

| monday | Tuesday | Uednesday | Thursday | friday |
| :---: | :---: | :---: | :---: | :---: |
|  | I Crispy Chicken Sandwich <br> - Turkey Roast \& Gravy with Harvest Bread <br> - Chicken Caesar Salad | 2 ••PIZZA DAY <br> e- Yogurt with Mưffin <br> - $\bullet$ Bagel with Cheese | 3 <br> NO SCHOOL | 4 <br> NO SCHOOL |
| 7 - Orange Chicken Rice Bowl <br> - Pizza Pocket <br> - Bagel w/ Cheese | 8 - Cheese Ravioli with Harvest Bread <br> - Ham \& Cheese Sandwich <br> - Chef Salad | 9 © PIZZA DAY <br> © - Yogurt with Muffin <br> -郎agel with Cheese | 10. $\bullet$ Fiesta Burrito <br> - Chicken Nuggets with Harvest Bread <br> - Chef Salad | II •Straw Hat <br> ©• Ultimate Fish Sticks with Harvest Bread <br> ๑• Bagel w/ Cheese |
| I4•Chicken Alfredo with Harvest Bread <br> - Sub Sandwich <br> - Bagel with Cheese | 15 • Chicken Burrito Bowl <br> - Hamburger <br> - Chicken Caesar Salad | 16 •• PIZZA DAY <br> © - Yogurt with Muffin <br> ๑- Bagel with Cheese | $17_{\circledast \bullet}$ Grilled Cheese <br> - Chicken Tacos <br> - Chicken Caesar Salad | 18 - Corn Dog <br> - Italian Meatball Sub <br> - •Bagel with Cheese |
| 21 | 22 | 23 | 24 | 25 |
| SPRING BREAK-NO SCHOOL |  |  |  |  |
| 28 Penne with Meatballs <br> - Pork Egg Roll <br> - Bagel with Cheese | 29 - Crispy Chicken Sandwich <br> - Turkey Roast \& Gravy with Harvest Bread <br> - Chicken Caesar Salad | $\mathbf{3 0}$ © •PIZZA DAY <br> -• Yoqurt with Muffin <br> - - Bagel with Cheese | 31 - Creamy Mac \& Cheese with Harvest Bread <br> - BBQ Chicken Sandwich <br> - Chicken Caesar Salad | All third choice <br> salads on Tuesdays <br> \& Thursdays come <br> with Harvest Bread <br> va) <br> vegetarian option/option <br> can be made vegetarian |

## Lunch Menu FAQs

What are meal components? Each meal includes a milk, fruits, vegetables, a protein, and a grain/bread. What makes a school lunch meal? Each student must take at least $1 / 2$ cup fruit or vegetable plus 2-4 additional meal components. Keep in mind a main entrée may contain more than one meal component and is often a combination of a protein and a grain/bread component.

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