

SAFE HARBOR

Coping with Grief throughout the Holidays and Beyond

Sunday, November 22

12:30-2:00 p.m.

Calvin Room

Have you recently experienced the death of a loved one?

If so, the thought of the upcoming holiday season might feel daunting.

*Safe Harbor is a place to share your grief,
learn coping strategies for the holidays and experience support.*

Safe Harbor is a port in the storm of grief.

We will share a meal, share our stories, and share support.



R.S.V.P. to Neal Kuhlhorst at nealk@jcpcusa.org would be appreciated.

Hosted by Stephen Ministry, Caring Team, and Rev. Neal Kuhlhorst