

### Little Known Facts...

In 1988 President Ronald Regan proclaimed October as National Pregnancy and Infant Loss Awareness Month. He stated, "When a child loses his parent, they are called an orphan. When a spouse loses her or his partner, they are called a widow or widower. When parents lose their child, there isn't a word to describe them. This month recognizes the loss so many parents experience across the United States and around the world. It is also meant to inform and provide resources for parents who have lost children due to miscarriage, ectopic pregnancy, molar pregnancy, stillbirths, birth defects, SIDS, and other causes."

This year, Governor Brian Sandoval has proclaimed October 2015 as Pregnancy and Infant Loss Awareness Month for the state of Nevada. The statistics speak for themselves. 1 in 4-5 pregnancies end in a loss. The stillbirth rate is 1 in 100 births. And the newborn death rate is 1 in 110 births.

There are many organizations that are dedicated to supporting bereaved families through memory making, keepsake items, and support group meetings. Locally, one such organization that facilitates a monthly support group meeting is the Pregnancy and Infant Loss Support Organization of the Sierras, PILSOS. This group includes medical professionals that are committed to providing support, resources, education, and compassionate care to families who have suffered the loss of a child during the prenatal or neonatal period. A memorial plaque dedicated to all babies lost too soon, is in progress at the rose garden at Idlewild Park.

The 5<sup>th</sup> annual "A Time for Remembrance" ceremony will be hosted on Sunday, October 11, 2015 at Idlewild Park in the Snowflake Pavilion, from 1:00 PM – 3:00 PM. This is a time to gather in memory of all babies lost too soon. There will be music, sharing of stories, bubble and flower releases.

Additional information can be found at [pilsos.org](http://pilsos.org)



## 5<sup>th</sup> Annual “A time for Remembrance”

October is National Pregnancy and Infant Loss Remembrance Month and is meant to honor all babies who were lost too soon, from early pregnancy loss, through infant death.

The Pregnancy and Infant Loss Support Organization of the Sierras invites you to join us for the 5<sup>th</sup> Annual “Time for Remembrance”, where we will honor our babies as we take a reflective stroll through Idlewild Park. This will be a time to gather in memory of our loved ones with music, sharing of stories, and bubble and flower releases.

### The event will be held at:

Idlewild Park of Reno, Snowflake Pavilion

Sunday, October 11, 2015

1:00pm – 3:00pm

Friends and extended family are welcome.

Light refreshments and a remembrance candle will be provided after the ceremony.

*RSVPs are appreciated: [questions@pilsos.org](mailto:questions@pilsos.org)*

The official site of Pregnancy and Infant Loss Remembrance Day is:

[www.October15th.com](http://www.October15th.com)

