

Consequences for Kids

An effective way for parents to keep emotions out of implementing consequences for bad behavior or not following through with a responsibility is to discuss the consequences in advance with both parents and child. The list below offers suggestions for types of consequences. It is up to you to choose what is best for your family.

Extra Responsibilities



Ironing, cleaning baseboards, weeding flowerbeds

Matching socks or folding laundry

Taking over someone else's chores

Age-appropriate to-do list projects

Cleaning out garage, wash cars, painting, etc.

Take Away Freedoms

Earlier bedtime

Limit texting

(You may be able to set this up through your carrier without taking the phone away)

Disable Facebook or other online social sites

Try Reward Systems

(Make sure any system you implement is easy for you to keep up consistently.)

Earn tickets for toys

Earn marbles for money

Earn time for good behavior

If your child has done exceptionally well with the consequence, consider giving them a later bedtime, more computer time, or something they enjoy. Many times if siblings are involved they will be motivated to earn extra time as well.



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