

BULLYING WORKSHEET

Here is a list of some of the ways a person might act around you. Read each act. Is the person being a friend or not? Or are you just not sure?

Remember, a friend would be kind to you. If the person is being mean to you, they are not being a friend, no matter what they say.

A kid in your class at school:

- Says you can only be in my club if you pick up all these sticks with me, so we can build a fort together. He then joins you picking up the sticks, and builds a fort with you.
- Says you can only be in my club if you pick up all these sticks alone while the rest of us watch you. When you do it, he and the other club members sit around telling you what to do and laugh at you. They said the sticks were for a fort, but no fort is ever built.
- Says you can't be in the club because your name is Michael.
- Says you can't be in the club because it's for teenagers and you're only 9.
- Says he'll be your friend for a dollar.
- Says he's your friend, plays with you, and then asks to borrow a dollar, promising to pay it back tomorrow (and he does pay it back).
- Asks you to take your clothes off so he can see you naked and says "if you were a real friend, you'd be willing to do what I ask. It's no big deal."
- Says "hey, let's be friends," and begins to play with you, but every time his buddies come around, he acts like he doesn't know you and says things to make the other kids laugh at you.
- Asks to sit next to you at lunch, but then hides your lunch when your back is turned and won't give it back when you tell him the joke is over.
- Says "that's my seat" at lunch and tells you to get out of it, when no one has assigned seats at lunch.
- Says "that's my seat" in class when the teacher assigned everyone seats, and you have sat in his seat by mistake.
- Says he's thirsty and asks you to steal a soda for him from the store to help him out. When you steal it, he says "thanks, you're a real friend." He keeps hanging out with you, but asks you to steal things here and there, from time to time, for him.
- Says he's thirsty and asks you to buy him a soda from the store. When you buy it, he says "thanks, you're a real friend. Tomorrow I'll buy the sodas." And tomorrow he buys you one.
- Let's you be part of his circle of friends as long as you do his homework for him every day, even when you're tired, because "you're so much better at it than I am," while he sits around chatting with his friends.