



Training Opportunities for Families and Professionals presented by
The Kelly O'Leary Center for Autism Spectrum Disorders and
Division of Developmental & Behavioral Pediatrics with Support from
Hamilton County Developmental Disabilities Services (HCDDS)

Please Note:

- ✓ All classes are held on the 5th floor of the Medical Office Building @ 3430 Burnet Ave. Cincinnati, OH 45229
- ✓ A short lunch break is provided during all-day classes; onsite café available.
- ✓ There is no food served during evening classes. Attendees are invited to bring food/snack for themselves & are welcome to eat during classes.
- ✓ Classes are for adults-only including parents, professionals, and others caring for or working with children and adolescents **with ASD or other related developmental disabilities**. Classes are free of charge unless otherwise specified.
- ✓ For all classes you must register to attend: Jennifer Gastright @ 513/636.2742;
Jennifer.gastright@cchmc.org or TKOCLearn@cchmc.org

<p>Tuesday, August 23 5:00-7:00pm Cost \$0</p>	<p>HOW TO HELP REGULATE SENSORY SYSTEMS OF INDIVIDUALS WITH ASD/DD</p>	<p>This 2-hour session will focus on common sensory sensitivities demonstrated by individuals with ASD/DD of all ages and practical strategies used to address these sensitivities.</p> <p><i>Instructor: Amy Johnson, OTD, OTR/L Education Specialist II-Occupational-Physical Therapy</i></p>
<p>Wednesday, August 31 5:30-7:30pm Cost-\$0</p>	<p>THE OTHER "A" WORD: ANXIETY AND AUTISM SPECTRUM DISORDERS/ DEVELOPMENTAL DISABILITIES</p>	<p>This 2-hour session will discuss symptoms of anxiety commonly experienced by individuals with ASD/DD, practical strategies to address these symptoms, and structured programs used to manage anxiety.</p> <p><i>Instructors: Jennifer Smith, PsyD, Psychologist-TKOC & Outreach Coordinator Janet Seide, BS Family Outreach Associate</i></p>
<p>Friday, September 9 9am-3:00pm Cost-\$0</p> <p>*MORE CLASSES ON NEXT PAGE:</p>	<p>WHEN BEHAVIOR IS A CHALLENGE</p>	<p>This day-long workshop is for family members who want strategies for working with their child or adolescent with ASD/DD, including a focus on positive ways of dealing with behaviors.</p> <p><i>Instructors: Jennifer Smith, PsyD, Psychologist-TKOC & Outreach Coordinator Janet Seide, BS Family Outreach Associate</i></p>

<p>Wednesday, September 14 5:30-7:30pm Cost:\$0</p>	<p>TEACHING SKILLS EVERY KID NEEDS TO KNOW</p>	<p>This 2-hour session will instruct caregivers how to teach young children essential skills including how to follow a visual schedule, how to follow directions, how to wait, and how to ask for a break or for help. Strategies will be demonstrated and practiced during session.</p> <p><i>Instructor: Steph Weber, PsyD, Psychologist-TKOC, CDC's Act Early Ambassador to Ohio</i></p>
<p>Wednesday, September 21 5:30-7:30pm Cost \$0</p>	<p>TEACHING SOCIAL SKILLS TO CHILDREN AND ADOLESCENTS WITH ASD/DD</p>	<p>This 2-hour session will focus on evidence-based interventions used to improve social interaction skills of individuals with ASD/DD ages 2-22. Social skills groups offered at TKOC/DDBP will also be described.</p> <p><i>Instructor: Jennifer Smith, PsyD, Psychologist-TKOC & Outreach Coordinator Janet Seide, BS Family Outreach Associate</i></p>