The Downtown Dish

Decadent Delights

Recipe Credit: Pinterest Category: Side/Salad

Lemon Orzo with Asparagus

Ingredients:

For the Dressing:
2 whole lemons, zested
½ cups lemon Juice
3 cloves garlic, Crushed
¾ teaspoons Salt

1 teaspoon freshly ground black pepper

1/2 cups extra virgin olive oil

For the Orzo

- 1 pound thin-stalked asparagus, plus boiling water for cooking
- 4 cups chicken stock
- 4 cups water
- 1 Tablespoon Salt
- 1/4 teaspoons turmeric
- 3 cups orzo pasta

½ cups green onions, whites & stalks, thinly sliced

1 whole lemon thinly sliced

Preparation

Dressing:

-Place the lemon zest, juice, garlic, salt, and pepper in a deep-sided bowl.

Add the oil in a thin, steady stream while whisking the mixture vigorously to form an emulsion. Set aside.

Orzo salad:

- -Clean the asparagus (snap the tough end pieces off) and lay the asparagus stalks in a heat-resistant 9" x 13" Pyrex dish. Pour boiling water over the asparagus (just enough to cover it), cover dish with plastic wrap and let sit until the water is slightly warm. This no-fuss method produces perfectly cooked asparagus.
- -Drain water and remove the asparagus to your cutting board and cut the stalks diagonally into two inch pieces. Set aside.
- -Place the chicken stock and water in a large pot and bring to a boil. Add the salt and turmeric and bring back to a boil. Add the orzo and cook until tender, about 10 to 12 minutes.
- -Drain orzo, but do not rinse it.
- -Place the hot orzo in a spacious, heat-resistant bowl and add the asparagus and green onions.
- -Whisk the dressing if needed and pour it over the salad. Mix well.
- -Cool to room temperature. Adjust seasonings as needed before serving. Decorate with the lemon slices.



