

the new leaf

newsletter of the Syracuse REAL FOOD Cooperative

Fall 2015

Your Local Grocery Store

Open To The Public

Save at the Co-op

\$5⁰⁰ OFF

Your Total Purchase
of \$50.00 or more

(not including sales tax)

Limit one coupon per customer.

Not valid on special orders & turkeys.

Offer valid through 10/31/15.



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NOTICE OF ANNUAL MEETING

The Importance Of Quorum On November 2nd

By Jeremy DeChario, General Manager

The second of the Seven Cooperative Principles, "Democratic Member Control," ensures that members have a voice in the governance of the Cooperative. There are several ways the members can exercise their democratic responsibilities. This time of year, two major opportunities are on the horizon: board elections and the annual meeting.

The most frequent democratic interaction between Co-op members and the store is through the Board of Directors. The Board is a group of nine volunteers who serve the Co-op by representing the Members' fiduciary interests. Much like in the United States' representative democracy, the Board makes decisions with a greater deal of frequency than is convenient for most members. The Co-op has 9 Board Members serving staggered 3 year terms, with 3 directors being elected annually.

The second, more direct, opportunity for democratic participation in the Co-op is fast approaching. This issue of the New Leaf is serving as due notice for the Co-op's annual meeting where we're trying to achieve a quorum of our members. In the SRFC bylaws (and NY State Law), the requirements for quorum are 10% of membership or 100 members, whichever is smaller. For a Co-op of our size, 100 members is all it takes to establish a



Jeremy DeChario, General Manager

**MONDAY,
NOVEMBER 2,
2015
7 TO 9 PM
AT
Westcott
Community
Center
DETAILS
INSIDE**

quorum for our Annual Meeting.

Quorum at the annual meeting allows the Co-op's membership to conduct official business, such as voting on Bylaw changes and opening the floor for new business. The Co-op's ability to effectively operate depends on achieving quorum, at the annual meetings, and I encourage all interested people (member or not) to come to our Annual Meeting on November 2nd from 7-9pm at the Westcott Community Center to hear annual reports, help us achieve quorum and act on Co-op business.



Seven Co-op Principles

See the seven principles we follow as a Co-op throughout this newsletter.



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Jeremy DeChario
General Manager

Scott Pierson
Assistant Manager

Reina Apraez
Produce Lead

Don DeVeau
Marketing and Member Services Coordinator

Gabriel Smith
Grocery Lead

Board of Directors

Co- President
Meagan Weatherby

Co-President
Andrew Erickson

Secretary
Debra Lee Gertz

Treasurer
Larry Rutledge

John Craddock
Abigail Henson
Thane Joyal
Julie Longmore
Steve Morris

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Don DeVeau

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Five Fab Facts About Co-ops

Article From Co+op Stronger Together

We think co-ops are fabulous. Cooperation is, after all, a word that implies people working together towards the same end, mutually benefitting one another and the larger community. Both economically beneficial and socially responsible, these community-minded businesses make the world a better place—and that’s a beautiful thing. Here are five fab reasons to celebrate co-ops: **1. October is National Co-op Month.**

The cooperative model is unique. A co-op exists to serve its members, but the members are also the owners. With ownership comes an opportunity to participate in someco-opdecision-makingandto reapeconomic rewards for ownership, often in the form of patronage dividends. Globally, there are nearly one billion people who are cooperative member-owners. And in the United States, there are more than 29,000 co-ops, including—but not limited to—retail food co-ops, like the grocers that are members of NCG, the organization that brings you this website. Beyond your neighborhood food co-op, co-operatives exist in other areas such as brew-pubs, coffee, dairy farms, credit unions, electric, hardware stores, crafts, housing and chocolate to name a few.

Ends approved by a democratically elected Board. Co-ops are positioned to respond directly to community needs and collaborate with other organizations, setting goals that extend beyond financial growth. By shopping at a co-op, you might be helping to support your community with hunger relief, nutrition education or environmental conservation. Steve McQueen would most definitely approve of these magnificent seven principles.

3. DOTcoop.

Look up to the top of your browser. Find that familiar address bar and the notice DOTcoop at the end of our URL. As co-op fans, we like to brag about this little badge of honor that demonstrates major credibility. The .coop puts co-ops on par with the web domains like .org, .edu and .gov. Co-ops have their own domain so that when you’re on .coop you can trust that you’re working with a verifiable cooperatively owned business.

4. Employees Are Some of Our Favorite People.

Beyond offering awesome products and services, co-operatives are committed to the health and happiness of the people that fuel them. So it’s no surprise they treat their hard-working employees right. According to a recent study, the average food co-op earning \$10 million per year in revenue provides jobs for 90+ workers. And, on average, 68 percent of those workers are eligible for health insurance, compared to 56 percent of employees at conventional grocers. Food co-op employees also earn an average of nearly \$1.00 more per hour than conventional grocery workers when bonuses and profit sharing are taken into account.

5. Everyone is Welcome.

Are you ready for this final fabulous “did you know”

moment? Okay, here it is: at co-ops, everyone is welcome. At food co-ops, you don’t need to be a member to shop or participate. Although membership is encouraged and often provides additional rewards, your local co-op is democratically owned and operated, and all consumers are welcome. So check out the fresh, delicious food that food co-ops have to offer and, if you want, get involved, no matter your capacity for commitment right now. Anyone can go co-op. How do you like those local apples? These are just five of the many fab facts about co-ops. If you are ready to become a smoothcooperator, find a co-op near you and find out more!

- See more at: <http://strongertogether.coop/food-coops/five-fab-facts-about-co-ops/#sthash.792OipyD.dpuf>



2. The Magnificent 7.

Cooperative businesses proudly operate with seven principles. One of those principles is concern for community, working towards more sustainable communities through initiatives undertaken by management under



Welcome Our New Members!



El-Java
Sophary
Jeanette
Jonathan
Brian
Helena
Jacob
Kellen
Kristin
Scott
Yohana
Lindsay
Parvathy
Jason
Will
Heather
Jonathan
Trinity
Caroline Luella Bond

Savannah
Michael
Angel W.
Matthew
Todd
Jordan
Kelsey
Tim
Brigid
Marilyn
Jason
Amanda
Vernon
John
Saraswati
Nick
Mike
Zachary
Avriel

Bouton
Brescia
Broadnax
Broderick
Brown
Buck
Carlson
Carlson
Casey
Chadwick
Cheney
Christian
Coffey
Cohen
Dahal
DeJohn
DeMarco
Diamond
Diaz

Annora
Douglass
Gavan
Erika
Sam
Erick
Josh
Sarah
John J.
Amanda
Adam
Emma
Nick
Jerome
Mona
Alissa
Knar
Andrea
Ellen
Lorena

Dickey
Dowty
Grace
Allan
Jane
Heather
Josiah
Jermaine
Erik B.D.
Galit
Gary
Patricia
Richard
Griffin
Katie
Jonas
Naomi
Zachary
King
Mishelle
Ben

Rebecca
Kristin
Halpin
Harrington
Hendon
Highfield
Hinks
Hodsden
Idan
Johnson
Kaishian
Kampas
Kearney
Keough
Kerlin
Kerlin
King
Krebs
Kuebrich

Grill
Ling
Liuzzi
Lucas
Malone
Marsh
Marzella
McGraw
McGraw
Mercer
Michel
Monnone
Moore
Morgan
Morris
Morris
Mulligan
Nichols
O'Connor

Philip
Darci
Guido
Sarah
Hayley
Stephen
Babette
Juliana
Nicholas P.
Radford
Noah
Ron
Anne
Sorel
Jenny
Kate
David
Andrew
Virginia
Sean
Edward
Sara
Steven
Rich
Jesse
Christopher

Kwon
Lanque
Lapinsky
Law
Legacy
Ling
Lucas
Lucera
Noah
Ron
Anne
Sorel
Jenny
Kate
David
Andrew
Virginia
Sean
Edward
Sara
Steven
Rich
Jesse
Christopher

Thank You For Making Our Member Drive So Successful

Yong Seuk
Charlie
Anthony
Heather
Theodore
Lily
Peggy
Jennith
Lex
Matt
Sara
Brian
Nicole
Scott
Kate
David
Andrew
Virginia
Sean
Edward
Sara
Steven
Rich
Jesse
Christopher

Kwon
Lanque
Lapinsky
Law
Legacy
Ling
Lucas
Lucera
Noah
Ron
Anne
Sorel
Jenny
Kate
David
Andrew
Virginia
Sean
Edward
Sara
Steven
Rich
Jesse
Christopher

Philip
Darci
Guido
Sarah
Hayley
Stephen
Babette
Juliana
Nicholas P.
Radford
Noah
Ron
Anne
Sorel
Jenny
Kate
David
Andrew
Virginia
Sean
Edward
Sara
Steven
Rich
Jesse
Christopher

Paige
Pauser
Pezzarossi
Pirzada
Plasman
Przybylinski
Puzey
Quaresma
Nicholas P.
Radford
Noah
Ron
Anne
Sorel
Jenny
Kate
David
Andrew
Virginia
Sean
Edward
Sara
Steven
Rich
Jesse
Christopher

Colleen
Benjamin
Jesika
Kayleigh
Margaret
Stephen
Mark
Shannon
James
Jason
Nidhi
Rick
John C.
Jared
Marilyn
James Gordon
Williams
Leslye
Greg
Lauren
Wren
Ali
Amy
Crista
Corri



Board of Directors



Meagan Weatherby
President



Andrew Erickson
Co-President



Debra Lee Gertz
Secretary



Larry Rutledge
Treasurer



John Craddock
Board Member



Abigail Henson
Board Member



Thane Joyal
Board Member



Julie Longmore
Board Member



Steve Morris
Board Member



Management Staff



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Assistant Manager



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