



JANUARY 2019

**Hamilton Brain
Injury Association**
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www.hbia.ca

SUN	MONDAY Clubhouse Open 9am – 1pm	TUESDAY Clubhouse Open 9am – 3pm	WEDNESDAY Clubhouse Open 11am – 6pm	THURSDAY Clubhouse Open 9am – 4pm	FRIDAY Clubhouse Closed	SAT
27	28 Support Group 1030 - 12	29 Glee Club 1030 - 12	30	31	1	2
3	4 Support Group 1030 - 12	5 Glee Club 1030 - 12 Family Resource Group 7 – 9pm	6 Support Group 4 – 530	7 Support Group 1030 - 12 Games Club 1230 - 2	8	9
10	11 Support Group 1030 - 12	12 Glee Club 1030 - 12	13 Hen's Club 1230 – 2 Support Group 4 – 530	14 Support Group 1030 - 12 Spouse Support Group 7 – 9pm	15	16
17	18 Breakfast Club 9 - 1030 Support Group 1030 - 12	19 Glee Club 1030 - 12	20 Art Club 1230 – 230 **Welcome BIS!** Support Group 4 – 530	21 Support Group 1030 - 12 Games Club 1230 - 2	22	23
24	25 Support Group 1030 - 12	26 Glee Club 1030 - 12	27 Hen's Club 1230 – 2 Support Group 4 – 530	28 Support Group 1030 - 12	29	30

Please note that times and dates of all programs are subject to change. Please check our online calendar for updates or contact us for information