



Salisbury  
**Academy**  
ENGAGING MINDS · BUILDING FUTURES

May 1, 2016

# Middle School Matters

## Schedule Updates

**Tuesday, May 3:** 8th Trip to Horizons (8:10-10:15)  
**Wednesday, May 4:** Family Night - No Homework  
**Thursday, May 4:** PSA Dress-Down Day  
**Thursday, May 5:** 8th Spanish Lunch Out with 1st Grade (10:45-12:30)  
**Friday, May 6:** 6th Trip to Biltmore (7:30-4:45)  
**Monday, May 9:** 5th Trip to Horizons (8:30 - 1:15).  
\*Students bring bagged lunch please.  
**Tuesday, May 10:** 5th Trip to Biztown. \*Students bring bagged lunch. All chaperones secured.  
**Wednesday, May 11:** "Phoenix Readers" to present *The Jack Tales* to grades 5-8 (10:00-10:45)  
**Tuesday, May 17:** 5th Downtown Civil War walking tour (8:45-1:15). \*Regular uniform, comfortable shoes.  
**Thursday, May 19 and Friday, May 20:** 8th career shadowing days  
**Friday, May 20:** 6th Trip to Transportation Museum (8:40-12:00)  
**Monday, May 23 and Tuesday, May 24:** 8th Finals (dismissal at 12:15)  
**Thursday, May 26:** 8th Grade Chapel  
**Tuesday, May 31:** Grades 5-7 Reflections Presentations (8:50-9:20)  
**Tuesday, May 31:** 8th grade to Carowinds  
**Wednesday, June 1:** Field Day  
**Wednesday, June 1:** 7th and 8th graduation practice (8:05)  
**Thursday, June 2:** Graduation

## Adolescent Health Ed. Classes

Students in grades 5 and 6 will take part in these classes Monday, May 2-Wednesday, May 4 for one class period each day. Students in grades 7 and 8 will have their classes Monday, May 16-Wednesday, May 18. Salisbury Academy modified a curriculum for our students, and this will be instructed by Melissa Shue. She is familiar with this curriculum, as she delivered this to our students several years ago. A list of basic topics is included below. Please contact Mrs. Coulter with any questions. Also, she will be available on Tuesday, April 26 before and after school to answer any questions and to make the curriculum available for more specific review if needed. Our overall goal is to help supplement your family discussions.

**5th:** Separated by gender - The goal is to develop understanding of their bodies and how they work. Emphasis will be on the internal and external reproductive organs and their functions.

**6th and 7th:** Course emphasizes communication, decision-making, assertiveness, and teaches skills needed to say "No" to early sexual involvement.

**8th:** The goal is to enhance self-esteem to provide tools to prevent early sexual involvement. The greatest emphasis is placed on abstinence until marriage.

## Visiting Mentor/Career Shadowing Exploratory

The eighth graders will take part in a "Visiting Mentor Program" throughout their fourth quarter exploratory. We look forward to visitors each week who present information about their careers and answer questions posed by the students. Each student will have an opportunity at the end of the quarter to spend time one day with a chosen mentor in order to gain a closer look at a profession in which he or she is particularly interested. **I am asking that parents contact me who are interested in sharing their careers and knowledge with our students** (in our school discussions or as a host for a student on a career shadowing day) or with suggestions for contacts who may have interesting careers to share.

([hcoulter@salisburyacademy.org](mailto:hcoulter@salisburyacademy.org))

Some professions in which the students have already expressed interest include: political scientist, nuclear engineer, speech and language pathologist, aerospace engineer, graphic designer, chief sustainable officer, aquaculture manager, marine architect, and computer and informational systems manager.