

## 2016 BC SUMMER GAMES WHAT TO BRING - EQUESTRIAN TEAM

## **FOR YOU:**

- Sleeping Bag and Pillow;
- Toiletries (shampoo, tooth brush etc.);
- Footwear for the Shower Area;
- Pajamas;
- Socks;
- Undies;
- T-Shirts;
- Shorts;
- Khaki Shorts/Pants for Ceremonies;
- Long pants;
- Jacket;
- Rain gear, umbrella;
- Extra shoes/boots;
- Clothes for athlete dances;
- Camera, Flashlight Sunscreen, Hat
- Water Bottle
- First Aid Kit (Band Aids, Antihistamine etc.)
- Any Necessary Prescription(s);
- Books, music, journal;
- Bathing Suit, Towel;
- Dressage Tests (as per discipline rules);
- Horse Inspection Outfit (Blouse/slacks) running shoes for Horse Inspection;
- Helmet;
- Riding Boots;
- Gloves;
- Breeches/Pants/Belt;
- Spurs/Crop;
- Riding Shirt /Collar and Pin
- Hair Net;
- Chaps;
- Extra: Bring extra snacks to pack with you to have in between official eating times.

## **FOR YOUR HORSE:**

- Saddle;
- Saddle Pad;
- · Show Bridle;
- Snaffle Bit Bridle (Horse Inspection);
- Girth;
- · Lead Rope & halter;
- Boots/Polos/Wraps;
- Grooming Kit;
- Braiding Kit;
- Pins, yarn, tape;
- First Aid Kit for Horse;
- Fly Spray/Fly Mask;
- Sheet(s);
- Water Buckets/Feed Buckets;
- Hay;
- Grain;
- Wheel Barrow/Fork/Shovel/Broom;
- · Lunge Line, Whip, Surcingle;
- Extra: Clips, Stall Guards, Chains, Hooks, Saddle Rack, Tack Trunk, Rubbermaid Containers, Ziplock and Garbage Bags.

If you have prescription medications, please let your head coach know what you have, where it is and what dose you are to take. If they require refrigeration, you can make arrangements for this through your Head Coach. If you have any medical condition (asthma, diabetes, allergies etc) please make your Head Coach aware and what they should do if you have a problem.

Meals are scheduled and you will be bussed or receive boxed meals but this may not be enough food so bring snacks just in case. Water will be available at the competition site.

