

New Providers January 2016



Maggy Lespinasse, MD, has joined the staff of Penobscot Pediatrics, 1068 Union Street, Bangor. Dr. Lespinasse received her undergraduate degree from York College of the City University of New York, and her medical degree from New York Medical College, followed by residency at Westchester County Medical Center. Dr. Lespinasse has over 22 years of experience working with children and their families.



Laurie Yntema, MD, has joined the staff of Community Care & Geriatrics. Dr. Yntema received her undergraduate degree from Swarthmore College, Swarthmore, PA, and both her Master of Science and Doctor of Medicine degrees from the University of Vermont, Burlington, VT. Dr. Yntema completed an Internal Medicine Residency at Maine Medical Center. Dr. Yntema has practiced for more than 17 years.

New PCHC Providers Since January 2015



David Rawcliffe, DO, has joined the staff of Brewer Medical Center. Dr. Rawcliffe received his undergraduate degree in Nursing from the University of Maine, Orono, graduating Summa Cum Laude, and his Doctor of Osteopathic Medicine Degree from the University of New England. Dr. Rawcliffe has practiced since 2006, most recently as a primary care physician for St. Joseph Healthcare.



Tzafra Tessier, PA-C, has joined the staff of Capehart Community Health Center. Ms. Tessier received her undergraduate degree from Florida State University and her Master of Medical Science from Nova Southeastern University, graduating with honors. Ms. Tessier has practiced since 2012, most recently at UMass Memorial Medical Center.



Karla Anne Rella, PNP-C, has joined the staff of Penobscot Pediatrics. Ms. Rella received her undergraduate degree from Liberty University and her Master of Science in Nursing Degree from Vanderbilt University School of Nursing. Ms. Rella has practiced in the nursing field since 2008, first as a registered nurse then as Pediatric Nurse Practitioner.



Morgan Benter, PA-C, has joined the staff of Penobscot Pediatrics. Ms. Benter received her undergraduate degree from the University of Arizona and Master of Science, Physician Assistant Studies from the University of New England. Ms. Benter is a recent graduate who completed clinical rotations at PCHC.



Lindsay Day, LCSW, has joined the staff of Hope House Health and Living Center, PCHC's homeless shelter, health clinic, and transitional housing program, to provide integrated mental health and case management services. Ms. Day received both her undergraduate degree and her Master of Social Work from University of Maine, Orono. She has practiced in the field of social work since 2004.



Brad Olsen, DPT, has joined the staff of Seaport Community Health Center to provide physical therapy services. Dr. Olsen received his undergraduate degree from Gordon College and his Doctorate of Physical Therapy from Franklin Pierce College. Dr. Olsen served as Lead Physical Therapist at Northeast Evaluation Specialists prior to joining PCHC and has practiced since 2006.



Rosemary Dougherty, FNP-C, has joined the staff of Helen Hunt Health Center to provide family medical services. Ms. Dougherty received her undergraduate degree from the University of Massachusetts and her Master of Science in Nursing Degree from Rivier University. Ms. Dougherty has more than 17 years of experience as a Nurse Practitioner.



Amelia Nealley, PA-C, has joined the staff of Community Care & Geriatrics. Ms. Nealley received her undergraduate degree from Wellesley College and her Master of Physician Assistant Studies at MCPHS University (formerly Massachusetts College of Pharmacy and Health Sciences). Ms. Nealley completed clinical rotations around Bangor, including at Penobscot Pediatrics and PCHCenter, before beginning practice this year.



Erin Barker, FNP-C, has joined the staff of Community Care and Geriatrics. Ms. Barker received both her undergraduate and Master's of Science in Nursing degrees from Husson University, working as a registered nurse in various capacities from 2006 until obtaining her graduate degree in 2014. Ms. Barker is a member of the American Academy of Nurse Practitioners and the Maine Nurse Practitioner Association.



Stanley Pettegrow, LCSW, has joined the staff of Helen Hunt Health Center to provide integrated mental health services. Mr. Pettegrow received his undergraduate degree from the University of Maine at Presque Isle, graduating cum laude, and his Masters of Social Work from the University of New England. Mr. Pettegrow has worked in the mental health field for more than 15 years, but as an LCSW since 2005.



Jennifer MacDonald, FNP-C, has joined the staff of Winterport Community Health Center. Ms. MacDonald received her undergraduate degree from Central Methodist University and her Master of Science in Nursing degree from the University of Maine, Orono, as well as Certification in Wound, Ostomy, and Continence Care from the Metropolitan State University Nursing Education Program. Ms. MacDonald has several years of nursing experience.



Nancy German, LCSW, has joined the staff of Jackman Community Health Center to provide integrated mental health and substance abuse services. Ms. German received her undergraduate degree from the University of Akron, Ohio, her Master of Social Work from University of Michigan, and a certificate in Healthcare Management from the University of Maine. She has practiced in the field of social work since 1990.



Rebecca McElrath, LCSW, has joined the staff of Community Care & Geriatrics to provide integrated mental health services. Ms. McElrath received both her undergraduate degree and her Master of Social Work degree from the University of Southern Maine. Ms. McElrath has worked in the mental health field since 1991.



Rebecca Casey, PMHNP, has joined the staff of PCHC's Community Care & Geriatrics to provide integrated mental health services. Ms. Casey received her undergraduate degree from Simmons College and her master's degree from Yale School of Nursing. Ms. Casey has practiced in the field of nursing since 2010.



Dana Catalfamo, PA-C, has joined the staff of Brewer Medical Center. Ms. Catalfamo received her undergraduate degree from Florida Gulf Coast University, her Ph.D. in Immunology and Microbiology from the University of Florida, and her Masters in Physician Assistant Studies from MCPHS University (formerly Massachusetts College of Pharmacy and Health Sciences), Boston.



Jennifer Lipka, DO, has joined the staff of Penobscot Community Health Center. Dr. Lipka received her undergraduate degree from the University of Wisconsin and her Doctor of Osteopathic Medicine degree from the University of New England. Dr. Lipka completed her postgraduate training and medical residency at the University of Pittsburgh Medical Center in 2015.