



2016 2 Dam Days Rules

SPECIAL NOTE TO EXTREME RACERS: For your safety, any racer not reaching the Red Fox check-point (50 mile mark) by 4:30 PM on Day 1 may not continue beyond this point. If the race is delayed for any reason, racers will be pulled out and given their average speed to finish of day 1 and may continue on day 2.

Second Cut off time: If the 4:30 PM time is met, racers must reach the 35 mm Day 1 finish line at Pirate's Point before 6:40 or they must pull out.

1. All racers must register at their designated registration times. Failure to register will be counted as a no show, and that racer/boat will not be considered to be a part of the 2 Dam Days Paddle event.
2. In the event a racer is unable to race a rain check for the next years will be given. In the event the race is not held in the following year a refund will not be made.
3. No racer will be allowed to register for the race until registration fee is paid in full.
4. Extreme participants, racers and support crew, must attend the Safety Meeting the evening before the race at Drake Harbor! Sweet 16 and Anything Goes entries must attend the safety meeting immediately preceding the event.
5. **All paddlers in all races** must wear a CG approved PFD while on the water, carry a cell phone in a waterproof container, must have a whistle attached to their vest or somewhere within immediate reach to warn an oncoming vessel of your presence and must carry a first aid kit.
6. All boats must have race numbers prominently displayed on both sides of the hull. If you do not already have a number on your boat, we will supply removable stickers to place on your boat.
7. No fixed oars, sails, or motors are allowed. Single and double blade paddles only. Anything Goes Only may use a sail.
8. No trash of any kind will be intentionally thrown overboard. Teams or individuals caught trashing the lake will be disqualified.
9. All paddlers will properly stow loose items during the race.
10. If a race official deems a racer unfit to continue, or conditions unfit for the safety of the race to continue and asks a racer to pull out. The racer **MUST** then pull-out of the race. If a racer feels they were pulled from the race unduly, they must then follow Rule #26. If a race is stopped and racers pulled out due to unsafe conditions, racers pull out times will be noted and once race resumes, racers times, avg. speed, and race length will be adjusted to allow for the race to continue.
11. Racers must maintain self-sufficiency. Racers must carry their own materials for fixing leaks or problems with their vessel or be able to acquire such at a checkpoint from their support crew. There is no penalty for accepting help from an official safety boat and also from other paddlers in case of an emergency such as a flip, or running out of fluid or medical emergency.

12. Support crews are permitted and may be shared by multiple teams, to allow assistance.
13. Racers may stop for the use of public restrooms.
14. Alcohol will not be consumed by racers or their support vehicle operators during the race.
15. No portaging is allowed during the race.
16. It is the responsibility of each race craft to check in and out with race officials at each designated Check Point. Racers do not have to exit their craft, but must be close enough to the Race Official at the Check Point to be properly **identified and acknowledged verbally**. Check Points will be staffed by race volunteers until the Cut-Off Time for that Check Point has elapsed.
17. If you decide to quit the race at a Check Point a racer must notify the race official managing the roster. If you quit the race between Check Points, racers must make an immediate effort to contact a race official and notify them of your decision. If you will not make it to a Check Point before the Cut-off Time has elapsed, you must contact race officials by phone prior to the Cut-Off deadline. You may also flag a safety boat having a green flag. They will be able to assist you in letting officials know that you are quitting and help you get to safety if needed.
18. All racers agree to sign the USCA Waiver and Release of Liability prior to the start of the race, failing to do so means you will not be a part of the 2 Dam Days official race.
19. This event is being held to improve water quality in the Lake of the Ozarks and its tributaries. No matter how small the impact may be, the fact is that adding a bunch of people to the lake and allowing them to dump urine overboard contradicts our objective. Participants are prohibited from dumping human waste into the lake. If you are unable to make it to the next available facility, stow your spent fluids in a water tight container and take it to the next Check Point where it can be deposited.
20. All participants agree to appear in event related media coverage without compensation.
21. All aquatic activity has inherent risks, as a participant it is understood those risks are accepted by racers and their support crews.
22. Unsportsmanlike conduct is grounds for disqualification. All participants in this event are representatives of the paddling community and are expected to behave accordingly.
23. In the event of an immediate racer/team emergency, fellow participants within close proximity are expected to render aid. No penalty will be assessed for the team/individual providing assistance, the honor system, as well as eyewitness accounts, will be relied upon for compensation of the time spent rendering aid.
24. Any dispute must be formally stated with the race director within two hours of the finish of each stage. The dispute will be subject to review by the race director and two appointed senior race officials. The final decision and any action regarding a dispute will be reserved by the race director and two appointed senior race officials. All decisions are final, no appeal process will be granted.
25. Racers in the Extreme and Sweet 16 must remain in same class but can exchange boats under the following conditions: Can change only on separate days (must keep same boat on day 1 but can change on day 2). Exception: can change if boat is damaged. c. Must keep same boat number. d. Must inform race officials well in advance of start of that day's race.
26. The minimum age of all racers is 14 years old at the start time of the race
27. All racers must acknowledge receipt of the rules at time of registration

These rules are valid as of this date and are anticipated as remaining so up to the start and end of the 2DamDays Paddle Event but are subject to modification up to the start of the race. 7/10/2016

Racer Signature

Date

Racer Printed Name

Race Name/Class

Boat Number