

NON-PROFIT ORG. U.S. POSTAGE PAID **HEALTHY CHILDREN SANDWICH MA 02563 PERMIT #15**

RETURN SERVICE REQUESTED

TIME SENSITIVE MATERIAL

Winter-Spring 2016 **Lactation Counselor Training Schedule**

International Breastfeeding Conference Orlando FL, January 11-15

Community Breastfeeding Educator Lakeland, FL January 20-22

Learn to Teach the 20-Hour Course Sacramento, CA February 15-19

Maternal and Infant Assessment

Sacramento, CA March 21-23 Landstuhl, Germany March 23-25 Tampa, FL March 30-April 1

Advanced Issues in Lactation Practice

Landstuhl, Germany March 28-April 1 Gillette, WY June 20-24

Bring this Course to Your Facility

As part of Healthy Children Project's mission, we present most of our conferences in collaboration with private, public, and non-profit agencies. If your organization would like to provide space for a training program in exchange for prepaid registration fees, please call (508) 888-8044 and ask for Mary.

Who should attend the **Lactation Counselor Training Course?**

Anyone who wants to obtain a strong, up-to-date, evidence based foundation in breastfeeding knowledge and skills, and achieve the National Certification as a Certified Lactation Counselor (CLC®).

Attendees have a wide range of backgrounds and experience in supporting breastfeeding families:

Nurses

Public Health / WIC

Childbirth Educators

Visiting Nurses

Pediatricians

OB / GYNs

Peer Counselors

Midwives

Hospital Staff

Public Health Nurses

Doulas

LPNs

Family Practice Physicians

Breastfeeding Advocates

Perinatal Outreach Workers

IBCLCs earning CERPs

La Leche League Leaders

Nursing Mothers Counsel Members

Speech / Language and Occupational Therapists

People interested in sitting for the IBCLC exam

People interested in ALC/ANLC Certification

The Lactation Counselor Training Course will afford you the opportunity to take the core competencies, the Lactation Assessment Tool Competency (LAT), and the exam to become a Certified Lactation Counselor® (CLC®) as designated through the Academy of Lactation Policy and Practice (ALPP). Research has shown that when healthcare providers take a course such as the Lactation Counselor Training Course and change practice, breastfeeding exclusivity and duration rates increase!

LACTATION COUNSELOR TRAINING COURSE

About the Lactation Counselor Training Course

5-day course, Monday - Friday

- Hours: 8:15 AM 4:30 PM, Lunch Break (on your own): 12:00 PM - 1:00 PM
- 6 hours of assignments must be completed during lunchtime or evenings.

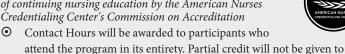
Attendance

Participants must attend all sessions and cannot miss more than a total of 15 minutes of class for the entire week. If a participant misses more then 15 minutes they will be ineligible to sit for the exam.

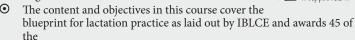
Contact Hours

American Nurses Credentialing Center's Commission on Accreditation.

Healthy Children Project, Inc. is accredited as a provider of continuing nursing education by the American Nurses



- participants who attend only part of a workshop. This 5-day course provides 45 Contact Hours for RNs (if a participant opts out of the exam they will be awarded only 40 hours)
- Provider approved by the California Board of Registered Nursing, Provider #: CEP4931, for 45 contact hours.
- Florida Provider #: FBN3373
- Eligible for 4.5 CEUs for CNMs; American College of Nurse Midwives program number 2013/016
- IBCLCs will receive 45.0 L-CERPs from IBLCE. Long-term provider #CLT108-06
- Approved for **RDs** by the Commission on Dietetic Registration for 45 CPEs, Level 2.



L CERPs needed to qualify for the International Exam.

- The CLC and the IBCLC can also be used as a prerequisite for the Advanced Issues in Lactation Practice course to achieve the Advanced Nurse Lactation Consultant (ANLC) or the Advanced Lactation Consultant (ALC) designations.
- Program can be applied towards Lamaze recertification.
- Optional upgrade to a 90 hour course 45 L CERPS and contact hours to do at home.

ANCC Nursing Skills Competency

- The Lactation Counselor Training Program is an ANCC accredited Nursing Skills Competency Program for RNs.
- Competency Validation: The ANCC Nursing Skills Competency certificate is only awarded to Registered Nurses (RNs) who meet all of the clinical competencies throughout the week and pass the exam.
- ANCC Nursing Skills Competency Expiration Date: 06/01/2016

Text Book

The Pocket Guide for Lactation Management, 2nd edition will be used during class and for homework. Participants may share books. This textbook can be purchased as you register, through our website, or from Amazon.com.

Confirmations and Information

The exact location and local overnight accommodations will be emailed to registrants once the offering has been confirmed with a minimum number of participants. Please delay purchase of any travel arrangements including airline tickets until a training has been confirmed in writing. Your confirmation is your receipt. Travel, lodging, meals, and snacks are the participants' responsibility.

Discounts

Group discounts are not given retroactively. It is your responsibility to find out the number of people from your agency who are attending the training program. Early bird discounts are not given retroactively. To be eligible to receive an early bird discount, your check or credit card information must be received 4 weeks (28 days) prior to the training.

Course curriculum will include:

- The US version of the WHO/UNICEF Breastfeeding **Counseling Training**
- The Ten Steps to Successful Breastfeeding
- Examination of factors influencing success at breastfeeding
- Distinct weight gain patterns of breastfed babies
- Anatomy and physiology of lactation
- Composition of human milk
- Hormones of lactation, insufficient milk syndrome
- Examination of effect on milk supply of nicotine, alcohol, contraceptives, use of pacifiers & bottles, engorgement, fluid intake, and diet
- Hypoglycemia and hyperbilirubinemia and supplementation
- Medical significance of breastfeeding for the mother and infant
- Problems with infant formulas
- How to discuss breastfeeding with pregnant women
- The hospital experience: labor and delivery
- Infant self-attachment
- Collaborative feeding, infant feeding cues, normal suckling, assessing breastfeeding, strategies to use with infants who present with attachment problems
- Enhanced effectiveness in lactation counseling, with a focus on counseling skills
- The high criticality of early support within the traditional "zone of professional unavailability"
- Sociologic and psychologic issues impacting breastfeeding
- Strategies for premature and ill infants, late term premies, multiples (twins, triplets, quads), babies with Down Syndrome, cleft lip and
- Breast problems (sore nipples, plugged ducts, mastitis, abscess, etc)
- Maternal nutrition
- Effect of various foods on the nursing infant
- Postpartum mood disorders and breastfeeding
- Fertility in breastfeeding women: Lactational Amenorrhea Method, birth control, oral contraceptives
- Working and breastfeeding
- Medical problems of the mother and contraindications to breastfeeding
- Common concerns after the early weeks: developmental ages and stages in breastfeeding and child nutrition
- Weaning, nursing older babies & toddlers, breast refusal, nursing
- Nursing during pregnancy
- Scope of practice: professional responsibilities, ethics, and role delineation
- The Baby-Friendly Hospital Initiative in the US

Faculty:

All of the Healthy Children faculty are at the top of the lactation field and have many years experience. Our faculty hold advanced degrees, sit on local and national boards, work with mothers and babies in a variety of settings, have numerous published articles, teach college courses, and are continuously engaged in the national conversation about the field of lactation and its implications for maternal child health. Please visit the website www.centerforbreastfeeding.org for a complete listing of our faculty and their bios.

About the CLC Certification Exam

Founded in 1999, The Academy of Lactation Policy and Practice (ALPP) is dedicated to improving the foundation of breastfeeding comprehension and understanding throughout the United States by providing lactation professionals opportunities to sit for National Certification designations. The CLC* designation is ANSI accredited, a process (based on the ANSI/ISO/IEC 17024 standard) designed to increase the integrity, confidence, and mobility of certified professionals. For more information please see ALPP's website www.talpp.org or call (508) 833-1500.

Certified Lactation Counselor® (CLC) designation

In order to achieve the designation of Certified Lactation Counselor (CLC*), you must meet all criteria and pass the written exam and the Lactation Assessment Tool Competency administered by The Academy of Lactation Policy and Practice (ALPP). In agreement with Healthy Children Project, Inc., ALPP will administer the exam on the last day of the course. If you would like to take the exam, you must mark the appropriate box on the registration form and submit payment. Upon completion of the exam, ALPP will notify you of your results in writing within 6-8 weeks.

Requirements for CLC Designation

- Candidates must successfully complete an appropriate, eligible training program. See the ALPP candidate handbook.
- Candidates must pass the exam and competencies administered by the Academy of Lactation Policy and Practice.
- Candidates must comply with the ALPP Code of Ethics.
- Candidates who meet these requirements will be authorized to use the certification marks "Certified Lactation Counselor" and "CLC"."

CLC Certification

Ocertification as a Certified Lactation Counselor (CLC*) by the Academy of Lactation Policy and Practice is valid for three years. Re-certification must be completed through ALPP every three years with 18 appropriate Contact Hours.

ANSI

The CLC certification is accredited by the American National Standards Institute (ANSI) based on the ISO/IEC 17024 standard.

PLEASE NOTE:

Refunds

Refunds are given upon receipt of written notice up to 10 days prior to class start date and are subject to a \$50 processing fee. Less than 10 days prior to class start date, we are unable to refund any portion of the tuition. You may find a substitute or transfer your credit to a future course if you notify us in writing no later than 5 p.m. on the Thursday prior to class start date. No refunds or transfers are given after the Thursday deadline.

Limited Space

Space is limited and offerings may fill to capacity months before the class date. Participant seats are not reserved until full payment is received and written confirmation is sent. Your confirmation is your receipt.

Cancellations

Healthy Children Project, Inc. reserves the right to cancel the offering if there is insufficient participation 4 weeks before the start. In that case, all tuitions and fees will be refunded in full.

Credit Card Charges

Credit card charges will appear on your statement as Healthy Children Project, Inc.

Babies and Children

Babies and children will not be admitted to the teaching room except for quietly nursing babies under 6 months; however, <u>babies are not permitted in the classroom during the administration of the exam.</u> Please call for the full policy.

Errors and Omissions

Healthy Children Project, Inc. makes continuing efforts to avoid incorrect dates or locations, omissions, and typographical errors. From time to time, mistakes may occur. In such an event, Healthy Children Project does not assume any responsibility for such errors, and is no way responsible for any consequential expenses or damages.

Program Registration Form			
Please print your name legibly so that it will be spelled correctly on your training documents. You may register online (www.centerforbreastfeeding.org), by mail, fax, or phone. Name			
Home Address			
City			
StateZip+			
Phone			
Email for confirmation			
City you want to attend			
Continuing Education Credit			
() RN license #:			
() RD #:			
() CNM#			
() IBCLC #: Exam Date			
Regular Tuition (per person) () \$625			
Group Tuition (per person) - 4 or more people from same agency () \$575 () \$525 Early Bird*			
Agency or Group Name			
* Early Bird: an early registration discount of \$50 is available if your check or credit card information is received 4 weeks (28 days) prior to the training.			
Application and Exam Fees (per person) The Certified Lactation Counselor Exam is administered by the Academy of Lactation Policy and Practice (ALPP)			
() \$120 (includes Certified Lactation Counselor® exam fee of \$100, plus application fee of \$20)			
Textbook () \$55 Pocket Guide for Lactation Management, 2 nd edition			
Additional Hours () \$350 Optional Additional 45 hours (must be combined with full course and exam)			
<u>College Credits</u>			
() \$228 Please enroll me for College Credits (for students enrolled or planning to enroll at the Union Institute and University Maternal Child Health: Lactation Consulting Degree) and send me my additional course work			
Payment Information			
We are unable to hold a place without payment or a purchase order number			
Total Amount Due			
() Check enclosed (make checks payable to Healthy Children Project, Inc.)			
 () PO Number (\$25 Fee per person) There is a \$25 per person surcharge to use a PO or invoice / bill your agency. () Credit Card Visa/MC/Amex/Discover 			
Expiration/ VCode			
The VCode is the 3-digit code on the back of MC, Visa, Discover, and a 4-digit code on the front of Amex			

Phone number of card holder_

Signature _

Billing Address_

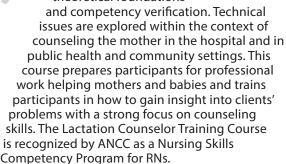
Send to: The Center for Breastfeeding
Healthy Children Project, Inc.
327 Quaker Meeting House Road
East Sandwich, MA 02537
Tel: (508) 888-8044 | Fax: (508) 888-8050
www.centerforbreastfeeding.org





The Center for Breastfeeding

a major focus of HEALTHY CHILDREN PROJECT, INC.



The Certified Lactation Counselor (CLC)®

certification is the premier national certification in Lactation Management for the United States. CLC certification holders have demonstrated competence in the lactation skills, knowledge, and attitudes that are essential to helping women. CLC's can provide knowledge and counseling about optimal and sub-optimal breastfeeding. The CDC refers to CLCs as professional breastfeeding experts who are members of the health care team (2014 Breastfeeding Report Card). Research has shown that the education required of CLCs prior to certification is associated with improved breastfeeding exclusivity and duration. The Certified Lactation Counselor (CLC®) Certification is accredited by the American National Standards Institute (ANSI) based on the ISO/IEC

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defining the field of research based breastfeeding edu	ucation and ethical, evidence-based	breastfeeding practice	
A major focus of HEALTHY CHILDREN PROJECT, INC. defining the field of research based breastfeeding education and ethical, evidence-based breastfeeding practice - a non-profit research and educational institution Metairie, LA St. Augustine, FL Oceanside, CA Lubbock, TX February 1-5 Lubbock, TX February 8-12 Chambersburg, PA Miami, FL Jonesboro, GA February 15-19 February 15-19 February 22-26			
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COMMI	Metairie, I A	January 25-29	
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	Oceanside, CA	February 1-5	
XC	Lubbock, TX	February 8-12	
	Chambersburg, PA	February 8-12	
The Lactation Counselor	Miami, FL	February 15-19	
Training Course is a	Jonesboro, GA	February 15-19	
comprehensive,	Mt. Vernon, IL	February 22-26	
evidence-based, breastfeeding	Reno, NV	February 22-26	
management course that AMERICAN NURSES CREDENTIALING CENTER	Metairie, LA	Feb 29-March 4	
includes practical skills, theoretical foundations	Tulsa, OK	Feb 29-March 4	
and competency verification. Technical	Cincinnati, OH	March 7-11	
issues are explored within the context of	Rutland, VT	March 7-11	
counseling the mother in the hospital and in public health and community settings. This	Naperville, IL	March 7-11	
course prepares participants for professional	Hartford, CT	March 14-18	
ork helping mothers and babies and trains	Panama City, FL	March 14-18	
rticipants in how to gain insight into clients' blems with a strong focus on counseling	Milwaukee, WI	April 4-8	
ls. The Lactation Counselor Training Course	Springfield, IL	April 11-15	
cognized by ANCC as a Nursing Skills petency Program for RNs.	Omaha, NE	April 11-15	
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Certified Lactation Counselor (CLC)®	Memphis, TN	April 18-22	
fication is the premier national certification	Longmont, CO	April 18-22	
actation Management for the United States. certification holders have demonstrated	Tiffin, OH	April 25-29	
npetence in the lactation skills, knowledge, and	Gillette, WY	May 2-6	
itudes that are essential to helping women.	Hinsdale, IL	May 2-6	
C's can provide knowledge and counseling bout optimal and sub-optimal breastfeeding.	Sacramento, CA	May 9-13	
The CDC refers to CLCs as professional	Fayetteville, NC	May 9-13	
breastfeeding experts who are members of the health care team (2014 Breastfeeding	Henderson, TN	May 16-20	
Report Card). Research has shown that	Bismarck, ND	May 16-20	
the education required of CLCs prior to	Louisville, KY	May 23-27	
certification is associated with improved breastfeeding exclusivity and duration.	Spartanburg, SC	May 23-27	
The Certified Lactation Counselor	Ashland, WI	May 23-27	
(CLC®) Certification is accredited	Portland, ME	June 6-10	
by the American National Standards Institute (ANSI)	Naperville, IL	June 6-10	
based on the ISO/IEC	Nashville, TN	June 13-17	
17024 standard.	Mishawaka, IN	June 13-17	
House Road	Champaign, IL	June 20-24	

327 Quaker Meeting House Road East Sandwich, MA 02537 Ph: (508) 888-8044 Fax: (508) 888-8050

tation Counselor Train

Email: info@centerforbreastfeeding.org www.centerforbreastfeeding.org www.healthychildren.cc

Casselberry, FL

June 20-24