



# February 2016

# LPS Elementary Lunch Menu

**Student Lunch Price:**  
\$2.70

**Adult Lunch Price:**  
\$3.75

**Milk Price:**  
\$0.65

## LPS SPECIAL MENU

### February 12

### Valentine's Day

Enjoy a homemade brownie with the purchase of a school lunch!

**Menu subject to change based on product availability.**

*If you need to contact the Nutrition Services office, please call (303) 347-3360.*



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> • Penne with Meatballs • Pork Egg Roll • Bagel with Cheese	<b>2</b> • Crispy Chicken Sandwich • Turkey Roast & Gravy with Harvest Bread • Chicken Caesar Salad	<b>3</b> • PIZZA DAY • Yogurt with Muffin • Bagel with Cheese	<b>4</b> • Creamy Mac & Cheese with Harvest Bread • BBQ Chicken Sandwich • Chicken Caesar Salad	<b>5</b> • Pig in a Blanket • Taco Salad with Harvest Bread • Bagel with Cheese
<b>8</b> • Orange Chicken Rice Bowl • Pizza Pocket • Bagel w/ Cheese	<b>9</b> • Cheese Ravioli with Harvest Bread • Ham & Cheese Sandwich • Chef Salad	<b>10</b> • PIZZA DAY • Yogurt with Muffin • Bagel with Cheese	<b>11</b> • Fiesta Burrito • Chicken Nuggets with Harvest Bread • Chef Salad	<b>12</b> • Straw Hat • Ultimate Fish Sticks with Harvest Bread • Bagel w/ Cheese
<b>15</b> <b>NO SCHOOL</b>	<b>16</b> • Chicken Burrito Bowl • Hamburger • Chicken Caesar Salad	<b>17</b> • PIZZA DAY • Yogurt with Muffin • Bagel with Cheese	<b>18</b> • Grilled Cheese • Beef Tacos • Chicken Caesar Salad	<b>19</b> • Corn Dog • Italian Meatball Sub • Bagel with Cheese
<b>22</b> • Chicken Nachos • Bosco Sticks • Bagel with Cheese	<b>23</b> • Homemade Lasagna with Harvest Bread • French Toast Sticks & Sausage • Chef Salad	<b>24</b> • PIZZA DAY • Yogurt with Muffin • Bagel with Cheese	<b>25</b> • Chili con Carne with Cinnamon Roll • Chicken Tenders with Cinnamon Roll • Chef Salad	<b>26</b> • Teriyaki Chicken • Turkey Wrap • Bagel with Cheese
<b>29</b> • Penne with Meatballs • Pork Egg Roll • Bagel with Cheese				<div> <i>All third choice salads on Tuesdays &amp; Thursdays come with Harvest Bread</i> </div> <div>  = vegetarian option/option can be made vegetarian           </div>

## Lunch Menu FAQs

**What are meal components?** Each meal includes a milk, fruits, vegetables, a protein, and a grain/bread.

**What makes a school lunch meal?** Each student must take at least 1/2 cup fruit or vegetable plus 2-4 additional meal components. Keep in mind a main entrée may contain more than one meal component and is often a combination of a protein and a grain/bread component.

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