanesque Southern rock, languid world-beat, swampy funk and downright catchy melodies as they swap lead singers and instruments. A punchy horn section adds an extra dimension of sweaty soul to the genre-blurring jam party" (Atlanta Creative Loafing).

The <u>Purple Onion</u> is located at 16 Main Street, Saluda, NC 28774.



Saluda Grade Café Music on Friday Nights

It is perfect to enjoy while dining, and it keeps even the youngest enthralled! Music makes us dance, inspires us to learn and just to be the best that we can be. Thank you friends for Friday night Old Timey Music! <u>Music</u> starts @ 7...See you there!

We are open: Tuesday thru Saturday, 11-3, lunch; Wednesday thru Saturday, 5-9, dinner; "Music on Friday Nights" at 7pm; Sunday 11-7. Visit us on the web at <u>saludagradecafe.com</u> or on <u>Facebook</u>.

Call 828-749-5854 or email us at saludagrade@hotmail.com. Located at 40 East Main Street.

## GREEN RIVER BREW DEPOT

New Hours: Monday-Friday: 4-11pm Saturday and Sunday Noon-11pm



Join us at Green River Brew Depot for live music, weekly drink specials, and events led by local talent. We offer 14 rotating taps and over 50 bottle beers along with an assortment of wines.

Mark your calendar for the Oskar Blues brewery tour May 8.

Summer hours begin June 1, open daily from 11am to 11 pm.

\*The Green River Brew Depot is a private bar that requires a membership. Half Pint memberships are \$5 and Full Pint memberships are \$10 annually. Stop in the Depot today to find out more about what your membership will include! Stay updated on <u>Facebook.</u> Green River Brew Depot is located at 26 Church Street.

## **The Dancer's Extension**

The Dancer's Extension would like to thank everyone who had a part in our Spring Concert, including the students, parents, backstage crew, Saluda Elementary staff, and the audience! We had an exciting show and we appreciate the rave reviews! Congratulations to our newest National Honor Society for Dance Arts inductees: Amberly Arkell, Katie Mundy and Madison Sutton at the junior level, and Ashley Keener at the secondary level.

Join us for our summer dance camps! Ages 3 to 6 will be held the week of July 25-29, and ages 7 to 11 will be held the week of August 1-5. Camps are held from 9AM to 12 Noon Monday through Friday. Students are guided in creating their own dance story for an impromptu performance in the studio on Friday. Camps also include story time, crafts and snacks!

Classes for the 2016-2017 academic years begin on Tuesday, September 6. We offer youth classes in introductory ballet/creative movement, ballet, pointe, jazz, contemporary and ensemble. Don't miss out on the fun and creativity! New students and beginners are always welcome. Register early as space is limited.

Adult beginner ballet continues on Mondays at 5:30PM during the summer months. No experience or special shoes are necessary, and drop-in guests are always welcome. Private lessons for all ages are also available during the summer months. Please contact the studio for more information.

Our studio is located in Saluda, at I-26, in the Don Mintz center. Please contact the studio at 828-749-9398, email <u>smonts@charter.net</u> or visit our website at <u>thedancers-ext.com</u> for more information and updated schedule. Keep up-to-date with class changes on

## Artist 2 Artist

Once upon a time a group of artists would gather each month for breakfast in a Saluda studio for some good conversation, information sharing and friendship.....and of course.....coffee. When the studio closed, so did the connections. If you are a local artist in any medium, please come to the initiation of **Artist 2 Artist** 

### monthly breakfast, Wed. June 1, 9:00 a.m. at the Steamy

**Mug** in downtown Saluda. There's no agenda and no one will ask you to join a committee or take on a project. We just want to meet and share our love of creativity. If you have questions, please call Susan Cannon 937-623-1998.



# Beach and Shagging in Saluda

## June 3, 6pm to 10pm

Beach and Shag Night in Saluda at the Back Alley Barn to Benefit the Saluda Historic Depot. Music by DJ: Jeff Foster, Silent Auction and a Low Country Boil. \$20 Tickets must be purchased or reserved in advance. Reservations can be made at 828-749-2321. Low Country Boil served, beginning at 6pm, and music and dancing, 7pm to 10pm. Beer & Wine cash bar.



Painting In The Studio/ Brushwork Boot Camp Jim Carson will offer a workshop, titled "Painting in the Studio/ Brushwork Boot Camp", on Thursday-Saturday, September 22-24, 2016.

This indoor painting workshop provides a superior learning and teaching environment for students to grasp the basic fundamentals of contemporary impressionist painting. The workshop will concentrate on values, design, and temperature variety, all while simplifying the painting approach to achieve spontaneous and bold brushwork. The students will paint from photo references and or still life set ups in the studio. There will be lots of one on one easel time, demonstrations by Jim on Thursday and Friday, and a general critique of the day's work at the end of each day. The workshop price is \$350.

The workshop is open to all levels, from beginners to advanced. A list of paint selections, brushes, etc. will be furnished after registration.

Jim recently achieved Signature Membership status in the American Impressionist Society, whose members "represent the highest quality of American Impressionist art today". One of his paintings was selected in the 2012, 2014, and 2015 AIS National Juried Exhibition, and his painting won the Associate Member Award of Distinction in the 2015 show.

For more information, email <u>jimcarson151@gmail.com</u>, call 828-749-3702, or visit <u>jimcarson.net</u>.

### William Jameson Workshops Painting in Cashiers, NC July 28-30, 2016

Escape the summer's heat for 3 days and enjoy the cooler temps in the North Carolina mountains! This workshop is sponsored by Mountain Mist Gallery, located in the middle of the charming village of Cashiers, and owner, David Berger, is providing a great studio for us inside the gallery. We will work from photographic reference materials and learn how to make the transition from photo to successful painting. This workshop will include demonstrations, critiques and one to one instruction in oil, acrylic or watercolor, your choice of medium! Open to beginners to advanced, this workshop will be limited to 8 participants and is

expected to fill quickly. Register through David Berger at Mountain Mist Gallery:828-473-1801 or contact Bill Jameson: <u>billjameson0593@gmail.com</u> or 828-749-3101 for more information or to register.

## Paint Taos, NM September 12-16, 2016

Please join us for 5 days of painting in and around Taos, NM. The architecture and dramatic western landscapes provide amazing subjects for painters.

Taos has a long history as a draw for artists including Georgia O'Keefe, Ansel Adams and writer D.H.Lawrence. There will be 30 hours of plein air painting with demonstrations daily, one-on-one instruction and critiques. Open for beginners to advanced painters with instruction in oil, watercolor, acrylic, and pen and ink sketching. You may work in any or all media.

We will be staying at the historic Sagebrush Inn with its wonderful "cowboy" theme. There is entertainment in the evening so be sure and bring your hat and boots! We have negotiated a special rate that includes breakfast and I will tell you more when you sign up.

## Paint Yosemite, CA September 21-23, 2016

This three day plein-air workshop will be centered not far from the western entrance to magnificent Yosemite National Park, making it ideal for excellent painting locations both in and outside the park. Mariposa is our gateway to Yosemite National Park where it's dramatic landscape will be waiting for our brushes! Nonpainter companions will have opportunities to enjoy bicycling, hiking, horseback riding, ziplining, golf and photography or to simply experience Yosemite and "the town of the butterflies".

Mariposa was first settled in 1849 as the southern most California Gold Rush town and has maintained the small town charm. It's known as one of a few remaining towns in the state without a stop light! Her wooden sidewalks provide a stroll back into the Old West. You will find attractive shops, the county courthouse built in 1854, restaurants, a walkway along Mariposa Creek, the main source of gold in a bygone era, and other wonderful treasures when we close our paint boxes each day.

## Fall on the Blue Ridge, Saluda, NC

# October 17-21, 2016

This workshop consists of 5 painting days exploring the landscape of the Southern Blue Ridge. We'll begin the workshop in the studio Monday morning with talks and demonstrations, have an early lunch ("Dutch") at one of Saluda's delightful cafes and head out to paint.

There isn't a more beautiful time to paint the Southern Blue Ridge landscape. Fall foliage, waterfalls and winding streams provide spectacular opportunities for painting and photography.

Saluda's "Main Street Historic District" has been placed on the National Register of Historic Places and her Victorian summer homes, the area's spectacular foliage, waterfalls and winding streams provide unparalleled opportunities for painting.

The workshop is open for beginners to advanced, with one to one instruction in watercolor, oil, acrylic, and pen and ink sketching. Participants may work in any or all media. A materials list will be sent to all participants.

For more information, please visit <u>williamjameson.com</u> or call Bill at 843-729-0593.

# The Art of the Horse in Saluda



The Art of the Horse campaign is to bring a public art project with 16 life size fiberglass horses painted by local

artists to towns of Saluda, Tryon,

Columbus, and Landrum. This project was organized and sponsored by Our Carolina Foothills, a 501(c)3 non-profit organization focused on educating and marketing communities.

One of these whimsical statues is in the grassy marquee area across from Saluda School and will be there until August 10 when it is then auctioned. "Dreamweaver" was painted by Gigi Dover.

## Ray Pague Opens Exhibit at Saluda Center



Many of us know Ray Pague from seeing him set up around town applying paint to canvas or panel. Ray's love for the landscape and the people of Saluda shines in the beauty of each face, season, mountain, river, or barn he paints. Selected Saluda works will be on exhibit and for sale at the Saluda Senior Center. Please join us for an opening reception Friday, June 10 from 5:30 -8:30 P.M.. The exhibit will be open until June 25 and may be viewed during the Center's normal hours of operation. Monday -Friday 8:30 AM-2:00 PM.



June is "I Want to be an Artist" month at Random Arts, and you will find at least 6 unique opportunities to create in several new and exciting ways.

## On Thurs., June 9 it's Sketching & Watercolor for

**Beginners** with local artist Miriam Hughes. From 12-4 you will have hands on instruction in simple sketching what you see and then bringing it to life with watercolor. Only \$55.

#### Sat. , June 11th Mini Fabric Landscape Collage Spend a relaxing

day with Quilting Arts TV artist Susan Edmonson & learn lots of new techniques. This 6x8" mini project zeroes in on hand stitching, embroidery, texture and design. You will add beads, buttons & embellishments to complete your piece. 10am till 4pm \$80. (no sewing machine necessary)

Sat & Sun, June 18th & 19th Found Object Assembly with local artist Bobbie Polizzi. This two-day workshop will teach you how to transform junk into treasure. Learn the alchemy of rust, paint, textures, patinas, color and assemblage. Even plastic or lace can be made to fool the eye into believing it is rusted metal. You will create magical art that will roll or felt, if only in your imagination. All levels welcome 10am till 4pm each day \$150.

### Fri., June 24th Collage & Printmaking with artist Helen

Shafer Garcia. Experimental Watermedia approaches will be explored with watercolor & acrylics with a focus on composition, negative painting & textures. Build up layers with translucent hues and simple printmaking

techniques. Metaphors & messages can play a thoughtful role in your works with added bits of collage and text. Be prepared to loosen up & experiment with different resists & textures to build up the surfaces, paint translucent layers, & create extraordinary shapes. All levels. \$125. 10am till 4pm

#### Sat., June 25th Colored Pencils Mixed Media Journaling with Helen Shafer

**Garcia.** Colored pencils are such good therapy. Pressing down pure color on smooth paper leads to endless good vibes. We'll combine watercolors, watersoluble pens, & colored pencils & clever user -friendly ways to draw. My drawing methods will ease those ever so present inhibitions about drawing lines & shapes. You'll blend beautiful color layers and create dark and light mixtures and be prompted to create small poems to be collaged in your work.10am till 4pm \$125. All levels

## Sun., June 26th Featured Adornments Collage Mixed Media with Helen Shafer

**Garcia.** Pick up a brush and immerse into your creativity with watercolor, color pencils, watersoluble pens to create an enriched, "hair with an attitude" portrait. Drawing doesn't have to be something just "artists" do. Learn simple ways to see the shapes & lines of the face. We'll work on a special crinkly paper that will accept paint beautifully. Paint and ink will flow into the crevices of this paper giving the painting a wonderful aged look. 10 am till 4pm \$125. All levels

Contact Random Arts to register: Email: <u>randomarts22@gmail.com</u> or Telephone 828-749-1165 or stop by and see us at the corner of Ozone & Louisiana in Saluda.



Film Premiere of "Going Home: Saluda's Music Traditions, Saturday, June 4, 2016 at the Party Place & Event Center! Put in on your calendar--you don't want to miss this premiere to see Saluda's full cast of characters and musical heritage. This production is sponsored by the Historic Saluda committee with partial funding from Polk County Community Foundation, Saluda Fund.

## It's a Wrap!



With threatening storm clouds billowing above Saluda the town was granted divine intervention when blue skies prevailed. Guest were treated to a wide variety of fine arts and crafts, music from the bridge to Nostalgia Courtyard, painted faces, food, artsy balloons, and Amazing Ananda



towering over all. It was one of the biggest years with nearly 5,000 guests.

# The Recap (by Wendy Hamil)

Artists and artisans: 85 Happy guests: Just a few short of 5,000 Furry Friends leading owners: 435

Incredible Volunteers: 30+ Number



of Umbrell as: ZERO Hotdogs we ate: 300+ Balloon

animals: They were *everywhere*! Faces painted: 65 children, 4 Adult Power Rangers Tired children who went to sleep by 8 pm (without a bribe): ALL Longest musical note held: Debbie Camacho with Debbie C and the B's



Horses in Saluda: 3 Tame Thoroughbreds from Art of the Horse Bubbles the Stilt Walker made: Hundreds of Thousands Selfies taken on the Historic RR

Tracks: 10,000+ (please share) Miles walked by every one: One layer of tread off our favorite shoes



# Time for Thanks!



#### Volunteers are the Heart of the Saluda Arts Festival! Thank

you for your continued dedication that helps to jump start



Saluda's summer season, raise money for historic preservation, and introduce our history and our merchants to thousands each year. The festival was a success because of YOU!

Amos Dawson Amy Wood Ava Marino,John Marino & Family Barbara Cardais\* Beth Carson\* Beth Harris Bob Hearn Brett Phipps Bruce Hunt Carolyn Ashburn

Cathy Jackson\* Chandler Keenan Clark Phipps Danielle Holtz Deb Phillips Debbie\* & Irv Camacho Dee Siwek Denise Kennedy Donna Humphries Eugene Brock Frank McNutt Gail Dawson Grace Lauer Greaton Sellers Herb Humphries Jaine Nelson Jeanne Seymour Jim Carson Jim Siwek Joanna Harper Karen Builtman Lauretta Cook Lee Gleaton Lin & John Savage Lynn Casey Marc Blazar Marianne Blazar Mary Jo Wannamaker Mary Meyland Mason\* Melanie Keener Melanie Pace Michael Boles Mike Cass Neil Builtman Nora Parks Pat Ross Patti Martin Richard Mason Ruth Burnett Scott Cardais Shane Neil Sue Kruse Susie Welsh Hearn\* Tana Harris Tangie Morgan\* Vickie Peters Wendy Hamil\*

# Polk County High School Key Club:

Erica Sullivan, Jessica Bailey Drew Bailey Luke Collins

\*CORE, organizers of the Saluda Arts Festival for the Saluda Business Association. (*CORE=Creative, Organized, Responsible, Energetic*)

## Organizations

Thanks to the following organizations that we depend on each year for their support to the Saluda Arts Festival by providing assistance, supplies and equipment, exhibit booth space, golf carts for shuttling visitors, and parking: Affordable Golf Carts, Saluda Methodist Church, Saluda Presbyterian Church, City of Saluda, Saluda Police Department, Saluda Fire Department, Saluda Elementary School, Saluda Center, Saluda Branch of US Post Office, Green River Adventures, The Purple Onion, Wildflour Bakery, Don Mintz Builders, and Entegra Bank.

#### Thanks to the Saluda Community fund Grant from PCCF

Music and entertainment for the 13th annual Saluda Arts Festival is graciously funded through a Saluda Community Fund grant from the <u>Polk County Community</u> <u>Foundation</u>.

We sincerely hope that we have remembered everyone who supported this annual event, and apologize if we inadvertently missed you.







## June Top of the Grade Concert

### The Secret Band from

Spartanburg, SC is the headliner for the June 10 concert from 7pm to 9pm.

The band formed in the fall of 2013 and has performed around

the southeast for the last 2 1/2 years. The group specializes in some of the great British rock and roll from the 60's and 70's, as well as Americana and original music. Expect to hear The Beatles, The Rolling Stones, Eric Clapton, Neil Young and many other of your favorites. The members are Tad Taylor (guitar/vocals), Sean O'shields (pedal steel guitar), Rick Kirby (bass/vocals) and Bill Fletcher (drums/vocals).

All performances will be held on the Ella Grace Mintz Stage from 7:00pm to 9:00pm at Top of the Grade Park at McCreery Park.

Attendees should bring their own chairs or blankets. Food, soft drinks, beer and wine, and coolers are allowed. No food will be available at the park, but all of Saluda's delicious restaurants will be open serving everything from hamburgers and pizzas to gourmet meals. Events are rain or shine so you may need to bring an umbrella if rain is in the forecast. In some cases, rain events may move to the Pavilion.

July 8 - <u>Scoot Pittman</u>, along with his power trio will rock up in the pavilion the night before Coon Dog Day August 12 - <u>Bob Sinclair & The</u>

Big Deals, Americana, new swing, fun stuff

Sept 2 - <u>Aaron Burdett Band</u>, a great finale for the 2016 season.



Top of the Grade concerts are coordinat ed by the Saluda Downtow

n Foundation and funding for the Friday night concerts has been through a community grant from Polk County Community Foundation. All concerts are free to the public through a Free Community Events grant.

Top of the Grade Concerts are being produced and coordinated by Peter Eisenbrown of Blockparty Productions this year. Peter has been producing the Summer Tracks concert series in Tryon for 17 years.

For more information about the concerts, please contact Peter at <u>petereisenbrown@me.com</u>, 828-290-4316 or Cathy Jackson at 828-817-2876 or <u>cathy@saludalifestyles.com</u>.



## Mainline Sunday Concerts at the Ella Grace Mintz Stage 4pm To 6pm

The Saluda Downtown Foundation is launching a series of Sunday afternoon concerts to benefit the "Save Saluda Streetscape" project. Proceeds from your donations will contribute to improving Saluda's streets and sidewalks.

### Sunday Concert Schedule

June 5 - Sound Investment July 3 - Soul Vision August 7 - One Leg Up Sept 4 - Sound Investment October 2 - Super 60's

No alcoholic beverages. Bring your chairs, blankets, picnic, and cooler and enjoy music in the park on a Sunday afternoon. Rain or shine event. If rain, concerts may move to pavilion.

For more information about Save Saluda Streetscapes, please contact Judy Ward at 828-674-5958 or Irmy Chmielewski at irmyski@gmail.com.

# Summer Tracks at Roger's Park



The 17th season of Tryon's most popular summer event -Summer Tracks

concerts have been scheduled for this season. Each summer, this well produced series attracts more than 2,000 people to Tryon's Rogers Park, drawing visitors from all over Western North Carolina and Upstate South Carolina.

As with all Summer Tracks concerts, the show is free, though a voluntary donation at the gate is encouraged. Audience donations along with the generous sponsorships of local businesses and individuals make these shows possible. Manna Cabana's delicious fresh food and home made ice cream, water and soft drinks will be for sale.

Summer Tracks is produced by the Town of Tryon in affiliation with Peter Eisenbrown of Blockparty Productions. For more information about Summer Tracks and the performers visit <u>summertracks.com</u>.

## Summer Tracks 2016 Season:

June 17 <u>The Firecracker Jazz</u> <u>Band</u> (Early 20th Century Jazz including sounds of N. Orleans and Dixieland) July 1 <u>Jim Peterman Quintet with</u> <u>Stolen Hearts</u> blues duo opening. A great night of Blues, R&B, and Funk to get the crowd moving. July 15 <u>Peggy Ratusz Full On</u> <u>Blues</u> (Blues, Jazz, Swing and Soul. Peggy has packed the park the past 2 years with her tributes to Linda Ronstadt and Bonnie Raitt.)

Aug 5 <u>Gigi Dover & The Big Love</u> One of Summer Tracks' favorite performers featuring a blend of Gypsy, Jazzy, Funky, Southernsoul and World Music. New CD is being released in June. Aug 19 <u>The Honeycutters</u> Our region's favorite Americana band based in Asheville, NC is releasing their new album "On The Ropes" May, 2016

# Saluda Community News

Brown Bag Where There Is A Need, There Is A Way!



Brown Bags Available June 17, 3pm to 4pm at Transfiguration Church.

Anyone with questions or with information concerning someone in need, please contact Bill Sutton at 404-538-6413 or the Transfiguration Church office at 828-749-9740.

Saluda Yard Sale Saturday, June 18, 2016, 7:00 A.M. Until 3:00 P.M.



Set Up available at: Saluda School Tennis Courts, Top of the Grade Park, Under Pavilion In McCreery Park, or in your own yard.

To Reserve a free space, request a sign, or for more information, call 828-749-3789.

## **McCreery Park Master Plan**

"We don't stop playing because we grow old, we grow old because we stop playing." -George Benard Shaw

Saluda's McCreery Park may be considered the heart of the City. Anytime of the day you can watch people pushing children on the swings, having a picnic or just enjoying some shade. A place to congregate and listen to some great music, the park sees many events throughout the year.



Over a year in the making, the Parks Committee has been tirelessly working to draft a new master plan for McCreery Park in order to start applying for grants. We are pleased to announce that with our City Manager Jon Cannon's background in Landscape Architecture, he was able to render a beautiful plan and it was approved by the Board of Commissioners on May 9. Please stop by City Hall to see the plan in person and make a donation!

#### Block Party Park Fundraiser McCreery Park, Sunday, June 26



Steamy mug is hosting a Block Party to raise money for Saluda's McCreery Park. There will be vendors, live music, BBQ, drinks, fun for the kids, bachelor auction and silent auction. Proceeds will go straight into the Master Park Plan fund. Our goal is to raise enough to get the park handicap accessible along with bettering it for our families and kids. The silent auction includes donations from Green River Adventures, Green River BBQ, Green River Brew Depot, Duck Alley, Heartwood Gallery, Purple Onion, Random Arts, Chad Blotner Photography, Kristen Mode paintings, Affordable Golf Cart of Saluda Rentals, and many more! We will also have 15 eligible bachelors on which to bid. Winner will win a lunch with their favorite bachelor. So come on out to McCreery Park for a great cause!

#### Schedule

1:30 - 4:30 Live music with Deb & Irv 2:00 Bake Sale 2:00 - 3:00 Scavenger Hunt, Egg Hunt & Face Painting 5:00 - 6:30 Pistol Hill and the country music connection 6:00 - 6:30 Bachelor Auction 6:30 - 7:00 Silent Auction

Submitted by Amanda and Beth from Steamy Mug



Saluda Center News (All events and activities

take place at the Saluda Center on Greenville Street.) For information about renting the facility, please call 828-749-9245.

**Ray Pague** will be the **featured artist** at the Center beginning June 10 through June 25. There will be a reception for the artist on Thurs., June 10 at 5:30pm. All are invited to attend.

The Saluda Center **Book Club** will meet on Thurs., June 2 at 2pm to discuss *Me Before You* by Jojo Moyes.

Lou Clark knows lots of things. She knows how many footsteps there are between the bus stop and home. She knows she likes working in The Buttered Bun tea shop and she knows she might not love her boyfriend Patrick. What Lou doesn't know is she's about to lose her job or that knowing what's coming is what keeps her sane.

Will Traynor knows his motorcycle accident took away his desire to live. He knows everything feels very small and rather joyless now and he knows exactly how he's going to put a stop to that.

What Will doesn't know is that Lou is about to burst into his world in a riot of colour. And neither of them knows they're going to change the other for all time.

**S.L.I.P** (Saluda Living in Place) will meet on the 2nd Thurs. each month at 10am at the Saluda Center. Thurs., June 9 will be the first meeting.

# Social Singles of Saluda will

NOT be meeting at the Center again until July 21. Call Anita Ogden Moore at 828-749-3335 for more information.

## Community potluck and bingo,

Mon,. June 27 at 6:00 pm. Plan to attend and bring a covered dish.

**Medicare assistance** is available by appointment with a trained SHIIP volunteer, Seniors' Health Insurance Information Program, a division of the Department of Insurance, call 828-749-9245.

There is **medical loan equipment** available; please call Donna to see if we have what you need.

#### A Thrifty barn basement sales

is open every Saturday from 10:00 am-1:00 pm and every Wednesday from 10:00 am-4:00 pm. **Donations are accepted. A Thrifty Barn** is open Wed. through Sat. from 10:00 am-4:00 pm. Call (828) 393-7891 to volunteer or for more information.

If you are home-bound and cannot prepare meals, if you know of someone who needs meals brought to them, or if you are recovering from recent surgery and are 60 years and over, please call the Saluda Center to join our **Meals on Wheels Program**. We will deliver meals to you five days a week at little to no cost. Ask for Donna for more information at 828-749-9245.

If you are interested in becoming a **volunteer substitute driver** for the Meals on Wheels program, please contact Donna at 828-749-9245. This would require approximately 1-1 1/2 hours of your time when needed.

Please refer to the Saluda Center calendar for all regularly scheduled activities. **There is no membership fee.** 

If you would like to receive the Saluda Center calendar via email, please contact Donna at **saludacenter@hotmail.com** to be added to our email list.

The Saluda Center is located at 64 Greenville St. Phone is 828-749-9245.

## Saluda Historic Depot



Museum is open Thursday-Sunday, noon to 4pm, and holidays.

The Saluda Historic Depot board is pleased to announce that the purchase of the depot is scheduled for mid June. "After a successful renegotiation of the purchase price and financial terms, we are now in a position to buy the depot," says Judy Ward, chairperson of the board. This photo is of the board standing behind the Saluda Grade Diorama toasting the donors, sponsors, and friends who have contributed financially and given their time to meet this major milestone.



**Z-Scale Saluda Grade Diorama** You may have heard a lot about it, but if you haven't hiked the



three miles from Saluda to Melrose, then you really haven't seen the "Saluda Grade." Now you can, when a Z-scale diorama of the Saluda Grade at the Saluda Historic Depot. Designed and built by the Apple Valley Railroad Model Club in Hendersonville was funded by a generous gift from Dr. Fred McConnel., a lifelong fan of the Southern Railway and especially the Saluda Grade.

The Saluda Grade diorama starts 1/2 mile east of downtown Saluda, continues down the three mile Saluda Grade, and ends at the east end of Melrose which was the staging area for trains running the grade. It is set in 1950 when both diesel and passenger trains ran throughout the Southern Railway system. It demonstrates the difficulty of getting a train safely up or down the mountain and, since people cannot see very much of the grade from the road, shows where the tracks actually are on the mountain.

"Anyone who is a railroad fan will definitely enjoy the depot and its contents and for those other folks, it's an interesting story of the struggles that people will endure to accomplish a goal. The Saluda Grade is not visible from any roads and not easily approached by foot, so this is the only way to see the challenge it presented to the railroad. It was the last piece of the railroad between Charleston, SC and Cincinnati, OH to be built, says Larry.

"The board members of the Saluda Historic Depot feel that this new diorama will become a tourist destination for railroad enthusiasts and anyone interested in the heritage of small mountain towns and how they got their beginnings. We are truly indebted to Dr. Fred McConnel who has contributed so much to the depot and funded this project, and to the Apple Valley Model Railroad Club for meeting the challenge of a Z-scale model that will fit nicely in the main room of the depot and easily collapses when we need the space for other events," says board chair, Judy Ward.

The Saluda Historic Depot is open Thursday to Sunday, noon to 4pm and is located at 32 W Main Street, Saluda, NC 28773. For more information please contact Cathy Jackson at 828-817-2876, <u>cathy@saludalifestyles.com</u>, or Judy Ward at 828-74-5958, judyward@charter.net.

Admission is always free and donations are appreciated. Donations can be made by mailing to Saluda Historic Depot, PO Box 990, Saluda, NC 28773 or through Paypal on the HistoricSaluda.org website.

# amazon.com

When online shopping, we invite you to

shop at <u>SmileAmazon.com</u> and select Saluda Historic Depot as your favorite charity. A small percentage of all your purchases will go toward our fundraising.

## **Volunteers Needed!**

The Saluda Historic Depot is open Thursday through Sunday from noon to 4pm. Now that Spring is here, more visitors are arriving in Saluda daily. The Depot has some phenomenal displays plus souvenirs to purchase, all of which makes the depot extra busy. We need YOU for a 2 hr shift from noon to 2pm, or, the 2-4pm shift. Plus, we need back up volunteers who can fill in when needed.

It's a fun opportunity to learn and share the history of the Saluda Grade and the Depot that was built in 1903.

Please contact me by email anitaomoore@gmail.com or my cell 404-626-2090. You can also talk with Judy Ward at Thompson's Store 828-749-2321. Looking forward to hearing from you.

Anita Ogden Moore Volunteer Coordinator

For more information, please contact Judy Ward at 828-674-5958 or <u>judyward@charter.net</u> or Cathy Jackson at 828-817-2876 or <u>cathy@saludalifestyles.com</u>.

## Saluda Historic Depot Calendar

## June/July

**June 3**, Depot Dinner at the Back Alley Barn with DJ Jeff Foster and the best of Beach Music sponsored by the Green River Brew Depot

June 17, Saluda Train Tales, Native Tales from Locals July 1, 7:00pm, Opening Reception for the "How the West Was Won" historic display followed by Saluda Train Tales #7, TBD.

July and August - "How the West Was Won: Trains & Transformation," exhibit on Ioan from the Mars Hill Rural Heritage Museum.

# Saluda Train Tales Native

Tales Join Saluda natives and share your times of growing up in Saluda when the railroad was at its



height. Lee Atkins, Hilda Pace, and Jenell Gasperson will lead the story telling.

Saluda Train Tales is a free monthly event to educate the community about the importance of Saluda's railroad history and the Saluda Grade. These events are at the Saluda Historic Depot, 32 W Main Street, Saluda, NC 28773.

For more information, please contact Judy Ward at 828-674-5958 or judyward@charter.net or Cathy

Jackson at 828-817-2876 or cathy@saludalifestyles.com.



Go for gold, silver, or bronze as a recognized champion of The Saluda Historic Depot.

The Depot is short on funds. Preservation needs donation. Contact Judy Ward at judyward@charter.net for information.



Saluda Tailgate Market Opens for 2016 Season May- October Fridays, 4:30-6:30

It's here! Grab your basket, don your hat and make your way down the new sidewalk on West Main to the Saluda Tailgate market. Welcome in the first spring produce, greet your friends and neighbors, and hug your farmers. They have been planning through the winter and working their soil through the early spring cold days in anticipation of your visit to the market. Come see what they have to offer and celebrate spring with us. Make your shopping list and plan to pick up some starter plants for your own garden. Opening day is Friday May 6. See you at the market!

The Saluda Tailgate Market is sponsored by the Saluda Business Association, the City of Saluda, and Polk County Agricultural Economic Development.

For more information, please contact Shelley DeKay at 828-606-5713 or visit <u>Saluda</u> <u>Tailgate.com.</u>

Saluda Community Land Trust Free Swim Lessons at Twin Lakes



Thanks to

funding from the Polk County Community Foundation (PCCF), Saluda Community Land Trust (SCLT) is able to offer free swimming lessons at Twin Lakes every weekday during the last two weeks in June, the 20<sup>th</sup>

through July 1. Some of the lessons will be one-on-one and some of the lessons will be taught in small groups. The



scheduling and instruction format will be determined after we see how many children sign up, and the swimming needs and abilities of those children. Registrations need to be received by the time the school year ends on June  $10^{\text{th}}$ . At that time we will contact the parents of all the children registered with the scheduling details.

If you want to sign your child up for these lessons, please call the SCLT office at 828-749-1560 and leave your name and telephone number so that we can call you back within 24 hours. If you want to know more about the type of instruction that will be offered, look up the instructors' webpage at <u>aquachild.com</u>. You'll be delighted with what you see. And we're delighted to be able to offer such a wonderful program to the children of Saluda. Thank you PCCF!



Walks in the Woods The first and third Sundays of each month, April through October, weather

permitting, join SCLT members to explore local favorite walks in the Saluda area. Walks generally last about an hour and a half, and besides showcasing our local treasures, encourage getting folks outside.

## Little Bradley - June 5, 2016

Guides: Will & Nancy 2 mile moderate out and back of 2 hours along Cove Creek to the falls with a nice pool at the bottom. Dogs and kids love this spot!

# Lazy Girl - June 19, 2016

Guides: Nancy & Amy 1 mile easy woods trail walk of 1 hour. It traverses a stream and connects Eseola Drive through the woods to Laurel Drive. This is a great in-town option to roadwalking. Please leave Fido at home.

Walkers meet at the parking lot of the Saluda Library at 2:00pm. A SCLT member will keep you aware of the terrain of the trail and share their insights about the history, flora and fauna of the area as they lead each walk. Prepare for the walks with comfortable shoes, a walking stick, water, and a snack. Feel free to bring your field guides and a camera. Please provide any pertinent medical history to your guide. For more information contact Chuck Hearon at (828)

# 817-0364 or chearon@skyrunner.net.

## Adopt a Highway

Since 2009, SCLT members have faithfully picked up litter quarterly along a two mile stretch of 176, going in and out of Saluda. This



spring, they were informed that the State DOT would be taking on that stretch. At the same time, the Saluda Business Association (SBA) adopted Ozone Drive from the 176 corner to the entrance of The Gorge Zipline. SCLT members have decided to aid their fellow Saludians in their task. Please ioin SBA members on Monday, June 13 at 9:00 at the Tickle parking lot, to get supplies and divide into teams to make this entry way into Saluda litter free. Call Carolyn Ashburn 828-733-5159 for more information.

Join us on the first Wednesday of each month, this month June1st, at 3:00 pm at our office in the Saluda Presbyterian Church fellowship building and find out more about our on-going projects and how you can get involved. Please keep SCLT in mind when planning events in the coming year. SCLT has Twin Lakes and Judd's Peak which are both amazing venues to rent for birthdays, weddings, and other special events.

Please feel free to contact us about any of our projects by calling our office at 828-749-1560 and leaving a message. We will return your call promptly. Or send an email o <u>info@saludaclt.org</u>. We look forward to your comments and suggestions.

New website is here! saludaclt.org

# Saluda Garden Club Saluda Garden Club, June

Meeting And Field Trip The Saluda Garden Club

will be visiting



Appalachian Tropicals in Fairview on Monday, June 20. This is a great resource for orchids and many varieties of air plants. Please meet in the parking lot of the Saluda Library by 9:45 a.m. where we will car pool for the 40 minute drive to Fairview. (This trip has been rescheduled from the original May outing date.)

As always, our meetings are open to the public and are free. If you would like further information about the club or this field trip, please call Karen McGee at 828-749-2530.

Please note some events may be cancelled or reschedule due to weather or at the request of the presenter. To confirm a meeting please call Karen McGee at 828-749-2530. We always welcome new members so if you would like to become part of this friendly, spirited and interesting group please contact Karen. Dues are only \$25 per year and meetings are held once a month. Hope to see you in June.

# Tree City USA Saluda

We appreciate all who visited Saluda's Tree City USA tent and Saluda Community Land Trust at the Art festival on May 21. What a great day it is every spring for our community and for visitors who have the opportunity to see and buy the work of the many talented artists and to see the worthwhile projects and activities of our community organizations. Thank you to those who make the festival happen.

Tree City members participated in the McCreery Park work day May 7. Tree concerns in the park were those of dead or hazardous trees, cherry tree shoots and sproutings and unwanted, undesirable vines to be cleared. The same work will be accomplished at Judd's Peak. A dead redbud tree in Saluda Cemetery has been replaced. The recent rains should help it to thrive.

We are continuing work toward reconstruction of the pole in McCreery Park and hope soon to see our Tree City flag flying.

Be sure to see the glass murals located in Saluda City Hall, the Police Department and the Library. The community project was instructed by glass artists Susan Cannon who is an active member of Saluda's Tree City USA.

Saluda Tree City USA meetings are held the 4<sup>th</sup> Thursday at 5:30pm-now at McCreery Park, weather permitting, or, if not, at Saluda Community Library. Visitors are welcome!

Submitted by Ruth Anderson

# Saluda Social Singles

Social Singles of Saluda and anyone interested in better health.

ARTHRITIS: Dr. Royce Bailey, a cardiologist in Hendersonville, who also practices Integrative Family Medicine will be the speaker on Thursday, June 16, 6pm in the Fellowship Hall of Seventh-Day Adventist Church on Upward Rd off interstate 26.

There will be a delicious complimentary southern traditional dinner at 6pm before the program, but reservations are essential. Please email Anita Moore at <u>anitaomoore@gmail.com</u> or telephone cell 404-626-2090 for a reservation.

Carpooling from Saluda Center at 5:30pm, if you wish.

# Women's Club of Saluda

The Women's Club of Saluda will meet at 10am on Tuesday, June 14 in the fellowship hall of the Presbyterian Church. Mary Cervini from Community Partnership for Pets will speak about low cost spay and neutering of pets that her organization provides.

For more information, please contact Marlin Beckham at 808-828-2439.

The Women's Club of Saluda strives to serve our community, support one another in friendship, and wisely use our resources to advance the dreams of our future leaders.



## **Notes from City Hall**

# Help Pave Pace $\mbox{Park}$ – Give a Gift for Father's Day

More pavers have been laid in Pace Park. Give an engraved brick in honor of your Dad for **Father's Day** this year. Bricks are only \$40 payable to City of Saluda, three lines of copy with a maximum of 14 letters per line. Download an <u>application here</u>.

Drop off applications and payment to City Hall or mail to City of Saluda, 6 Main Street, Saluda, NC 28773, or scan to <u>carnc@charter.net</u>. Proceeds will go toward building public restrooms.

You can have the life or memory of a loved one immortalized or have your name engraved on a brick paver at Pace Park as a recognition as a contributor to this new community park. This park is in the alley by M.A. Pace General Store and is the location of a Blue Ridge National Heritage Area Interpretation Sign and future public restrooms.

For any additional information, please contact Catherine Ross at 828-749-3534 or carnc@charter.net.



**Stay Informed - Get on a List!** Stay informed by visiting the city website, <u>citvofsaludanc.com</u>. Minutes from previous month's town council meetings are posted on this site. To receive monthly notices about town meetings, please email at <u>admin@cityofsaludanc.com</u> and ask to be placed on the email list.

# Saluda's Sister City



Saluda officially became the Sister City of Carunchio, Italy in a ceremony at the Carunchio City Hall on May 13. Lynn Cass, a former city commissioner in Saluda and its official representative, joined with Carunchio mayor Gianfranco D'Isabella in a meeting before the Carunchio City Council to memorialize the relationship. Backed by the flags of Italy, the United States, Carunchio and Saluda, the two read a proclamation in Italian and English that will be displayed in the Saluda City Hall. D'Isabella



also presented Cass with an engraved plaque to commemorate the joining. Cass

presented Carunchio with books picturing Saluda environs and celebrating its artistic heritage. On a more fun note, Cass also presented the mayor with a traditional "Coon Dog Day" festival shirt and invited all to Saluda for "barbeque and sweet tea."

Both Cass and D'Isabella pointed out the many commonalities between their cities including similar mountainous location, altitude, latitude, climate, population density and demographics. Both celebrate local food, art and music.

Cass heads the Saluda Sister City Committee and is already at work putting together interested citizens who will help make exchanges between the two cities a reality. According to Cass, Saluda is affiliating with Sister City International which provides general support, grant sources and ideas for rich cultural, educational and business exchanges.

Submitted by Judy Thompson

# **Coon Dog Day is Coming!**

Saluda's 53rd Annual Coon Dog Day Festival is Saturday, July 9, 2016, from 8:00 a.m. until 11:00 p.m. You may register for the 5K Race/Fun Walk on <u>imATHLETE.com</u>. The Registration Form is also on the City's website, cityofsaludanc.com.



The Race/Fun Walk map of the route, which begins and ends in downtown Saluda this year is found here.

Other forms and information information the Vendor Application Packet, the Sponsorship Packet, and the Parade Entry Participation Form are all found on the city's <u>website</u> for your convenience.

The City of Saluda will not offer any designated parking for businesses, citizens, or visitors on Coon Dog Day as it has in the past. The City's West Parking Lot will be reserved for Vendors. Nor will the City offer any type of trolley service to Festival attendees. There will be free parking in the Saluda School parking lot (where buses park) off of Seminary Street and in the Episcopal Church parking lot. The First Baptist Church parking lot will be designated for handicap parking. Also,

there will be paid parking by the Saluda Fire Department on Greenville Street and by the City at the Saluda School on Hwy 176 (Main Street). Saluda's Main Street will be closed to all traffic from midnight on Friday, July 8, until midnight on Saturday, July 9, 2016. Henderson Street and Seminary Street onto Ozone Drive will be used for parade line up.

If you would like to volunteer to help with the Coon Dog Day Festival and/or the 5K Race/Fun Walk, please contact Tangie Morgan at 828 777-9158 or email at <u>ctangie@rsnet.org</u>.

# Coon Dog Day Big Wheel Race!

There is a new, fun, and exciting type of event gaining popularity all over the U.S. No, it's not a Presidential debate!

It's Big Wheel Racing! Yes, you read that right! The toy all of us remember being raced by funloving adults, usually for a cause. After all, growing up is overrated!

Thousands of people visit Saluda NC each year for Coon Dog Day. This year's events will include our 1st Annual Big Dog Big Wheel Race. Proceeds will help build ADA accessible restrooms in Pace Park.

Why not take a couple of hours out of your day to feel like a child again? The course will be a single-run, all-out madness, downhill joy ride! We are looking for people who like to do goofy stuff and have a good time! Bring your own big wheel and come have a ball!

There will be a race for young'uns, and a race for wannabe young'uns! Feel free to enhance your ride, but no motors (even though gas is cheaper now)! For the average adult the stock big wheel is very difficult to ride. Feel free to bring duct tape for your own field repairs! Along with modified big wheels, we encourage modified personalities. Feel free to dress up!

The Big Wheel Race will be held on Saturday, July 9, 2016, at 4:00 p.m. during the Coon Dog Day Festival. Please preregister. Entry fee for adult race is \$10.00. Kid's race is free. Prizes will be awarded. Visit the city's website for rules and waivers at cityofsaludanc.com. Please call Jessica at Saluda City Hall for more information at 828-749-2581.

# Coon Dog Day Parade 2016

We want you and your best Granny Hauler, Pork Toter, or Hilbily Hotrod, If they're an blocks, Tou and yer gang are welcome to walk Hey, and if we fancy yer ride, you win sumthin they and if we fancy yer ride, you win sumthin they are far and if we fancy your ride, you win sumthin they are far and if we fancy you win and the possible will and the far and if the far and income to possible will and the participants. There is no entry fee, and most anything goes

Che of an information in the information of the

Saturday, July 9, 2016

## Yoga, Aikido, Tribal Bellydancing Classes



## Soulshine Yoga

Core/Flow Yoga Mondays 8:30a.m., Fridays 8:30a.m. Your Yoga Mondays 6:30p.m., Foundational Yoga Tuesdays 9:30a.m., Thursdays 9:30a.m. Restorative/Yin Yoga Thursdays 6p.m. Kid's Yoga Saturdays 10a.m.

Please come join a class at Soulshine Yoga!

All levels welcome. Drop in class \$12. 3-class pass \$30.

Please visit our studio at 144 West Hwy 176 or <u>SoulshineYogaNC.com</u> for an up-to-date schedule.

Contact Dori Ray at 828.808.8334 or 828.749.3395 for more information.

# Health and Wellness at the Saluda Center

## Cassandra Nelson, LMBT

Gentle Yin Yoga

Wednesday 12:30pm Friday 9:30am

Powerful (Vinyasa) Flow Yoga Friday 8:00am

Classes are held in the studio downstairs at the Saluda Center. Mats and props are available. Please come at least 5 minutes early.Questions are always welcome! Please call Cassandra at (828) 749-3794.

\*\*\*\*

#### AIKIDO 合気道

Aikido (the art of peace or the way of harmony) is a Japanese martial art that does not rely on physical size or strength, kicking or punching. Instead, we use flowing circular movements which enable the defender to offbalance and neutralize an attack with minimal effort or bodily harm to the defender *or* the attacker. Mondays 6:00 PM and Wednesdays 6:30 pm downstairs at the Saluda Center.

Contact Ken Gardner (864)275-4441, Danny Beck (843)697-0047 or Cassandra (828)749-3794 for any questions you may have. \*\*\*\*

## **Tribal Bellydance**

Wednesdays, 7:00-8:00 PM Beginner & Intermediate, no prior experience necessary, wear yoga style clothing. Tribal Bellydance is an American hybrid improvisational style, blending many ancient dance traditions into a fusion of traditional Middle Eastern dance with folkloric dance movements from India, Central Asia, North Africa, and Spain. It is a multi-generational group of women, dancing in unison with no pre-set choreography, using a lead and follow vocabulary of moves and cues, a form of nonverbal communication. The ethnically inspired costumes allow us to re-visit that childlike iov of playing dress-ups. Earthy and grounded, it is about women dancing as a tribe for the pure joy of it, invoking an ancient Muse. Classes held at the Saluda Center, downstairs yoga studio. For more information: Rima 828-894-2242,

rimomdancestonight@gmail.com.

Saluda Center is located at 64 Greenville, St.



**Saluda Community Choir** Sing in the Saluda Community Choir! Monday's, 7pm - 8:30pm at Old St. Matthews Church.

Be brave, even if you claim that you can't sing, come connect and have fun!

For more information, please contact Patricia, the director at 828-424-0017.

Located off W Main Street, past the Saluda Tailgate parking lot.

# The Feldenkrais Method

Movement is part of everything we do - walking, biking, gardening, reading, breathing, playing an instrument, even falling down! Our thoughts, habits, emotions, and intentions contain subtle components of movement, too. The quality and integrity of our movement determines the quality of our experience and of our performance. I am Jane Ella Matthews, and I am offering individual Functional Integration® sessions in Saluda.

FI sessions are based on the Feldenkrais Method of Somatic Education<sup>®</sup>. These unique sessions differ for each individual because they are based on each one's concerns, goals, and physical condition. I use purposeful hands-on techniques and verbal instructions to communicate to individuals how they have "organized" themselves to move and to introduce new or long-forgotten options for improving that organization. Students are fully clothed. All movements are within each person's independent range of motion with no forceful manipulation.

Awareness of "what you are doing" and "how you are doing it" is key to Functional Integration: Self-awareness leads to improved balance, posture, coordination, and sense of well-being. Greater efficiency and ease of movement optimizes an individual's performance and comfort. Plus, you are less likely to sustain injury and more likely to recover completely if you have.

The Feldenkrais approach is a unique method of improving one's self awareness, with a wide range of applications for each person. You are invited to call Jane Ella at (864)-918-9281 for more details, and to find out if FI sessions would benefit you or someone you know.

Saluda Community Library



June 6 @ 2pm Saluda Library Adult Book Folding Art Class

This craft class will teach you a skill that will amaze your friends! Stop by the library today to see an example of a completed project. All materials will be provided.

# June 18 @ 8am Harmon Field PCPL Mutt Strut 5K

Ready? Set? Read! Join us in celebrating the kick-off of the 2016 Summer Reading Program. The library will partner with the Foothills Humane Society for a walk/run road race. Race participants are encouraged to complete the course with their family dog or volunteer to walk a dog from the humane society. A light breakfast will be served after the race and there will also be a live DJ and a photo booth to take finish line pictures! Prizes from The Gorge Zipline, Chimney Rock State Park, and PRO Physical Therapy will be given to the top category winners. All participants will receive a "swag bag" (dogs included!) and be entered to win a basket of goodies from Landrum Veterinary Hospital. Other sponsors and volunteers include Polk County High School, Bi-Lo, Purrrfect Bark Natural Pet Market, Dr. Edney, Bojangles, Purple Onion, Lori Cairnes, and Entegra Bank. Registration is required and is now open at polklibrary.org and there is no fee to participate in the race. Lace up your running shoes, and grab your fourlegged furry friend - we look forward to seeing you on the course!

# June 20 @ 2pm Saluda Library

# Teen Summer Reading: Mario Kart Tournament

Who is the best Mario Kart player on the Nintendo Wii U? Enter the tournament and you could win the trophy! \*The teen Summer Reading Program is for rising 6th-12th graders. Sign ups begin June 13... Read all summer long to earn awesome prizes!\*

# June 22 @ 2pm Saluda Library Kids Summer Reading: Gaming Extravaganza

Come play board games and LEGOs! \*The kids Summer Reading Program is for babies up to rising 5th graders. Sign ups begin June 13... Read all summer long to earn awesome prizes!\*

# June 27 @ 2pm Saluda Library Teen Summer Reading: Board Game Bonanza

Enjoy snacks and games such as Apples to Apples and Monopoly. Let us know if you have a game request! \*The teen Summer Reading Program is for rising 6th-12th graders. Sign ups begin June 13... Read all summer long to earn awesome prizes!\*

# June 29 @ 2pm Saluda Library Kids Summer Reading: Nintendo Wii U

Play Mario Kart and other fun Nintendo Wii U games on the big screen! \*The kids Summer Reading Program is for babies up to rising 5th graders. Sign ups begin June 13... Read all summer long to earn awesome prizes!\*

#### EVENTS AT THE LIBRARY ARE ALWAYS FREE! Saluda Library

44 W. Main Street Saluda, NC 28773 Tel. (828) 749-2117 **Hours:** Mon.-Fri. 9am - 6pm Sat. 9am - 1pm





Saluda Elementary School Events

# June 2016

Thank you, community members , for participating in Saluda's first "One Book, One Community" project! As always, your support was overwhelming!

Another special thanks goes out to all C4C volunteers who, since February, have spent over 180 hours reading with students in Saluda's After School Academy!

Grades 3 & 4 ELA June 1 End-of-Grade Test June 1 Hendersonville **READS** Recognition Night at Blue Ridge Mall June 2 PreK Field Trip to WNC Nature Center Grades 3 & 4 MATH June 2 End-of Grade Test June 3 6:00pm-12:00am Relay for Life at Stearns Park in Columbus June 6 Grade 5 ELA End-of-Grade Test June 7 Grade 5 MATH Endof-Grade Test June 8-10 EOG MAKE-UP TESTS Jen Pace Dickenson June 8 will present the Summer Reading Program to PreK-5 June 8 Books Are Really Fun Distribution #4 June 8 Author Miriam Bradley will donate books to Grades 3-5

June 9 K-5 Field Trip to Greenville Zoo June 9 PreK Awards Program 2:00pm in the auditorium June 10 Last day of school for students--Early dismissal June 10 End of 6th Six Weeks June 10 Report Cards June 10 Awards Programs: 8:30-9:30am Grades K-2, 9:45-10:45am Grades 3-5 June 13 Required Teacher Workday June 13 6:30pm School Board Meeting @ Stearns June 14 Optional Teacher Workday June 14-28 Summer School June 15 10:00-11:00am Meeting with C4C volunteers June 16 8:30am Summer School Assembly (The Greatest: Sports Heroes A to Z) July 14, 15 & 18 Summer Bus Driver Training in Polk County Call 894-8700 for more information.

Visit <u>Saluda School</u> for additional school news.

Principal, Ronette Dill

Located at 214 East Main St.,



Saluda, NC 28773 Please keep an eye out for the hot pink Box Tops that are on many

food products and send them to our school. Our school receives \$0.10 for each Box Top that is collected and submitted. This money is used to purchase books for the Books Are Really Fun program, where every student in the school gets to choose and keep 3-5 free books each year!

Visit <u>Saluda School</u> for additional school news.

### Principal, Ronette Dill

Located at 214 East Main St., Saluda, NC 28773

Remember to keep Saluda kids safe, please do not enter school premises or grounds while school is in session.

# Vacation Bible School First Baptist Church of Saluda

July 20 thru 22 6 til 7:30pm snacks provided

Dive into truth: Finding truth below the surface. Join us as we discover the truth about ourselves through the eyes of Jesus.

Located at 213 Henderson Street, Saluda, NC , 828-749-3230

# Saluda Church Services & Events

Episcopal Church of the Transfiguration The Reverend Augusta Anne Anderson, rector 8:00 a.m. - Holv Eucharist - Rite I 9:15 a.m. - Adult Forum 10:30 a.m. - Holy Eucharist - Rite II with music. Check their website for more programs and schedule changes. **NEW!** Church of the Transfiguration - a bible study class is held each Tuesday morning, 11:00-12:00 and is open to the Saluda community -72 Charles Street (behind the school). Come and join us! \*\*\*\*\*

Saluda Presbyterian Adult SS 10:00 am Worship Service 11:00 am

Saluda First Baptist Church Reverend Tony Reese Worship Service 11:00am Sunday School 9:45am Wednesday Fellowship Meal 5:15 Wednesday Bible Study and Youth Group 6:30pm 828-749-3231 Email: fbcsaluda@tds.net \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

Saluda Methodist Church The Reverend Rob Parsons SS 10:00 am Worship Service 11:00 am

Stone Soup Worship Service Sunday at 4:00 pm - This is an "alternative" Christian service/discussion for all-comers; new to church, dislocated from church, or other. Please join us. Contact Rob Parsons for location information at

#### roberto305@mac.com.



Film Premiere: Saturday, June 4, 2016! Going Home: Saluda's Music Traditions A project of the Historic Saluda Committee and the Polk County Film Initiative

"Going Home: Saluda's Music Traditions," an oral history film documentary, is slated for release Saturday, June 4, 2016, at 7:00 p.m. Join us at the Party Place and Event Center in Saluda for an exciting evening spent celebrating Saluda's musical heritage. Music will begin at 6:30 with James Metcalf and

The Colt Creek Band. After the film is shown, James and his band will play music from the film joined by Bob Whitaker. Refreshments will be served and admission is free.

SALUDA

The old saying is, "You can't go home again." But, maybe you can. The Historic Saluda Committee (HSC) has been collecting oral histories through audio and video since 2010, primarily from its senior citizens. A common theme relayed during the gathering of these stories is a

ditions acts, and so acts, and so music venue storic and the storic and the studio B at radio station not only app peop walks appromusic studio Station not only app peop walks appromusic studio Station not only app peop walks appromusic studio Station not only app peop walks appromusic studia s of the state state studia s of the state s

Jaluda WNCW88.7

deep nostalgia for the rich and diverse musical traditions that were once common in Saluda. The HSC has enlisted the help of the Polk County Film Initiative to take these histories, collect a few new ones, and then roll them into a fascinating oral history film documentary that portrays Saluda's rich musical heritage, where the past meets the present. Sure to delight, these recollections include tales of the old time square dances, shape note singing, legendary fiddle makers and players, the influence of the railroad, a ragtime pianist, gospel greats, ballad singers, musical miracles, African-American history, Coon Dog Day, a famous baritone crooner and more. Rolling into the present day, we feature contemporary gospel, old-time and Americana acts, and some of today's great music venues, including a visit to Studio B at Western NC's famed radio station WNCW. This film will not only appeal to Saluda's

people but to folks from all walks of life who appreciate good stories, music and history, especially from a small mountain town in Western North Carolina. By the way, who says you can't go home again!

Creator and Producer: Cindy Stephenson Tuttle Cinematographer, Writer and Editor: Kirk Gollwitzer Associate Producer, Writer and Narrator: Martin Anderson

Creative Consultant: Carolyn Ashburn

Location Director, First Assistant Camera and Still Photography: Lavin Cuddihee

Featured from Present Day (in alphabetical order): Martin Anderson VeeVee Smith Blackshear Bob Buckingham Aaron Burdett Susan Casey Faye Russell Chandler John T. "Jack" Coates, III Pauline Gordon Corn Pearlie Mae Suber Harris

Ellen Ogden Hefley Anita Pace Hoots Tim Hoots Cathy Jackson Roy Lee Johnson, Jr. Dr. George Jones Nancy "Nicky" Ogden Keller Stoney Lamar E. Cater Leland, Jr. Vivian Luke James Metcalf Anita Ogden Moore Leon Morgan Todd Neel Marvin Owings Bill Pace Hilda Pace Hope Pace Charlene Pace Dr. Jerry "Doc" Russell Sheila Russell Nettie Owings Sweet R. Clark Thompson Cindy Stephenson Tuttle Ammie Owings Weymer Bob and Linda Whitaker Featured from the Past (in alphabetical order): Perry Como Dr. E.B. Goelet Marion Gordon Mahalia Jackson Kathleen Stephenson Jelley George Johnson Roy Lee Johnson, Sr. George Washington Metcalf Salena Middleton Metcalf William "Billy" Morris John Jacob Niles MiMi Ogden Adger Pace Ransom Woodruff and Emily Gilbert Pace **Corneleus Pace** Dr. D. Lesesne Smith Joseph Raymond "Joe" Stephenson Rev. Lester Suber

Lloyd Thompson Lola Ward

#### Featured Musicians (in alphabetical order): Bob and Amy Buckingham Aaron Burdett and Band (Jackson Dulaney, Jeff Hinkle, James Kylen) Changed (Darren Clark, Donnie Gist, Will Hall, Robert Staley, Stephen Staley) Doug Dacey Alan Dillman

Cecilia Hayes William "Bill" Holbert Kathleen Stephenson Jelley Phil and Gave Johnson J. Larry Keith (Lonesome Road Band) James Metcalf and The Colt Creek Band (Douglas Calvin Barnes, Bob Capps, Morgan Hodge, Luke Phillips) June Maugery Todd Neel Elizabeth Neely Hannah Seng Tellico (Aaron Ballance, Anya Hinkle, Greg Stiglets, Jed Willis) Bob Whitaker Various musicians from the 2015 Saluda Arts Festival

Funding provided by: Polk County Community Foundation, the Saluda **Community Fund** City of Saluda Historic Saluda Committee Heartwood Contemporary Crafts Gallerv WNCW, Media Sponsor The Purple Onion Betsy and Allen Burdett Rhonda Corley Anita Ogden Moore Historic Thompson's Store Brad and Cindy Stephenson Tuttle in memory of Kathleen Stephenson Jelley Martin Anderson in memory of Joel Craig Anderson and John Craig Anderson

Dedicated to the memory of Dr. George Jones, Dr. Jerry "Doc" Russell, Bill Pace and E. Cater Leland, Jr.

## Stay up to date by visiting our

<u>Facebook page.</u> For more information about the Historic Saluda Committee go to <u>historicsaluda.org</u> or contact us at historicsaluda@gmail.com

## E. Cater Leland, Jr.

We were saddened to learn of the

recent death of E. Cater Leland, Jr. As an oral history interview participant,



Cater, as everyone knew him, spent some time with us back in 2012, talking about growing up in Saluda. During his interview he placed special emphasis on his father's life, Edwin (Ed) Leland. Sr., and their partnership in the operation of the Saluda Mountain Telephone Company, Ed Leland bought the telephone company for \$800 from the Appalachian State Telephone Company in 1936, which consisted of sixteen crank phones and one magneto switchboard. Though Ed was the president of the company, he was also head lineman, installer, pole cutter and setter, chief repairman, bookkeeper and even served on occasion as operator. Under Ed's direction, the Saluda Mountain Telephone Company was the first in the region to switch over to the dial system. Cater Leland joined the company in 1968 after four years at Clemson and four more as captain in the Air Force. The Lelands ran the company for fifty-four years, or until 1990 when they sold it to Telephone and Data Systems, Inc. or TDS. Cater also talked about the Charlton Leland Inn, now the Saluda Inn, which was once owned and operated by his family. Both father and son served terms as Mayor of Saluda. A favorite topic shared during his interview were memories of the old timey square dances held at the Saluda School gym. These memories are shared in our recent oral history film documentary, "Going Home: Saluda's Music Traditions."

Use Social Media to Get Your Saluda History Fix Every Day! Visit us and "Like" us on <u>Facebook</u> and <u>YouTube!</u> Visit our <u>website</u> for oral histories, vintage photographs, and more.

## Available Merchandise:

- Home, Hearth and History: Stories of Old Saluda, oral history documentary, DVD, \$20
- Saluda, NC: Voices from the First 100 Years, re-mastered

audio oral history recordings, CD, \$10

- Historic Saluda Stickers, \$3
- <u>Images of America: Saluda</u>, published by Arcadia
  Publishing Company, \$23.50 (includes tax)

Merchandise available through local Saluda merchants. You can also purchase it on-line at <u>saludalifestyles.com</u>. All proceeds go toward future projects.

## <u>Meetings</u>

No meetings in June.

For more information about the Historic Saluda Committee go to <u>historicsaluda.org</u> or contact us at <u>historicsaluda@gmail.com</u>.Want to view some of the oral histories collected? The HSC also has a YouTube page, so <u>click here</u> or go to

<u>youtube.com/user/HistoricSaluda</u> <u>NC</u>

*Submitted by Cindy Stephenson Tuttle, Chair, Historic Saluda Committee* 

## Saluda Classified Ads

## **Business for Sale**

Looking for a small business opportunity? Do you love children? Ever thought of running an after school program? Now is vour chance. The Porpoise Room After School Program is looking for a new owner. Ellen Rogers, the current owner, is now a full time teacher and needs to give up this extra-curricular activity. But the community needs this resource. The business has been growing and thriving in the three years since opening. Please contact Ellen if you have an interest and she will provide more information. Call or text: 828-329-6790. Email

theporpoiseroom@gmail.com.

Always remember to Love, Laugh, and Learn



For Sale -Saluda United Methodist Church is selling a Lowrey Genius, Digital Stereo Rhythm Gx Organ. If Interested, please call 828-749-3789.

## Time for Spring Cleaning!

"Deep cleaning" "One time cleaning" "Moving jobs" Call Kathie for estimates at 828-674-6108.

## House Cleaning!

Experienced, reliable, and honest. Can do light jobs, or deep cleans. One time cleans, moving jobs, etc. Have experience with vacation rentals as well as biweekly residential work. Have good references!! Have worked with Kathie Mobley. Please call for estimate! Kelli 828-620-0209.

# Private Guitar, Voice And Violin Lessons -

I come to you. Retired from church music ministry. 20 yrs teaching private music lessons. Proud, new Saludian resident. Call Rob Herbst at 828-489-1592 or email herbst\_rob@yahoo.com.

# Therapeutic Massage & Bodywork

Relaxing, healing massagesare available in the comfort of your own home, rental cabin or at your favorite B&B. My portable table can go almost anywhere! Advanced scheduling is recommended. 14 years of experience. Cassandra Nelson, Lic#7386, (828)749-3794. Art Studio for Rent in Saluda Space available for potters, sculptors, painters, jewelers, bead/fabric artists, writers, etc. Great atmosphere, affordable rent, flexible lease, large and small work spaces available. Call Ruth at 828-749-9718 chickenhousestudios.org.

## Office space available

Beautiful, quiet location right off Main St below Wildflour Bakery. Private bathroom, entrance and two rooms. Approx 530 sq.ft., \$310 monthly includes water, sewage and trash pickup. Not for residential use. 828-749-9224 (Ask for Debi or leave a message.)

# Saluda Pet Sitter. Three years

experience, responsible, references available. Will come to your home up to three times a day, feed, exercise and general care of your pet. Experience in dogs, cats, and even goats! Call Lance at 828-284-4811 or 828-284-5660.

## House Sitting & Animal Care

Take your vacations without the guilt and worry. I am familiar with a variety of animals and houses. I will do my best to be available for emergencies due to family, flights, or other unforeseen doings! References are available upon request. Contact Cassandra at (828) 749-3794.

## Healing Massage

Gift yourself or another with a soulful, healing massage! Soulshine Yoga and Massage offers skilled and therapeutic massage right downtown! Licensed massage and bodywork specialist and yoga instructor, Dori Ray, is glad to be serving our Saluda community! Call to schedule a massage 828.808.8334 or 828.749.3395. SoulshineYogaNC.com

# Saluda Post Office Hours

Mon-Fri 9:00am-1:00pm 3:00pm-4:30pm Sat 9:30am-11:00am Sun closed (828) 749-5921.

# Saluda Scoop

The latest news and the unusual offerings provided by Saluda shops, restaurants, accommodations, artists, craftspeople, and service providers.

To check business open hours or updates to schedules, please visit <u>saluda.com</u> and click on business website or Saluda, NC Facebook page.

# Saluda Rustics Opens in June

Brant Davis, a native of upstate New York, is a rustic furniture maker and transplant to the mountains of western North Carolina. His experience includes over 25 years of antler lighting and rustic furniture design and he will be bringing it to Saluda when he opens a gallery this month at

the Saluda Historic Depot.

Brant's creations include a mixture of natural edge



wood, figured wood, reclaimed barn wood, hickory, burls, stumps, bark, antler, metals, and other materials found in forgotten places.

"Brant's creations will look beautiful displayed against all the heart pine wood in the depot. We are excited to have him "on board" at the depot, says Judy Ward, chair of the Saluda Historic Depot board.

To see Brant's creations, visit his <u>website</u>.

Located at Saluda Historic Depot, 32 W Main Street, Saluda, NC 877-404-6622, info@saludarustics.com.

# Kathleen's Gallery

Have you seen the "kayooe" at Kathleen's

Kathleen's Gallery in downtown Saluda? This 15+ foot long



kayak/canoe hybrid was handcrafted over the course of eight months by Rick Lyons, a new Saluda area resident, and was recently featured in the woodworking trade publication "FDMC" in an article called "What the Heck is a Kayooe?" Most of the wood Rick used to build it was reclaimed. The hull was crafted of pine, the top and seating areas from oak and black walnut and the oars from pine and fiddleback maple. The kayooe is functional and has been successfully tested in rock-free water. However, it really belongs as a showpiece in someone's beautiful home perhaps hung from an open ceiling or showcased on a wall in a home bar. In addition to the kayooe, Rick has several other large, beautiful hand made wood pieces on display at Kathleen's which is located at 66 East Main in downtown Saluda.

THE DRESSING ROOM, ETC. A ladies clothing and accessories boutique



What a great day it turned out to be for the Saluda Arts Festival. Lots of people enjoyed the artists and the local businesses. Thanks to all the people that made this

happen.

The Dressing Room, Etc. is fully stocked with a bright and cheerful summer collection. Also don't forget the hand knitted baby clothing, what a great gift for a baby shower.

Irmy's Dressing Room is open 7 days a week.

Monday through Saturday 10 -5 Sunday 1-5

Visit my new <u>website</u> to see our line of clothing, keep up with what's going on and early specials announcements.

US made clothing.

Looking forward, Irmy

THE DRESSING ROOM ETC., located at 141 East Main Street in Saluda. Phone is 828-749-9555.

June Events at Kniticality: Knitting Potluck June 16, 5-8P



Short Row Workshop June 28 1:30-3P Amigurumi Crochet Lab Fridays Master Knitters Sit N Stitch Thursdays

## June Classes:

New to Knitting Repairs & Remedies True Mobius Wrap: There & Back Again Diamond Patch Tee with Roberta

Call **(828)749-3640** or visit us online at **kniticality.com** for more information! Find us on <u>Facebook</u>.



Vogue Salon is to open soon by proprietor , Vicky

Wynn. She will be offering Injectables, Bellafill, Botox, Juvederm, Restylane, Shellac Nails, Hair Growth Rejuvenation, and coming soon a hair stylist. She will be open Monday and Wednesday 10-5. Services are offered by appointment only by calling 828-242-1171. Email <u>vicky.vicky.wynn@gmail.com</u>. Vogue Salon is located at 31 Pearson Falls, Road, Saluda, NC in the Nostalgia Courtyard.



## **Historic Thompson's Store &** Ward's Grill and Lola's **Celebration Station**

(Thompson's Store est. 1890, Ward's Grill est. 1960)

## New local items in the store:

Poppy Hand Crafted Popcorn, Roots Hummus: New Flavors, A Lit'l Taste of Heaven Biscuits, Warhorse Products: Handsoap, Body Wash, Cleaning Soap & Pet Shampoo & Conditioner. Other items are gluten free egg noodles: Homestyle & Spinach, Faro Coffee, Troyer Cheese: Pepper Jack, Mozzarella, Colby, Muenster & Jalapeno Muenster, Lusty Monk Mustard and 12 Bones Bbg Sauce. Come by and select a few to try.

Wine Tasting on June 9, 4 to 6pm. We invite you to a wine tasting with Craig from Empire Distributors and a new flavor of hummus to try.

2016 Coon Dog Day Tshirts will be in soon, watch for them hanging outside.





Ward's Grill Veteran's Day Breakfast will be on June 16, 8 to 11am. Bring someone that has served our

Ward's Grill is famous for our hand-patty burgers, and if you haven't already, try our JC Burger: 1/2 chuck & 1/2 Charlie's Sausage; it is one everyone is talking about, so good. Also try a homemade dessert or the best tasting milkshake made with

country for a "free" meal on us.

dipped ice cream: chocolate, strawberry and peanut butter.

We will be seating and serving out back at the Back Alley Barn on Saturdays. Your dogs are welcomed, too.

Looking for a space for your next event, check out Lola's Celebration Venue. Give us a call and we will help you with your plans.

Thanks to Cathy Jackson for our Saluda Lifestyles and all the communication that we receive from her each month. What would we do without her?

## Shop Small and Shop Local!

## Hours

Historic Thompson Store, open Monday-Thursday, 8am to 5:30pm; Friday and Saturday, open to 6pm; Ward's Grill, open Monday-Friday, 7am to 3pm, Saturday, 6:30am to 3pm. Sunday, 11am to 4pm

The store and grill are located at 24 Main Street, Saluda, NC. Phone is 828-749-2321.



Sassafras invites you to come in and check out our lovely Linen selections, along with customer favorite LuluB light weight cotton sweaters and our ever popular Pull On Jag Jeans great for warm summer days.

Now open 7 days. Monday -Thursday 11am - 5pm, Friday 11am - 6pm, Saturday 10am - 5pm Sunday Noon - 4pm. Call us at 828-749-2379.

Joann, Connie, Tina & Catherine

We're located at 46 E Main Street, next to the Saluda Grade Café.





The Orchard Inn & **Newman's Restaurant** 

Perched on a hilltop above Saluda, with stunning views of the surrounding Blue Ridge Mountains, the air is a bit crisper and cooler up here. The atmosphere is serene and the hospitality warm, so come up for a relaxing night or two away from reality, or just for a nice glass of wine and/or a romantic dinner for 2. All are welcome at our little piece of paradise. Come help us celebrate our 90th birthday all 2016!

Our fine dining restaurant, **Newman's**, continues to receive high accolades from food critics far and wide. We're serving dinner every Thursday, Friday and Saturday nights and an incredible Brunch every Sunday. Chef Stuart has been conjuring up some truly fantastic and innovative culinary delights using the best from our local farmers. He's also been on a mission this Spring planting our own 3,000 sq. ft. organic vegetable garden in the true spirit of "farm to table". Treat yourself to a most memorable fine dining experience! This month he'll be harvesting Sugar Snap, Arrowroot and Snow Peas, White Icycle Radishes, Lemon, Australian Apple, and Muncher Cucumbers, Mexican Sour Gherkins, Chantanay and Purple Solar Carrots and Kohlrabi. Call to reserve a place in our lovely dining room where every table has a stunning view of the surrounding mountains 828-749-5471.

Originally built in 1926 and called the Mountain Home of Southern Railway Clerks the Inn sits on 12 acres, is listed on the National Register of Historic Places, and is a member of the distinguished Select Registry

and Chaîne des Rôtisseurs. There are 8 rooms upstairs in the Inn, all with private baths and lovely mountain views, a suite downstairs, and 5 private cottages with decks or screened in porches, Jacuzzi tubs, and gas fireplaces. All rooms are tastefully decorated with antiques and period pieces, and our linens are ultra luxurious. The gracious hosts, Marc & Marianne, look forward to welcoming you to their little slice of heaven. We're proud to announce being awarded by Trip Advisor -2012, 2013 & 2014 Certificate of Excellence, and by Restaurant.com - 2012 Top Rated Restaurant.

For reservations call 828-749-5471. Visit the Orchard Inn at <u>orchardinn.com</u>. They are located on Highway 176, Saluda, NC.



The Oaks Bed & Breakfast Creating Mountain Memories

Summer events are often responsible for the most lasting of memories. This special season gives us time to spend with family and friends in pursuit of outdoor activities and interests.

Saluda's Coon Dog Day - July 9, 2016 -- is a unique opportunity to sample a one-of-a-kind mountain celebration, but not until we have honored our nation on the Fourth of July.

Summer provides endless sun drenched days, custom made for picnics and cool comfortable evenings, perfect for fireworks at the lake -- time to toss a Frisbee or a game of croquet on a freshly mowed lawn, hikes to the Green River and Pearson Falls. Breathe in the air and remember this day.

Past Independence Days will remain etched into our memories. This is the time to make mountain memories to last a lifetime, go outside and play! The perfect location to base your Summer Holiday activities is The Oaks Bed and Breakfast, three blocks to town and a short drive to the site of the Fourth of July fireworks display

### Visit theoaksbedandbreakfast.com

to take a virtual tour of our beautifully appointed guest accommodations, including a full gourmet breakfast, expansive verandas and manicured gardens - then call 828-749-2000 to speak with Dale and Donna.

The Oaks Bed and Breakfast is primped, polished and prepared for you spring/summer visit. Simply call us at 828-749-2000 or take a virtual tour of this beautiful Victorian Inn at theoaksbeandbreakfast.com.

The Oaks Bed and Breakfast, 339 Greenville St., Saluda, NC, 828.749.2000, <u>theoaksbedandbreakfast.com</u> Friend us on <u>Facebook</u>!

### Green River BBQ Summer Menu

June is here along with our summer friends! The barking lot is

The barking lot is open and already staying full with families, friends and puppy dogs! We will have live music outside in the barking lot Sunday afternoons beginning the second week in June.

We have a new Street Taco menu also. Offerings include Local Smoked Trout, Brisket Taco, Pulled Pork Taco, Fajita Chicken Taco and a Shrimp Taco with our Power Veggie Asian Slaw! Included with these tacos is our homemade fresh Salsa or Homemade Mango Salsa. We use fresh herbs grown in the containers right in the barking lot!

Our 12 local draft beers are ever changing and include great local breweries such as Wicked Weed, Highland, Sierra Nevada, Hi Wire, Hickory, Bold Rock, Oskar Blues, New Belgium, Green Man and Birdsong out of Charlotte just to name a few! The porters are gone but the lighter and thirst quenching varieties have arrived! We have something for everyone.

Open 7 days a week and Sunday evenings so come join us and bring your family and pets they are always welcome!

### **Our Hours:**

Monday's 11am-8PM Tuesday-Saturday 11am-9pm Patio open late on Friday and Saturdays Sunday's Noon-8pm

Contact Green River BBQ at 828-749-9892 for takeout orders or visit them at greenriverbbq.com. Visit their <u>Facebook</u> page to get extra daily coupons!

Green River BBQ is located at 131 Highway 176 West.

# Wildflour

Bakery Summer Time...and the livin' is easy. Surely that song was written with June in Saluda in mind--picture perfect mornings...warm and afternoon...gentle eve breezes...and cool nig chorus of tree froms.



mind--picture perfect mornings...warm and hazy afternoon...gentle evening breezes...and cool nights with a chorus of tree frogs.

Stop by Wildflour and check out the new favorites on the summer menu. Have you had our "Cheeky Chicken" wrap or salad? What about a "Muenster Mash" sandwich?

We will, of course, be open Sunday, June 19 for Father's Day with some of our very favorite brunch choices to celebrate dads, uncles, husbands, friends and family.

We are so super excited about the article in the June issue of *Bicycling Magazine*. They are featuring "a guide to some of the most rewarding places to ride on the planet," and there we are...

along with listings for Ethiopia, Italy, Argentina, New Zealand, Jordan, France, Japan, Canada & Switzerland. Other U.S. sites were Vermont, Alaska, California, Colorado, Hawaii, and Oregon. Here's their wonderful write up:

"Watershed Grade to Saluda, North Carolina: This 27-mile outand-back starts in "upstate" South Carolina and winds north through the Greenville watershed in the foothills of the Blue Ridge Mountains, gaining 2,200 feet of elevation in the first half of the ride, the 13.5 mile climb across the border to Saluda. The grade (around 4 percent) is challenging enough to warrant the best sticky bun you'll ever have from Saluda's Wildflour Bakery, but not so taxing that you can't appreciate the view: lush, fairytale woodland that gives way to rolling farmland and finally to Saluda's Victorian charm. Enjoy it on the way up -- it'll be a blur on the way down."

Now Open 6 Days a Week! **Monday**: 8:00 am - 3:00 pm **Tuesday**: closed **Wednesday**: 8:00 am - 3:00 pm & 5:00 pm - 8:00 pm for pizza **Thursday**: 8:00 am - 3:00 pm **Friday**: 8:00 am - 3:00 pm for breakfast and lunch & 5:00 pm - 8:00 pm for pizza **Saturday**: 8:00 am - 3:00 pm **Sunday**: 10:00 am - 3:00 pm

While you are checking out our <u>Facebook</u> page or <u>website</u>, you can sign up for our newsletter. It's a great way to make sure you don't miss any of the specials and happenings at Wildflour.

Wildflour Bake Shop 828-749-3356 Wildflour Bakery 828-749-9224

Check us out online at wildflourbakerync.com for daily specials or use the good ol' fashion way...828-749-3356. Search for us on f.



### June Hours:

Open 11 AM till 6:00 PM Monday, Tuesday, Thursday & Saturday Open 11 AM till 8:00 PM Wednesday for Wildflour's Pizza Night Open 11 AM till 8:00 PM Wednesday and Friday for Wildflour's Pizza Night Open 11 AM till 4 PM Sunday

Meanwhile is located next to Wildflour Bake Shop and The Gardener's Cottage in Nostalgia Courtyard.

171 East Main Street, Saluda, NC Wine Shop Phone: 828-749-9463, email: <u>meanwhilewineshop@gmail.com</u> See us on **f**.

# Random Arts

Whether you are planning a beach trip or going to work or



play you will find what you need here at Random Arts & Apparel. The colors have been popping & the patterns are wild! Choose from black & white stripes to

fabulously organic batiks, to chic linen & of course our ever so popular boho chic tie dye. Our colorful leggings go with almost everything and these will be a



staple in your wardrobe wherever you go.

Come see what's new and come experience our eclectic selection of women's wear. You will find exemplary service... with a smile. Happily Located "Slightly Off Main Street" (SOMS) at the corner of Louisiana & Ozone.

WebSite: <u>randomartsnow.com</u> Email: <u>randomarts22@gmail.com</u> Phone: 828-749-1165 Random Arts & Apparel 481 Louisiana Ave Saluda, NC 28773

## Sweet Earth Mountain Resale/Thrift & Consign is celebrating our



2nd vear anniversary; we continue to take in wonderful consignments of art, glassware, home décor, jewelry, pottery, metal ware, kitchen tools, dinnerware, vintage linens, garden items, antiques, furniture, etc. We just consigned a gorgeous Victorian chair and table from a Saluda family. The diversity of merchandise is wonderful. We have had some interesting customers including a "prop quy" from the Dirty Dancing 2 movie and folks still finding us from all over the country. Thanks to all the businesses sending them our way. We send a special invitation to SBA members who have not made it in yet. We will try to keep regular hours through the summer, 12 - 3 or 4pm weekdays and Friday, Saturday, Sundays 11 - 5 or 6pm. If you are by at other times or would like to consign or donate, please call Sheila at 828-606-1748. Thanks for supporting small, locally owned businesses: it's what makes our town interesting and special!

Like us on <u>Facebook</u> and check out the new shop pictures.

Located 160 W Main St, across the bridge on Hwy 176 across from Green River BBQ.



**News from Pearson's Falls** The picnic shelter at Pearson's Falls has a substantial new roof installed this month. It looks so much better! Come and enjoy summer at the Falls. The sound of the rushing water makes everyone cooler. The picnic shelter has tables and benches where you can enjoy your lunch or take a rest on your way to the Falls. Pack your own picnic or stop by the Wildflower Bakery in Saluda and then take the leisurely drive down Pearson's Falls Road which is just to the left of the Bakerv.

There is an admission fee to Pearson's Falls & Glen. For information please call the Gate at 828-749-3031 between 10 a.m. & 5 p.m., Monday thru Sunday. Or email <u>pearsonsfallsinfo@gmail.com</u>. For more information on Pearson's Falls go to our web site at <u>pearsonsfalls.org</u> and download the schedule of events. Pearson's Falls is part of the Tryon Garden Club.

Pearson's Falls is located at 2748 Pearson Falls Rd, Saluda, NC, 28773. Take Highway 176 N from Tryon about 4 miles. Watch for signs for the turn to Pearson's Falls on your left. From Saluda, take Hwy 176 east down the mountain about 3 miles. Watch for signs on the right for the turn to Pearson's Falls. Or drive down Pearson's Falls Road next to Nostalgia Courtyard opposite the school tennis courts.

## Submitted by Lucy Brannon

## Polk County Community Foundation acquires 430 acres along the Green River

The Polk County Community Foundation recently purchased more than 430 acres of land along the Green River in Polk County for community recreation and enrichment.

The land has rolling hills, streams and forests, and more than 2.6 miles of Green River frontage. Accessed from South Wilson Hill Road in Polk County, unpaved roads running through the property offer easy recreational access.

The purchase price of \$1.3 million was half the appraised value. Because a nonprofit bought the property, the seller - a developer from Charlotte - received tax benefits for its gift of half the appraised value. The property previously was being marketed to developers.



Pictured left to right: Community Foundation board members Chuck Hearon and Martha Love, Foundation President, CEO Elizabeth Nager, board members Frances Parker and Monica Jones

Community Green LLC, an entity created by the board members of the Polk County Community Foundation, owns the property.

Many generous donations to the Community Foundation made the preservation of this land possible. The Foundation is especially appreciative of those who trusted it to identify and fund exciting charitable opportunities and left all or part of their estates to the Polk County Community Foundation to be used for community benefit.

Foundation President & CEO Elizabeth Nager and the Bradley Endowment Fund negotiated the terms of the purchase over many months. Board members made several visits to the property and were impressed by its natural beauty, the quiet, and the possibilities offered by easy access to the Green River.

The Foundation looks forward to offering recreational opportunities on this Green River property, Nager said.

"It is not open to the general public at this time," she noted. "However, we are making arrangements for local land trusts and other groups to access this appealing property. The tract has many elevations and exposures so it offers several unique habitats and microclimates which enable local species to continue to thrive on the land by moving over to the next microclimate. As large tracts of land in our area are sold for development or posted with 'no trespassing' signs, we anticipate that this many acres of land in one tract will become even more important in the future. One board discussion likened this purchase to the foresight that created the national parks we enjoy today."

Local attorney Anderson Haynes said the land acquisition is "such a creative use of the resources trusted to the Foundation."

"It is so peaceful to be away from traffic noises. We imagined star gazing at night away from bright lights," Nager said, as she summarized board discussions. "Purchased for the long-term benefit of our community, this land is an asset of the Foundation that we can look at and hike on. We are making this significant investment in the future of our community because natural areas are important to our community. The Foundation worked hard to acquire this large tract, recognizing that opportunities to

acquire unspoiled land like this in our community are decreasing every day. We have seen how recreational lands have created jobs and more desirable places to live in other communities and will be seeking ways this investment in our future can benefit us now and later."

The last time the Foundation bought property for recreational use, its Bradley Fund purchased land now known as Alexander's Ford at Bradley Nature Preserve, a Polk County property listed on National Park Service maps. With that acquisition, the Foundation arranged for the County of Polk to purchase the land from Bradley Fund LLC using grant funds from various sources, including the Mariorie and Lawrence Bradlev Endowment Fund of Polk County, N.C., a supporting organization related to the Foundation.

Since 1975, the Polk County Community Foundation has been dedicated to advancing philanthropy and improving the quality of life for all citizens in the community centered in and around Polk County, N.C. The Foundation receives charitable donations of all sizes from community members and then distributes grants to area nonprofits, awards scholarships to local students, manages endowment funds for local nonprofits, and administers other funds tailored to the specific charitable wishes of individual donors. Learn more by visiting polkccf.org or calling (828) 859-5314.

Submitted by Noah Wood

# **Stories & Such**

Stories reprinted from <u>I Remember</u>

<u>Saluda, a</u> <u>Storytelling</u> with permission of Charles O. Hearon, III, son of author Charles O. Hearon, Jr. (aka Charlie "C. Boy"). This book is currently out of print.



## Then There's Summer Nights

Then there's summer nights soon as it's dark, the katydids tune up and drill in your ears 'till you can't tell katydid from katydidn't. The one saying katydid is a male and the female says katydidn't. All night they will go and you learn to lie there. In your mind as you drift off to sleep, they won't go away - only if it rains will they hush.

You could be lucky and be in Saluda at the time of the full moon In May. That is whippoorwill time - no doubt a mating and territorial establishing period, but they will light on your head, on the porch, on anywhere they like and will whippoorwill till daylight comes.

And you couldn't stop them if you would and you wouldn't if you could.

Late July and August after dark the screech owl family come through the wood calling one another, and, if you are young and strong and can whistle well enough, you can call one right up close to a tree by the porch.

Later at night you could be lucky enough to wake up and hear a family of hoot owls doing the same. I never called up a hoot owl, but I've made him answer. If he hoots in the daytime, it's bad luck surely.

If you know what a "Bull Bat" is you are lucky. That is one of the grandest things I remember about Saluda. They used to come down Cases Branch's little valley a dozen at a time on their lovely graceful wings, half gliding, half power. Bull Bats feed on the wing and that's what they were doing. A graceful line, 10 to 12 birds wide, 4 to 6 deep, gliding, sweeping, turning, rising, and falling, catching bugs. We used to shoot pebbles at them with our sling shots and they, thinking the pebble was a bug, would dive at it to look it over. You know we thought we were shootin' goodl

There is a time in Saluda that has many names - it's sundown, twilight, evening time, milking time, feed-up time, and best of all bull bat time.

## Animal Spring Fever Should I Stay or Should I Go!

Two liberated goats found their way to Main Street and crossed over the railroad tracks following a car up Greenville Street. Soon in chase were Saludians depleting their cars of trail mix, potato chips, almonds, dog food and anything else anyone could come up with to rein in the goats. As cars started lining up Greenville



Street to keep the goats safe, Miss Mac was lassoed by Jeremy

Ford who held tight on her horns. Nugget decided to go on further up Greenville St while owner, Betsy Burdett who finally came to the rescue, took chase in her pickup truck. All ended well with Nugget and Miss Mac being chauffeured home in the comfort of the back seat of the pickup truck.

Daddy's Going to Buy You a Mockingbi rd A baby mockingbir d has



adopted the gardeners at Robinson Community Garden pecking for bugs while the gardeners dig. Baby mockingbird likes to sit on the hand of the

#### gardeners.



Turkey Crossing Watch out for mother turkeys parading their chicks across streets in

Saluda!

## Share the Road



Saluda is a favorite destination for bicyclists and motorists alike, and June is the perfect time to ride and drive. Please be responsible and vigilant of each other, whether you're on a bike or in a car. Motorists, visit yieldtolife.org/tips/motorists for some tips on how to make the roads safer for everyone. Cyclists, Visit yieldtolife.org/tips/cyclists for tips

to make your trip a little bit safer.

Photo of Fondo Race courtesy of Mark Schmerling



## 2016 Saluda Service Directory

Now available at the Beverly-Hanks Saluda office, Entegra Bank, City of Saluda, Meanwhile Back in Saluda

# Thanks for 10 Years!

In 2006, Ruth Anderson discontinued publishing the "Saluda Signal" after 20 years of publication.



At the same time, I started a real estate business and had an idea to publish an online "e-zine" about all the things going on in Saluda. There were a lot of my clients who came from out of town, and I wanted them to know all about the wonderful community in Saluda. With encouragement from Ruth, I launched the first Saluda Lifestyles on June 1, 2006. The online publication now has more than 4,000 online subscribers.

Word got out around town about the online Saluda Lifestyles and folks started asking me to print them a copy because they didn't use computers. Because of this increasingly growing demand, a printed version was started in 2011. Thirteen to 15 generous business owners in Saluda sponsor the funding of this printed version. Three hundred to 400 printed (seasonal) Saluda Lifestyles are distributed throughout town in public locations and are free to the community because of this generosity. More than 192 online editions have been published online on the first day of the month and middle of the month.

Working full time in real estate means that putting this together each month is mostly night time work burning the candle at both ends in the last week of a month. My co-workers have learned to avoid me during that time of the month!

When I merged my real estate business with Beverly-Hanks, I was frequently asked if I was going to continue Saluda Lifestyles. I then realized how important Saluda Lifestyles had become to the community. The way you read Saluda Lifestyles online has changed since 10 years ago. More than half of the online subscribers are reading Saluda Lifestyles from a mobile device. The current format being used is not "mobile friendly." Within the next few months, I will be changing the way you receive Saluda Lifestyles online to a mobile friendly format. This will mean changes in the way the information is presented, but it will be easier to read from a mobile device.

What keeps me motivated to publish Saluda Lifestyles? That's easy to answer. It's because of your support, constructive feedback, contributions of articles and information, encouragement, tolerance of mistakes, friends who help with proofing and delivering, and the generous businesses in town who help fund the printed Saluda Lifestyles as a community service.

Thanks for helping me build an anthology of events and happenings in Saluda for the past ten years!

#### --Cathy Jackson

"Change is the law of life. And those who look only to the past or present are certain to miss the future." -John F. Kennedy



## Annual Calendar of Events APRIL

Jerry's Baddle Green River Race --Duathlon requires Class V kayaking. 3rd Saturday in April. Saluda Train Tales - 3<sup>rd</sup> Friday each month (April - October) **MAY** 

Saluda Tailgate Market -Every Friday (*May through October*) Spring Green Bash - 1<sup>st</sup> Saturday in May 8, hosted at Green River Adventures.

Saluda Arts Festival - May 21, 2016

Green River Games - Extreme multisport event changed from 1st Saturday in September to May 21-22, 2016

Top of the Grade Concerts -- (2<sup>nd</sup> Friday of month, May through September)

## JULY

Coon Dog Day - A homecoming and celebration for dogs and their people! Great food, live music, parade, crafts, and more! 1<sup>st</sup> Saturday after July 4.

## SEPTEMBER

Charlie Ward's Memorial BBQ -  $2^{nd}$  Saturday in September 12, 2015

## NOVEMBER

Green Race - A world Class V kayaking race. 1st Saturday in November. Saluda Methodist Church Turkey

Dinner - 2<sup>nd</sup> Saturday in November

## DECEMBER

Hometown Christmas - Open House and Music. 2nd Friday in December Subscribe to Saluda Lifestyles online at <u>www.saludalifestyles.com</u> or scan this code to sign up on your smartphone.



## E-Blasts Sign Up

From time to time, activities and events happen in Saluda spontaneously or need a reminder so you don't miss it. When this occurs, Saluda Lifestyles would like to let you know about it. If you want to receive E-Blasts from Saluda Lifestyles, please send an email to info@saludalifestyles.com and ask to be added.

# Some Things to Know About This Publication

It is what it is. Saluda Lifestyles makes an effort to verify information and does its best to edit for spelling and grammatical errors but some just slip through. The online Saluda Lifestyles has links to websites and additional information and is an enhanced color version. To view nine years of archived newsletters, go to saludalifestyles.com.

All material contained in Saluda Lifestyles is original work by Saluda residents and others with an interest in Saluda unless otherwise specified. None of the material may be reproduced in whole or in part except by written consent of the editor or by the originator of the material.

Views and philosophies expressed by contributors of material in this publication do not necessarily represent those of Saluda Lifestyles.

To submit articles to the Saluda Lifestyles, please email to <u>cathy@saludalifestyles.com</u> by the 20<sup>th</sup> of the previous month for the printed version and by the 25<sup>th</sup> for the online publication.

Saluda Lifestyles will sell selective display sponsorships in the printed version. Please ontact Cathy Jackson for price information. Saluda Lifestyles is published by Cathy Jackson of Beverly-Hanks Saluda, 153 E Main Street (next to the Wildflour Bakery). Contact us at 828-817-2876 or visit saludalifestyles.com and beverlyhanks.com/saluda



Scan this with your smartphone to see this newsletter online.

# The printed version of Saluda Lifestyles is brought to you by these generous sponsors.



serving dinner Thurs-Sat nights fine dining restaurant call for reservations 828-749-5471

fresh local ingredients Organic when possible Viennese Chef





ncareofsaluda.com

## Autumn Care of Saluda Your premier provider of Skilled Nursing and Rehabilitation services for the Carolina Foothills

501 Esseola Drive ~ Saluda, NC 28773 828-749-2261



KNITICALITY 55 Robin Lane - Saluda NC, 28773 828.749.3640 Open Monday-Saturday 10 to 5 Tuesday 10 to 7 Classes & events calendar. www.kniteality.com Email anwichnitedity.com

From Saluda, Turn toward Tryor on Howard Gap Rd, then go 1.2 miles. We're on the right.



Southern Bar-B-Que, Chicken, Ribs, Beef, Seafood and more! Since 1984 131 Hwy 176 Saluda, NC

(828)-749-9892



THE PURPLE ONION 16 MAIN ST, SALUDA, NC 28773 828.749.1179 Exceptionally fresh, Mediterranean and regionally inspired cuisine, live music & outdoor dining Serving Lunch and Dinner

24/11 CEPE



7 West Main Street Saluda, NC 28773 828-749-3466



DON MINTZ BUILDERS, U.C 749-9582 SALUDA, N.C.

Custom Homes - Log Homes - Rentals www.donmintzbuilders.com - donmintzbuilders@tds.net PO. Box 515 Saluda, NC 28773 Phone/Fax: (828) 749-1670



GREEN RIVER BREW DEP Your Neighborhood Pub

26 Church St., Saluda, NC open Friday, Saturday, Sun & for special events <u>828-699-6679</u>

# WILDFLOUR BAKE SHOP BREADS, PASTRIES, BREAKFAST AND LUNCH. Phone: 828-749-3356 wildflourbakerync.com



46 E Main St., Saluda, NC 28773 (Next to the Saluda Grade Café) 828-749-2379 Joann Collins, owner 828-284-0695



24 E Main Street, Saluda, NC 28773 828-749-2321 thompsons-store.com



171 East Main Street (next to Wildflour Bake Shop) Saluda, North Carolina 28773, Phone: 828-749-9463 meanwhilewineshop@gmail.com

