Winter 2015
JANUARY 12-MARCH 5
course guide

BACK TO SCHOOL
FOR THE OVER 50 CROWD!

Emory Continuing Education
Welcome to the Osher Lifelong Learning Institute (OLLI) at Emory!

OLLI at Emory is a lifelong learning program for seasoned adults who enjoy learning for fun. At OLLI, the thirst for knowledge never ends, with classes and social programs that nourish the mind, body, and soul. Even if you can’t fit a full course into your schedule, OLLI offers other ways to get inspired, engaged, and excited. Build friendships with others who live in the spirit of learning and personal growth by choosing from more than 70 classes and special interest programs. Reimagine your retirement at OLLI!

Lunch and Learns - In January and February, OLLI at Emory will host seven Lunch and Learns with various guest speakers on Tuesdays and Thursdays, 12:15-1:15PM in room 131. OLLI membership is not required to attend; guests are welcome and encouraged to get a taste of the OLLI experience. A list of speakers is on page 17 of the catalog. **Reminder: Bring your own lunch!**

The OLLI Book Club meets the first Tuesday of the month from 12:15-1:15PM to discuss readings from a variety of genres, including novels, memoirs, classics, and nonfiction. Members vote on book selections. The reading selections for winter are as follows: December 2, *Perfect*/Joyce; January 6, *The Orphan Train*/Kline; February 3, *We Were The Mulvaney*/s/Oates; March 3, *The Space Between Us*/Umrigar; April 7, *The World's Strongest Librarian*/Hanagarne. For more information contact Barb Sorenson: bsorenson50@gmail.com.

Special Events, Activities, and Trips are offered throughout the year. OLLI members are active and always planning new social events, including our Halloween costume extravaganza, the upcoming holiday luncheon, and a trip to the new Civil Rights museum. See page 18 for more details!

Special Classes - OLLI at Emory is pleased to announce a new partnership with AARP! This winter, AARP will bring its Smart Driver Safety course to OLLI at Emory students. This 6 hour course is broken into two 3 hour sessions. Students are required to attend both 3 hour sessions to complete the course and receive a certificate. Submitting the certificate to your insurance company may result in a up to 10% reduction on your insurance premiums! See page 18 for more details!

**You must call to register before January 10: 404-727-6000 (select option 2).**

Volunteer! Help us build our future and have fun doing it! Volunteering is a great way to apply or develop your skills, create new friendships and make important contributions. Choose from the following committees: Curriculum, Membership, Events, Hospitality, and Fundraising by emailing: olliemory@gmail.com.
PARKING
FREE parking is available to OLLI members in the covered parking deck across from building 12. Please enter the deck from the side entrance to access multiple levels of parking.
Note: Parking on a higher deck closest to the elevator requires the least amount of walking.

CLASS DATES
Winter Quarter 2015
January 13-March 5
Spring Quarter 2015
April 7-May 28
Summer Quarter 2015
July 7-August 13
Fall Quarter 2015
September 15-November 5

LOCATIONS
Main Location: 12 Executive Park Dr. NE Atlanta, GA 30329 (ece.emory.edu/EP12)
Dance 101: 2480 Briarcliff Rd NE #11, Atlanta, GA 30329
Hallmark: 650 Phipps Blvd. Atlanta, GA 30326
Lenbrook: 3747 Peachtree Rd. NE, Atlanta, GA 30319
Park Springs: 500 Springhouse Cir, Stone Mountain, GA 30087
Renaissance on Peachtree: 3755 Peachtree Rd NE, Atlanta, GA 30319

CONTACT US
Program Manager, Jessica Wilson:
jessica.wilson2@emory.edu

Program Coordinator, Heather Bedillion:
heather.bedillion@emory.edu

OLLI Website Address:
www.olli.emory.edu

OLLI COMMITTEES & CHAIRS
Curriculum Chair: Pat Miller
Fundraising Chairs: Jack Balser, Bill Dyke
Membership/Volunteer
Chairs: Pat Miller, Jan Hackney
Events/Activities Chair: Judy Sutter
Hospitality/Special Interest Chair: Joy Berry

Want to Volunteer with an OLLI Committee?
Email: olliemory@gmail.com

MEMBERSHIP RATES 2015
Enroll in the membership that fits your lifestyle!
Sampler: $49 (single class)
Bronze: $85 (two classes)
Silver: $105 (three classes)
Gold: $125 (four classes)
Platinum: $140 (five classes)
Diamond: $156 (six classes)
*Each class above 6 is $23/class.

ADDITIONAL FEES
Instructor fees: These nominal fees help compensate our professional instructors currently receiving payment for teaching courses outside of OLLI at Emory.
Supply fees: Required for some classes.
Note: While no refunds can be issued, OLLI students may transfer to another OLLI course within a quarter, but not between quarters.

REGISTRATION
See page 18 for online registration instructions.

“Tis the season…to give the gift of OLLI!”
Gift your loved one, friend, relative, or neighbor with classes at OLLI! Call: 404-727-6000 (select option 2) to purchase an OLLI gift certificate today!

Register today: olli.emory.edu | 404-727-6000
**MONDAY AFTERNOON:**

2:00-3:00PM
Big Band Ballroom (Tolentino)
* See pg. 15, *Movement Classes at Dance 101*

**TUESDAY MORNING:**

10:00-11:00AM
Jewish Perspectives on Everyday Medical Dilemmas (Sollish)
Dynamic Duos (Pillans)
Fictional History, Historical Fiction (Benario)
Yerkes Research (Newbern)
The Life & Music of Richard Rodgers (Allen)
The Rise of Europe and the Colonial Empires (Bertera)

10:00AM-12:20PM
Basic Computing for PC (Gray)

11:15AM-12:15PM
Gentle Yoga and Meditation (Zoller)
* See pg. 15, *Movement Classes at Dance 101*
History of Psychology Part II (Zeiler)
A Compassionate God (Depasquale, Glustrom)
Death: Some Questions (May)
History of New York City 1624-Present (Baird)
Enhancing Observation and Creativity (Huntington)

11:15AM-1:00PM
Neurobics + NLP (Vardis)

**TUESDAY AFTERNOON:**

12:30-1:30PM
Tai Chi (Meisner)
* See pg. 15, *Movement Classes at Dance 101*

**WEDNESDAY MORNING:**

10:00-11:00AM
Older Can Be Funnier (Gruber, Niemann)
Music As Lifelong Practice (Yang Temko)
Film and the Atlanta Film Festival (Escobar, Depasquale)
Short History of English Language (Bugge)
Jerusalem (Parks)
The 60s: Decade Changed World (Stanhope, Whiteman)

**TUESDAY AFTERNOON:**

1:15-2:15PM
Great Screwball Comedy (Fine)
The Atlanta Beltline Project (Bigham)
Contemporary Conversations for Women (Manulkin)
Learn to Get Published (Taylor)

1:15-3:15PM
History & Evolution of Jazz (Barbour)

1:15-3:15PM
(TUESDAY & THURSDAY)
Intro to Technology Series (Gasparrini)
* See pg. 14 for details

2:30-3:30PM
Country Music in Black Culture (Foster)
Great American Heroes of WWII (Berry, Sykes Slover)
Introduction to Decathlon Life (Dyke)
Life Stories (Bennett)

**TUESDAY AFTERNOON:**

10:00-12:20PM
Learn Google & Chrome Apps (Gray)
WEDNESDAY MORNING:

11:15AM-12:15PM
Improv for Humor (Drake)
French II (Lambros)
Jazz Appreciation (Lind)
Persian Miniature Painting (Fletcher)
Creative Writing (Appelrouth)

WEDNESDAY AFTERNOON:

1:15-2:15PM
Understanding Cultural Diff. (Lambros)
HIV/AIDS & Sexuality in Seniors (Glassman)
Personal Style & Communication (Edwards)

1:15-2:45PM
Emotional Intelligence (EQ) (Miller)

1:30-2:30PM
Nia Technique (Bramlett)
* See pg. 15, Movement Classes at Dance 101

2:30-3:30PM
Basic Principles of Cuisine (Van Driel)
Classic Broadway Lyricists (Allen)
Art of Happiness (Clements)

THURSDAY MORNING:

10:00-11:00AM
Elementary Persian (Hejaziniak)
Psychology of the Stock Market (Firestone)
Fact or Fiction (Lathrop)
America’s Singing Sweethearts (Carrillo)
Sight & Sound Part III (Cohen)
The Men’s Room (Garcia)

THURSDAY MORNING:

11:15AM-12:15PM
History of Islam (Sahin)
Great Decisions 2015 (Carew, Maddrey)
Shakespeare in Medicine (Spector)
Presidents of the 1840s & 1850s (Evans)
Learn to Read Hebrew II (Miller)
Honoring our Ancestors (Foster)

THURSDAY AFTERNOON:

12:30-1:30PM
Musical Theater (Aponte)
* See pg. 15, Movement Classes at Dance 101

1:15-2:15PM
Improv II (Drake)
The Future of Medicine (Leggett, Shorenstein)
Ageless Grace (Bramlett)

1:15-3:15PM
(TUESDAY & THURSDAY)
Intro to Technology Series (Gasparrini)
* See pg. 14 for details

2:30-3:30PM
Chest Surgery (Mansour)
Geography for Explorers, Travelers, & Curious (Kingsbury)

2:30-3:45PM
Yoga & Pranayama (Lee)
* See pg. 15, Movement Classes at Dance 101
MONDAYS: JANUARY 12-MARCH 2
2:00-3:00PM

Big Band Ballroom
Instructor: Robert Tolentino, Ballroom Professional
* See pg. 15, Movement Classes at Dance 1

TUESDAYS: JANUARY 13-MARCH 3
10:00-11:00AM

Life in the Balance: Jewish Perspectives on Everyday Medical Dilemmas
(6 sessions: Jan 13-Feb 17)
Instructor: Rabbi Ari Sollish
Modern medicine has brought us near-miracles -- as well as some of the most difficult decisions we'll ever have to face. Are we obliged to prolong life even at the cost of terrible suffering? Should we legalize the sale of organs, such as kidneys, to save the lives of transplant patients? When it seems that every available option is morally questionable, how do we decide? The Torah and the Talmud are not silent about such matters, and this course will show you what they have to say. We'll discuss actual case studies, examining many possible viewpoints as we come to grips with the issue that matters most: What kind of action — or inaction — should we take? Supply fee: $21.50 (course booklet).

Yerkes Research: Advancing Science and Improving Health
Organizer: Lisa Newbern
The Yerkes National Primate Research Center conducts essential basic science and translational research to advance scientific understanding and to improve human and animal health. Yerkes researchers will present their latest scientific findings and explain how their basic research in the lab is critical to the care you receive from your healthcare providers.

Out of His Dreams: The Life and Music of Richard Rodgers
Instructor: William Allen, MA, MPhil, MLn
Richard Rodgers was the most successful composer of Broadway songs and musicals of the last century, from his early collaboration with Lorenz Hart (Blue Moon, Where or When, My Funny Valentine) to his celebrated musical plays with Oscar Hammerstein II (Oklahoma!, South Pacific, The Sound of Music) and his lesser-known later work with the likes of Stephen Sondheim and Sheldon Harnick. Join us for what should be a memorable and exhilarating ride.

Bill wrote a 500 page dissertation on British lyricist and librettist W. S. Gilbert (Gilbert & Sullivan) to obtain his advanced degree from the University of London.

The Rise of Europe and the Colonial Empires in XIV, XV, XVI, XVII
Instructor: Esteban Bertera, BA Chemistry, PhD Chemistry and Mathematical Statistics
Starting ca. 1300, we will follow the rise of the new Atlantic economies and the beginnings of the Colonial Empires. We will look at the core reasons and drivers for this expansion in both economic and demographic terms, and will follow the evolution of each one of the protagonists in this spectacular process including Portugal, Spain, Holland and England. Esteban is a retired professional chemist and has been passionate about history since he was a teenager. He strongly favors the economic interpretation of history.

TUESDAYS JANUARY 13-MARCH 3
10:00AM-12:20PM
Basic Computing for PC Users
(4 sessions: Jan 13, 20, 27, Feb 3)
Instructor: Denis Gray, MEd, Technology Support
Eliminate the mystery of the computer! This is not a traditional
course, but a relaxed environment with professional
assistance. Get your computer questions answered while you
learn email, the Internet, and software programs. All levels
welcome but some experience with using a mouse and keyboard
preferred. **Instructor fee: $40. Limit 20 students.**
Denis has extensive experience in adult training and education, including
working as a Technology Support Teacher providing training and technology
support to high school teachers.

**TUESDAYS:**
**JANUARY 13-MARCH 3**
11:15AM-12:15PM

Gentle Yoga & Meditation
Instructor: Susan Zoller, MEd
* See pg. 15, Movement Classes at Dance 101

Neurobics + NLP= Powerful Strategies and Young Brains
(11:15am-1:00pm)
Instructor: Harry Vardis, BS Math, MS Industrial Psychology
Neurobics is the art of keeping your brain young. NLP
(Neurolinguistic Programming) helps understand human
communications. Together they make you a powerhouse.
*Harry is the Director of the Center for Innovation and Creativity at Kennesaw State University.*

History of Psychology Part II
Instructor: Michael Zeiler, PhD, Charles Howard Candler
Professor of Psychology Emeritus, Emory University
This course traces the development of psychology as a natural
science. Psychology continues to be a field of continual change
and development, and has taken many forms while adopting
different definitions. Various conceptual issues dictated the
nature of psychology, and these led to the development of
systematic approaches to the field. This history shows where
psychology has been, why it was what it was and why it changed,
and where it is now. The focus of Part 2 of this course is on the
development of the science of behavior.
*Dr. Zeiler’s primary research area was in learning processes in both humans
and non-humans.*

A Compassionate God
Organizers: Sal Depasquale, MCJ, MBA, Vietnam Veteran; Pam Glustrom, BSEd, MEd Special Education
The characteristics of God have evolved over thousands of years
dating back to antiquity. In some periods, God is characterized
as vengeful, jealous and punishing. In the contemporary period,
God is characterized as loving, forgiving and compassionate. We
will focus on compassion, examining how various faiths relate
to God and the role that compassion plays within communities.
*Sal has a strong focus in history to identify the underlying roots of
contemporary conflicts. Since 2006, Pam has volunteered with a number of
non-profit organizations.*

Death: Some Questions
Instructor: Dan May, PhD Biology
Is death bad? Is it to be feared? Why is this topic so often
avoided? Is there any way in which we “survive” our deaths?
How do various cultures dispose of their dead? Honor and
memorialize them? How does the fact of our eventual death
influence how we live? These and many other questions will
be addressed in class sessions and assigned readings, and will
provoke much class discussion.
*Dan May is a former college biology professor and epidemiologist at CDC.*

History of New York City, 1624-Present
Instructor: Joe Baird, JD
All aspects of the unique history of New York City will be
examined from its beginnings as a remote Dutch trading outpost
to its emergence as the commercial, financial, and cultural capital
of the United States, if not the world. Many fascinating New
Yorkers will be discussed including Alexander Hamilton, Dewitt
Clinton, Boss Tweed, Walt Whitman, Robert Moses, Lucky
Luciano, Fiorello LaGuardia, and Rudy Guiliani.
*Joe is a graduate of Emory Law and a retired Administrative Law Judge.
He has a special interest in teaching history and literature.*

Enhancing Observation and Creativity
Instructor: Emily Huntington, BA Fashion and Interior
Design, Retail Management
Through the use of fun, hands-on exercises taken from art,
photography, and Chinese brush painting, we will introduce
opportunities to expand connections between your left and
right brain. We will also explore other cultures’ ways of viewing
beauty. Bring an attitude of openness, your life experiences, and
an eraser if you must!
*Emily has 30+ years of experience as a designer and business owner.*
TUESDAYS: JANUARY 13-MARCH 3
12:30-1:30PM

T’ai Chi
Instructor: Harvey Meisner, Certified Tai Chi and Qi Gong
instructor
* See pg. 15, Movement Classes at Dance 101

TUESDAYS: JANUARY 13-MARCH 3
1:15-2:15PM

Great Screwball Comedy
Instructor: Saralee Fine, BS, MA
What better way to squelch winter’s wet and cold than with
laughter? Throw in romance and sexual innuendo for spice. Much
Ado About Nothing by William Shakespeare and The Importance
of Being Earnest by Oscar Wilde are deft and delightful. Please
read Much Ado About Nothing before class!
Saralee teaches at Oglethorpe and Kennesaw State.

The Atlanta BeltLine Project and Streetcars
in Atlanta
Instructor: Lucy W. Bigham, BA, MPA
The Atlanta BeltLine is is a sustainable redevelopment project
slated to provide a network of public parks, multi-use trails and
modern streetcar transit along a historic 22-mile railroad corridor
circling downtown and connecting many neighborhoods. The
class will cover BeltLine history, project updates, and long-range
plans, and will also touch on the history and future of streetcars
in Atlanta. The class will culminate with a three hour tour of
the BeltLine.

The History and Evolution of Jazz
(6 sessions: Jan 13-Feb 17 / 1:15-3:15pm)
Instructor: Glenn Barbour, PhD, Ethnomusicology and Music
Education
Explore Jazz from African-American and European cultural
perspectives. We will demonstrate how these cultures helped
develop a uniquely American musical art form now globally
appreciated and performed. Though mainly a history course,
some theory (musical terms, techniques, etc.) will be incorporated
along with musical examples. Instructor fee: $40. Minimum
10 students.
Glenn is a professional woodwindist, Jazz, R&B and Blues consultant,
and worked with Ike and Tina Turner.

Contemporary Conversations for Women
Instructor: Judie Manulkin, MS, Education; PhD, Clinical
Sexology
Women are incredible in their ability to transit grow with life’s
demands, and shift and accept the possibilities presented to
them. Come and explore that full range of thoughts, feelings
and behaviors that seem to be distinctly female. Intimate and
candid dialogue will focus on vibrant possibilities in the areas of
relationship, independence, money, communications, sexuality,
the self, and changes in life. Your thinking and awareness will
profoundly affect the quality of your life.
Judie is a clinical sexologist, facilitator, lecturer and communication
specialist.

Learn to Get Published
(6 sessions: Jan 13-Feb 17)
Instructor: James Taylor, BA, Philosophy; MLS Emory
University
Learn how the world of books has changed in only the last
ten years: eBooks, traditional publishing, self-publishing, and
publishing-on-demand. This class is perfect for students enrolled
in Life Stories (Tuesdays 2:30pm) and Creative Writing: Fun and
Personal (Wednesdays 11:15am) who have a manuscript to work
with!
James was a professional librarian and host of television show: “Writers-
in-Focus” for 30+ years.

TUESDAYS & THURSDAYS: JANUARY 13-MARCH 5
1:15-3:15PM

Introduction to Technology Series
Instructor: Dan Gasparrini, EdS, MS, RN
*See pg. 14, Intro to Technology Series

TUESDAYS: JANUARY 13-MARCH 3
2:30-3:30PM

Country Music in Black Culture
Instructor: Pamela Foster, BA, Journalism
Come get an overview of the history of black people in country
music, including music samples and discussion of the Country
Music Television documentary on the subject: Waiting in the
Wings. Participants will learn how to research the country music
heritage in black culture and specifically in their own families.
Pamela authored articles, speeches, books, and a catalog of country songs.
Great American Heroes of World War II
Instructors: Jill Berry and Jade Sykes Slover, Information Chairman for Atlanta WWII Round Table
Organized by the WWII round table, local veterans and representatives of deceased veterans will relate their personal war stories and oral histories with the class in hour-long sessions.

An Introduction to the Decathlon Life
Instructor: William Dyke, MBA, Retired Officer United States Air Force
The *Decathlon Life* offers tools the retiree can use to make their life more meaningful and energizing, noting that retirement should be a beginning -- not an end. Topics for discussion: choosing a commitment, creating a strong start, discovering and leveraging your personal strengths, extending your boundaries, being inspired and inspiring others. **Supply fee: $20 (book).**
Limit 16 students.
*William Dyke is the co-author of the book Decathlon Life and business convention speaker with 20+ years of experience providing management development, marketing, consulting, coaching and training services.*

Life Stories
Instructors: Marty Bennett, MA, Education; MS, Int’l Politics/Russian Studies, BS, Aeronautical Engineering -US Air Force Academy
Gift your kids, grandkids and friends with a slice of your life! In a supporting environment, we will discuss, choose and write one or several short life stories. The process will be fun as we live through these events again, recalling and writing the details -- and even more fun when you see the reactions of those who read your story. This class will show examples of others’ writing, demonstrate the process, help you select stories and join you in editing and revising until you say exactly what you want to say. **Marty taught high school English for 20 years in Fairfax, VA. He also spent 22 years writing, editing and teaching report writing to defense department intelligence officers.**

**WEDNESDAYS:** JANUARY 14-MARCH 4
10:00-11:00AM

Older Can Be Funnier
Instructor: Ellen Gruber, Professor Emeritus, Licensed Marriage and Family Therapist, Professional Counselor, and Group Psychotherapist and Cassi Niemann, AIA
Soften the experience of aging through developing an appreciation and sense of humor -- current research shows humor and laughter keep us healthy. We will explore the benefits of humor in order to reframe your approach to seeing the world, and encourage new positive ideas about aging, humor, happiness, and creativity. Our multimedia class will include lecture, articles, videos and tapes of comedians and TV excerpts, quotes, humorous poetry and talks by older celebrities. Let’s talk and laugh about it all together!
*Ellen has presented hundreds of conference workshops in the area of education and psychology throughout the US and Europe.*

Music as Lifelong Practice
Instructor: Dr. Wanda Yang Temko, BA, Emory University; M.Mus., Georgia State University; Doctor of Music, Indiana University
Music is a universal language, transcending boundaries with the power to soothe, uplift, and inspire. Led by some of the finest musicians and educators in Atlanta, you will be listening to, learning about, and making music in fun and innovative ways. Classes will be accompanied by live performances, with singers or instrumental musicians; other classes will have taped selections to promote interaction through movement.

Film and the Atlanta Film Festival
Instructor: Chris Escobar, MA, Moving Image Studies, Executive Director ATL 365, Atlanta Film Festival; Sal Depasquale, MCJ, MBA, Vietnam Veteran
Atlanta has become a serious film production city and the Atlanta Film Festival has earned national recognition, featuring independent films from across the globe. This class will provide a behind the scenes view of organizing an international film festival, including selection of films and the logistics that make it all happen, as well as insight into independent films.
*Christopher has background as a filmmaker and live-event producer. He has told Atlanta’s story through signature events such as the Peach Drop and Lighting of the Macy’s Tree.*

A Short History of the English Language
Instructor: John Bugge, PhD, English
The history of English from its origins in the West Germanic branch of Indo-European to the present, with particular emphasis on literary exemplars of Old, Middle, and Early Modern English, and on North American regional dialects.
*John is a Professor Emeritus of English and the Chair of the Executive Committee of the Emory University Emeritus College.*
Jerusalem
Instructor: Bert and Jill Parks
Jerusalem is the universal city, the capital of two peoples, the shrine of three faiths; it is the prize of empires, the site of Judgment Day and the battlefield of today’s clash of civilizations. From King David to the 21st century, from the birth of Judaism, Christianity, and Islam to the Israel-Palestine conflict, this is the epic history of three thousand years of faith, slaughter, fanaticism, and coexistence. We will be using Simon Sebag Montefiore’s book, Jerusalem, as well as exciting video, bringing the holy city to life, through the people who created and destroyed it—from Herod, Cleopatra and Nero to Churchill, Rasputin and Truman.

Bert taught English at NYU, GSU, and Morehouse College.

The 60’s: The Decade that Changed the World
Instructor: Bill Stanhope and Mary Walton Whiteman
How we went from “We like Ike” to “Hey, hey, LBJ, how many kids you kill today?” A decade of hope, sorrow and conflict. Societal changes: sex, drugs, and rock n’ roll. The pill, civil rights and the women’s movement…1970 was a far different world than 1960.

Bill is an adjunct professor in the Institute for Biosecurity and Disaster Preparedness at the Saint Louis University School of Public Health; Mary is a retired magistrate judge who came of age in the 60’s.

WEDNESDAYS: JANUARY 14-MARCH 4
11:15AM-12:15PM

Improv for Humor and Creative Thinking
Instructor: Robert Drake, Artistic Director at the Academy Theater
Want to learn how to think more quickly on your feet while conquering your fear of public speaking? Improvisation is the key! We have a great time and also build key skills to interact with people both on stage and in real life. Instructor fee: $20. Limit 15 students.

French II
Instructor: Anna Lambros, MA, PhD, French, Multilingual/Multicultural Education
As the second in a three-part series, we will introduce students into the skills of listening, speaking, reading and writing in French and to the culture of French-speaking regions of the world. Fundamentals of grammar and vocabulary acquisition will be built using everyday situations which may arise while visiting or living in France. Anna received her PhD from Princeton University as an Advanced Placement Reader of French.

WEDNESDAYS: JANUARY 14-MARCH 4
10:00AM-12:20PM

Learn Google and Chrome Apps
(4 sessions: Jan 14, 21, 28, Feb 4)
Instructor: Denis Gray, MEd, Technology Support
Most computing activities are becoming web-based; the goal of this class is to make students aware of apps giving them alternative and cheaper options to their computing needs. The class will focus in on Chrome Browser applications, Google account applications and explore the viability of Google's operating system: Chromebooks. It's a no pressure environment with lots of questions asked and answered. Instructor fee: $40. Limit 20 students.

Denis has extensive experience in adult training and education, including working as a Technology Support Teacher providing training and technology support to high school teachers.

Jazz Appreciation
Instructor: Alan Lind
Jazz is the only original American art form, with a robust and varied history -- and musicians who continue to build on the original musical foundation. What separates Jazz from other musical forms? Where did it originate and how has it developed over time? So much music…so little time!

Alan has spent more than 60 years attending jazz performances. His jazz library consists of 200+ books and 7500+ albums (~78,000 songs)!

Exploring the World of Persian Miniature Painting II
Instructor: Bill Fletcher, MA and Dorothy Fletcher, MA, BA
We will continue the exploration of Persian manuscript painting from the 14th through the 17th centuries, examining the transition from a diverse number of styles to a “classical” format. Other topics will include: Persian material culture, the portrayal of women, heroes of the Persian Book of Kings, and illustrations of famous romances. Connections between Persian and Mughal/Ottoman painting will also be discussed. Participation in the previous course is not a prerequisite.

Bill taught German language and literature at Emory for five years. Dorothy is a senior lecturer Emerita in the Art History Department of Emory University.
Creative Writing: Fun and Personal  
Instructor: Arlene Appelrouth, BA News/Editorial Journalism  
You don’t have to aspire to write a blockbuster to enjoy putting your stories on paper. As a workshop, each class will consist of timed writing exercises and the opportunity to share what you’ve written. Your writing will not be judged. Writing is good for you - body and soul, emotionally and physically. Bring your favorite pen and a spiral notebook, or your laptop.  
_Arlene is a free-lance writer and a regular columnist for the Atlanta Jewish Times. Her column, “According to Arlene” is published every other week._

**WEDNESDAYS: JANUARY 14-MARCH 4 1:15-2:15PM**

Understanding Cultural Differences  
Instructor: Anna Lambros, MA, PhD, French, Multilingual/Multicultural Education  
Knowledge of the world’s languages and cultures is vital; we must be able to communicate effectively while appreciating, understanding and working within the framework of other cultures. Participants will obtain tools for developing intercultural skills as well as concrete, creative ideas in order to understand the Germans, the Greeks and the French.  
_Anna Lambros is a native Greek with 30 years of teaching experience._

**WEDNESDAYS: JANUARY 14-MARCH 4 1:30-2:30PM**

HIV/AIDS and Human Sexuality Among Seniors: Yes, They Do Exist!  
Instructor: Marlene Glassman, PhD, MSW  
Class will include information and discussion on HIV/AIDS prevention, testing, and treatment, sexually transmitted diseases, and issues in human sexuality among men and women over 50.  
_Marlene is a retired health scientist from the CDC’s division of HIV/AIDS prevention._

**WEDNESDAYS: JANUARY 14-MARCH 4 2:30-3:30PM**

Basic Principles of Classic and Modern Cuisine  
Instructor: Hank Van Driel, Executive Chef, Culinologist  
_How to cook practically anything! Supply fee: $10 (ingredients and cooking supplies).  
Hank served as an R & D Manager at Nestle._

The Art of The Classic Broadway Lyricists: Innovation and Sentiment  
Instructor: William Allen, MA, MPhil, MLn  
This course is one in a series of courses on the art of the classic Broadway lyricists (1900-1965). We will look at the work of five great lyrical pioneers: George M. Cohan, Irving Berlin, Otto Harbach, Lorenz Hart and Oscar Hammerstein II. We will note the role emotion and sentiment played in their work and how the 4 R’s of the lyricist’s art -- Rhyme, Rhythm, Repetition, Reason -- are evident in the construction of their lyrics. Come
listen, learn, and lyrically enjoy!

Bill wrote a 500 page dissertation on British lyricist and librettist W. S. Gilbert (Gilbert & Sullivan) to obtain his advanced degree from the University of London.

The Art of Happiness through Harmonizing of the Body, Mind and Spirit
Instructor: Suzette Clements, BS, Nursing; Doctor of Podiatric Medicine, Certified Health Coach

Via interactive teaching, individuals will gain clarity -- a baseline of where they are right now and what mindset, behaviors and habits are required to successfully create a happy and healthy life. Areas of focus will include: diets and weight loss, superfoods to heal, refresh, revitalize and re-hydrate your organs, sleep issues, light and sound frequency impact on mood, as well as treatments that prevent and even reverse the effects of premature aging.

Supply fee: $40 (art supplies, pamphlet, and book).

Suzette founded Flat Shoals Foot & Ankle Center, where she focuses on the 'Whole Person' Body, Mind and Spirit.

THURSDAYS:
JANUARY 15–MARCH 5
10:00-11:00AM

Elementary Persian I
Instructor: Ehteram Hejaziniak, BA English, Literature; Certification of Cardiovascular Sonography

First in a series of courses that develops speaking, writing, reading, and comprehension of modern Persian as it is used in Iran.

Ehteram volunteers as a translator from English to Farsi at the Fulton County Senior Center.

Psychology of the Stock Market
Instructor: Stanford Firestone, BBA Finance, Emory University

General discussion of emotions and their influence on making market decisions i.e. fear, greed, etc.

Stanford currently works for Morgan Stanley and served as an Account Executive with E. F. Hutton.

Fact or Fiction
Instructor: Leeann Lathrop, Teacher, Advertising Coordinator, and Business Owner

This class will examine myths we grew up with. Bring your favorite myths and we will explore… who knows what we may discover. Is it possible that we still believe them?

Leeann worked as an Advertising Coordinator for a large real estate firm and as a bookkeeper.

America’s Singing Sweethearts: Jeanette MacDonald & Nelson Eddy (1935-1942)
Instructor: Dorothy Carrillo, BA, MSW, PhD Social Work

Jeanette MacDonald and Nelson Eddy charmed America in the 1930’s and 40’s with their exciting on-screen chemistry and glorious singing voices. This course will highlight eight of their movies, time-honored duets, and the back story of their collaboration.

Dr. Carrillo has practiced social work for more than 25 years with experience in the fields of medical and school social work, group work, substance abuse and family therapy.

Sight and Sound Part III: The Intersection of Art, Artist, and Music
Instructor: Howard Cohen, BA, MA

Using colorful videos, we will explore the great works from some of the world’s most beloved artists: Velazquez, Goya, Picasso, Caravaggio, Michelangelo, The Impressionists, Francis Bacon, Jackson Pollock and others. Great architectural works will also be featured. Each video will be accompanied by music appropriate to the artist, and a brief history of many of the artists will be provided. Sight and Sound Parts I & II are NOT a prerequisite.

Howard has 35 years of experience in the music industry. He taught music at the American School in Rio De Janeiro and was owner of an international records and music company.

The Men’s Room: Life Through A Man’s Perspective
Instructor: Ed Garcia, MA, CSW

Hugh Prather is quoted as saying, “Just when I think I have learned the way to live, life changes.” Rapid changes of recent decades have created drastic differences regarding the perception of roles, images, and expectations related to the concept of manhood. Come explore how these life changes have impacted values, feelings and behaviors. Limit 25 students.

Ed is the former Director of Training at the Albert Ellis Institute.

THURSDAYS:
JANUARY 15–MARCH 5
11:15AM-12:15PM

History of Islam and Muslim Societies Part III: Introduction to the Modern Middle East
Instructor: Mustafa Sahin, PhD, International Relations

This course will introduce participants to the Modern Middle East. Specific focus will be given to the interaction of religion
and politics, with country cases including Turkey, Iran, Egypt, Saudi Arabia and Israel. Suggested reading: *Religion and Politics in the Middle East: Identity, Ideology, Institutions, and Attitudes* by Robert D. Lee.

Dr. Sahin is the Director of Academic Affairs at Istanbul Center; his dissertation focused on the Turkish-Islamic social movements.

**Great Decisions 2015**
Instructors: Jack Carew and Charles Maddrey
Great Decisions is an eight week course examining six critical international political issues: Russia and the Near Abroad; Sectarianism in the Middle East; India Changes Courses; U.S. Policy Toward Africa; Syria’s Refugee Crisis; and Brazil’s Metamorphosis. Additionally, Privacy in the Digital Age and Human Trafficking will be discussed. Great Decisions is the brainchild of the Foreign Policy Association, and is in its 97th year.

Jack served as Vice President of Planning for Coca-Cola Enterprises.

**Shakespeare in Medicine**
Instructor: Robert Spector, MD
Shakespeare's descriptions of medical symptoms and signs cover a span of illnesses, including psychiatric disorders, venereal and other infectious diseases, pregnancy, sex, conception, puberty, menopause, aging, death, dementia, and the five senses – as well as medicine as both an honorable and dishonorable profession of the day. Many of his characters were poisoned -- by examining symptoms, we will figure out the exact substance that was administered.

Robert was recruited by Emory University in 1978 to develop a new subspecialty referral service called Neuro-Ophthalmology.

**Presidents of the 1840s and 1850s**
Instructor: John Evans
During these two decades, five presidents were elected; two died in office; two vice presidents became president; our country expanded to the Pacific Ocean; we fought a war with Mexico; we experienced our nation becoming bitterly divided by the “slavery question”, and more. We will examine and discuss these persons and events in an informal manner.

John served on the Atlanta Board of Education as a teacher and administrator in curriculum development for 30+ years.

**Learn to Read Hebrew Part II**
(6 sessions: Jan 15-Feb 19)
Instructor: Meta Miller, BA Education Judaic Studies/ Hebrew MA, Administration and Supervision
This program is designed for students who have completed the Level I Hebrew Reading Course, or who have previous background in basic Hebrew reading. The Level II course will cover six weeks of reading practice with the specific goal of improving reading skills and fluency. Students will be given the tools needed to identify the various components and nuances of the Hebrew language. **Supply fee: $5 (materials). Prerequisite: Hebrew I.**

Meta has taught Early Childhood Education for more than 25 years and adult Hebrew reading courses for many years.

**Honoring Our Ancestors**
Instructor: Pamela E. Foster, BA, Journalism
This course permits learners to examine various ways that Americans honor their ancestors, including the presentation of ancestral history via PowerPoint presentations, books, quilts, and, most notably, the National Monument to the Forefathers. Learners will consider what attributes they would like to document and preserve, with the opportunity to share how they have honored or plan to honor their ancestors. We will also discuss how class members want to be remembered by descendants, including via legacy foundations, obituaries, epitaphs, funerals, and final resting places.

Pamela authored articles, speeches, books, and a catalog of country songs.

**THURSDAYS:**
**JANUARY 15–MARCH 5**
**12:30-1:30PM**

**Musical Theater**
Instructor: Ricardo Aponte, Musical Theater Choreographer, Veteran Broadway Performer
*See pg 15, Movement Classes at Dance 101

**THURSDAYS:**
**JANUARY 15–MARCH 5**
**1:15-2:15PM**

**Improvisation Part II**
Instructor: Robert Drake, Artistic Director at the Academy Theater
Learn more advanced techniques of improvisation and craft better scenes, stories, and monologues in this highly interactive, performance-driven class that concludes with a performance in front your peers! The focus will be on working more effectively with scene partners to heighten and develop what happens on stage. **Instructor fee: $20. Limit 15 students. Prerequisite: Improvisation Part 1.**
The Future of Medicine  
Instructors: John Leggett and Ronnie Shorenstein  
The course will cover the emerging fields of genetic testing and therapy, regenerative medicine (regenerating or making tissues and organs), and nanomedicine (using sub cellular particles to diagnose and treat disease and immunotherapy). We will discuss clinical trials and approved therapies in these fields for Alzheimer’s Disease, cancer, heart disease and Parkinson’s Disease.  
Ronnie is a retired attorney who tried environment cases at the Justice Department involving medical issues. John is a former database analyst examining data implications.

Ageless Grace®, Fitness for Mind and Body  
Instructor: Sandy Bramlett, MEd  
Based on the cutting-edge science of neuroplasticity, Ageless Grace® exercises consist of 21 exercise ‘tools’ addressing all five areas of the brain, and 21 physical skills needed for optimal lifelong functioning and well-being. Ageless Grace is designed for all ages, shapes, sizes, and fitness levels.  
**Instructor fee: $40.** Note: Students with Medicare supplemental policies that cover Silver Sneakers Flex classes may get their tuition fee refunded. **Minimum 6 students.**  
Sandy is an owner/instructor at a Callanetics Studio. She is a Nia Black Belt Level Instructor and a Chi Walking Instructor.

THURSDAYS: JANUARY 15–MARCH 5  
2:30-3:30PM

All Level Midweek Yoga and Pranayama  
Instructor: Bianca Lee  
*See pg. 15, Movement Classes at Dance 101*

Everything You Want to Know About Chest Surgery But Were Afraid to Ask  
(5 sessions: Jan 15-Feb 12)  
Instructor: Dr. Kamal Mansour, Emory Emeritis Professor, Cardiothoracic surgery  
Everything you want to know about chest surgery but were afraid to ask. Dr. Mansour will talk about his life journey from Egypt to Atlanta, his frequent returns to Egypt for volunteer work, and the exciting field of thoracic surgery. Dr. Mansour was born in Egypt and received his medical training at the Ein Shams University Medical School in Cairo. He was awarded the 2001 Shield of Medicine for being one of the ten most outstanding Egyptian doctors in the world; received the prestigious Emory Medal for distinguished service and notable professional and academic achievement in 2008; was awarded the Southern Thoracic Surgical Association 2010 Inspiration Award in recognition of exceptional efforts in motivating, inspiring and cultivating the clinical and research efforts of upcoming generations of cardiothoracic surgeons (he was only the second physician to receive this award); and was recognized as one of Emory University’s History Makers during Emory’s 175th Anniversary in 2011.

Geography for Explorers, Travelers, and the Curious  
Instructor: Kirk Kingsbury, International Editorial Photographer  
The geography class you should have had in high school. This class will explore the world’s religions and cultures, as well as physical geography and its implications on the world today. Students will set travel goals, take control of their travel “destinies,” and understand that the world is not divided by “safe” and “unsafe” travel destinations. The goal of the class is for students to learn about the world and how to move about freely in it, living on the local economies, without tours or tour guides.  
For more than 25 years Kirk has been intimately involved in worldwide learning as a professional photographer. He brings personal experiences and photographs from more than 35 countries to the classroom.
**INTRODUCTION TO TECHNOLOGY SERIES**

Instructor: Dan Gasparrini, EdS, MS, RN

These courses seek to help older adults learn how to use their own personal device, rather than be taught in a computer lab. Students are asked to bring their own device(s) from home into class and learn how to use them to their satisfaction.

Any devices that have a browser, word processor (of any type), and e-mail capability are appropriate.

All courses in the Technology Series were designed and sequenced to take the beginner from acquiring a new device, connect to the Internet, use e-mail, and learn the browser, in that order.

Each of the courses relies on the content of the previous course, therefore, all courses in sequence have the previous courses as pre-requisites (or equivalent skills and experience).

Courses are taught for 2 hours, 2 times a week, for 2 weeks on Tuesday and Thursday, from 1:15-3:15 PM. **Supply fee: $20 per class.**

**TUESDAYS & THURSDAYS:**

**1:15-3:15PM**

**WHERE [do you want to put it] and WHAT [do you want to call it]**

This workshop will focus on how to retrieve, copy, save, organize, attach and embed data from online sources, as well as from your own camera, or your own music. THIS IS NOT A DIGITAL PHOTOGRAPHY COURSE. It is, rather, how to manage all the photos, music, e-mails, documents, and bookmarks on your local machine or on a Cloud.

**Searching the World Wide Web (WWW)**

The largest service of the Internet is the WWW, providing hours of entertainment, research, and learning – but not knowing where to look can be frustrating. The basics of searching the web will include: keywords, search terms, and operators, with emphasis on healthcare resources credibility. The focus of this introductory course will be finding the fewest number of relevant hits. Bring your wireless device and your curiosity to class.
**MONDAYS:**
**JANUARY 12—MARCH 2**
**2:00-3:00PM**

**Big Band Ballroom**  
**Instructor:** Robert Tolentino, Ballroom Professional  
Learn the basics of Ballroom’s most popular dances -- foxtrot, swing, waltz and tango. Great for beginners and social dancers! With more than 20 years of experience, Robert will have you dancing in no time. **Instructor fee:** $50. **Minimum 12 students.**

**TUESDAYS:**
**JANUARY 13—MARCH 3**
**11:15AM-12:15PM**

**Gentle Yoga & Meditation**  
**Instructor:** Susan Zoller, MEd  
Relax and feel better! Enjoy the benefits of yoga as you learn basic asanas with the help of experienced yoga instructors. You will be guided every step of the way. This class will also incorporate meditation during the last part of class. No prior experience required. **Wear comfortable clothes.**  
Susan studied yoga with Dr. Valerie Wright, Hamsa Yoga Shala

**TUESDAYS:**
**JANUARY 13—MARCH 3**
**12:30-1:30PM**

**T’ai Chi**  
**Instructor:** Harvey Meisner, Certified Tai Chi and Qi Gong instructor  
T’ai Chi is a series of movements designed to open the body while creating strength, balance, and flexibility and improving cardiovascular health. These are gentle, easy yet effective movements that anyone can do, and all special needs are taken into consideration by the instructor. All body types are welcome. **Instructor fee:** $50. **Limit 20 students.**  
Harvey studied and practiced Transcendental Meditation for 30 years.

**WEDNESDAYS:**
**JANUARY 14—MARCH 4**
**1:30-2:30PM**

**Nia Technique**  
**Instructor:** Sandy Bramlett  
Nia (Neuromuscular Integrative Action) blends the fun and playfulness of dance, the precision and power of martial arts, and the peace and relaxation of meditation, and delivers a fitness workout for your heart and soul! You don't have to be anything but ready to let the music move you! Nia's 52 moves are adaptable to all fitness levels, and set to music that invites you to move the way your body was born move - to improve balance, strength, flexibility and agility, all without jumping or jarring movements. **Instructor fee:** $40. **Minimum 6 students.**  
Sandy is a Certified/Licensed Nia Black Belt.

**THURSDAYS:**
**JANUARY 15—MARCH 5**
**12:30-1:30PM**

**Musical Theater**  
**Instructor:** Ricardo Aponte, Musical Theater Choreographer, Veteran Broadway Performer  
Step out of the audience and into your favorite musical - front and center! This beginner level class offers a fun and easy way to learn choreography from your favorite Broadway shows, including West Side Story, Footloose, A Chorus Line, and Chicago. **Instructor fee:** $50. **Minimum 8 students.**  
Ricardo is one of Atlanta’s most accomplished musical theater choreographers.

**THURSDAYS:**
**JANUARY 15—MARCH 5**
**2:30-3:45PM**

**All Level Midweek Yoga and Pranayama**  
**Instructor:** Bianca Lee, BA, MA, MBA  
Yoga Asana (poses), pranayama (control of the breath) and Vinyasa (series of poses coordinated with breath) will be taught to improve physical strength, flexibility and balance. Yoga teaches to be mindful of every part of our body as well as our actions. Practicing yoga can help develop a non-judgmental, compassionate attitude while restoring inner peace and harmony. The goal is for you to leave the class feeling relaxed, empowered, and inspired! **Limit 12 students.**  
Bianca has been studying Yoga for more than two decades in various styles such as Iyengar, Krypalu and Pranakriya and has been teaching Yoga for the last several years.
**OFFSITE CLASSES**

**LENBROOK**
3747 Peachtree Rd. NE, Atlanta, GA 30319  
Phone: 404.233.3000

**Big Band Ballroom**  
Tue, Jan 13-Mar 3 / 11:00AM-12:00PM  
Instructor: Robert Tolentino, Ballroom Professional  
Learn the basics of Ballroom’s most popular dances -- foxtrot, swing, waltz and tango. Great for beginners and social dancers! With more than 20 years of experience, Robert will have you dancing in no time. **Instructor fee: $50. Minimum 12 students.**

**HALLMARK**  
650 Phipps Blvd. Atlanta, GA 30326  
Phone: 404.442.2700

**Great Decisions 2015**  
Wed, Jan 14-Mar 4 / 10:00-11:00AM  
Instructors: Jack Carew and Charles Maddrey  
Great Decisions is an eight week course examining six critical international political issues: Russia and the Near Abroad; Sectarianism in the Middle East; India Changes Courses; U.S. Policy Toward Africa; Syria’s Refugee Crisis; and Brazil’s Metamorphosis. Additionally, Privacy in the Digital Age and Human Trafficking will be discussed. Great Decisions is the brainchild of the Foreign Policy Association, and is in its 97th year.

**PARK SPRINGS**  
500 Springhouse Cir, Stone Mountain, GA 30087  
Phone: 678.684.3300

**Sight and Sound Part III:**  
The Intersection of Art, Artist, and Music  
Wed, Jan 14-Mar 4 / 11:00AM-12:00PM  
Instructor: Howard Cohen, BA, MA  
Using colorful videos, we will explore the great works from some of the world’s most beloved artists: Velazquez, Goya, Picasso, Caravaggio, Michelangelo, The Impressionists, Francis Bacon, Jackson Pollock and others. Great architectural works will also be featured. Each video will be accompanied by music appropriate to the artist, and a brief history of many of the artists will be provided. **Sight and Sound Parts I & II are NOT a prerequisite.**

**RENAISSANCE ON PEACHTREE**  
3755 Peachtree Rd NE, Atlanta, GA 30319  
Phone: 404.237.2323

**Life in the Balance:**  
Jewish Perspectives on Everyday Medical Dilemmas  
Wed, Jan 14-Feb 18 / 1:00-2:00PM  
Instructor: Rabbi Ari Sollish  
Modern medicine has brought us near-miracles -- as well as some of the most difficult decisions we'll ever have to face. Are we obliged to prolong life even at the cost of terrible suffering? Should we legalize the sale of organs, such as kidneys, to save the lives of transplant patients? When it seems that every available option is morally questionable, how do we decide? The Torah and the Talmud are not silent about such matters, and this course will show you what they have to say. We'll discuss actual case studies, examining many possible viewpoints as we come to grips with the issue that matters most: What kind of action — or inaction — should we take?
Olli Winter 2015
Lunch & Learn Schedule

12:15-1:15PM / ROOM 131
Reminder: Bring your own lunch!

Thursday, January 15:
Investigative Reporting
Shawn McIntosh, Deputy Managing Editor, Atlanta Journal Constitution

Thursday, January 22:
A History and Introduction to the Civil & Human Rights Museum
Doug Shipman, CEO

Tuesday, January 27:
Experiences of a Mountain Climber: Molecules/Mobiles/Mountains
Albert Padwa, PhD, Professor Emeritus, Dept. of Chemistry, Emory University

Thursday, February 12:
View from the Bottom: Access to Kidney Transplantation in Georgia
Rachel Patzer, PhD, MPH, Emory Researcher/Asst. Prof. Dept of Surgery-Transplant
Stephen Pastan, MD-Medical Director, Emory Kidney Transplant Program, Assoc. Prof. Emory School of Medicine

Tuesday, February 17:
Wellness Stick-to-it-vity
Charles Williams, PhD

Thursday, February 26:
A Man For All Seasons
Jeff Hullinger, WXIA – TV

Thursday, March 5:
Reflections on 3 Decades in Atlanta Radio
Steve Goss, WABE
**SPECIAL EVENTS**

**OLLI Holiday Luncheon**
Thu, Dec 4 / 11:30AM
Location: The Renaissance on Peachtree, 3755 Peachtree Rd NE, Atlanta, GA 30319
Valet parking available. Space is limited – sign up today!
Cost: TBD. You must register by November 25th online or call: 404-727-6000 (option 2).

**Civil Rights Museum Trip**
Mon, Jan 26 / 10:30AM
Join OLLI members and visit the National Center for Civil and Human Rights in downtown Atlanta. The NCCHR is an engaging cultural attraction that connects the American Civil Rights Movement to today’s Global Human Rights Movements. Cost: $11. Limit 30 students. You must register by Jan. 23rd online or call: 404-727-6000 (option 2).

**SPECIAL COURSE OFFERINGS**

**AARP Driver Safety: Smart Driver**
Wed, Jan 14-Jan 21 / 1:15-4:30PM
Smart Driver is a 6 hour course broken into two 3 hour sessions. Students are required to attend all sessions to complete the course. AARP’s Driver Safety is the nation’s first and largest course especially designed for drivers aged 50 and older, addressing age-related physical changes that can affect our driving ability and provides compensating techniques for use in the driving environment. More importantly, the Driver Safety class helps participants identify individual problem areas, which helps to improve their own driving behavior. Completing this course and submitting your certificate to your insurance company may result in a reduction of up to 10% in your insurance premiums! Course fee: $20.00. (Note: AARP members receive a $5.00 discount; please use promo code AARP2015 when registering online or by phone). Please register by January 10 by calling 404-727-6000 (option 2).

**REGISTRATION**
Visit olli.emory.edu or call 404-727-6000 (select option 2).

1. Go to olli.emory.edu and click on course catalog (classes are alphabetized).
2. Click on the class name (i.e. Gentle Yoga) and then click register.
3. Click add to cart. To add more classes from the list, click the back button (←) at the top left of the screen.
4. After adding courses, click check out.
5. Log in using previously created account or create a new account (if necessary, click forgot my password)
6. Click make payment, follow prompts to pay.
7. Click success to display the confirmation page.
8. Click continue to receive a confirmation receipt via email.

Note: Membership discounts will not appear until you click check out!