



OCTOBER NOV

**Hamilton Brain
Injury Association**
822 Main St E
905 538 5251
info@hbia.ca
www.hbia.ca

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	1	2	3
		Walking Club 9 - 1030 Glee Club 1030 - 12	HBIA Meetings 8-12 Support Group 4 - 530	Support Group 1030 - 12 Gentlemen's Club 1230 - 2	Book Club 9 - 1030 Glee Club 1030 - 12	
4	5	6	7	8	9	10
	Support Group 1030 - 12	Glee Club 1030 - 12 Movie Club 1 - 3 Family Resource Group 7 - 9pm	HBIA Meetings 8-12 Hen's Club 1230 - 2 Do The Kitts (Dance) 230 - 330 Support Group 4 - 530	Support Group 1030 - 12 Games Club 1230 - 2 Spouse Support Group 7 - 9pm (Fortinos Limeridge)	Glee Club 1030 - 12	
11	12	13	14	15	16	17
	Thanksgiving Clubhouse Closed No Group/Programs	Walking Club 9 - 1030 Glee Club 1030 - 12	HBIA Meetings 8-12 Art Club 130 - 330 Support Group 4 - 530	Support Group 1030 - 12 Gentlemen's Club 1230 - 2	Glee Club 1030 - 12	
18	19	20	21	22	23	24
	Clubhouse Closed	Clubhouse Closed	Clubhouse Closed	Clubhouse Closed	Clubhouse Closed	
25	26	27	28	29	30	31
	Breakfast Club 9 - 1030 Support Group 1030 - 12	Walking Club 9 - 1030 Glee Club 1030 - 12	HBIA Meetings 8-12 Camera Club 130 - 330 Support Group 4 - 530	Support Group 1030 - 12	Glee Club 1030 - 12	

Please note that times and dates of all programs are subject to change. Please check our online calendar for updates or contact us for information