



APRIL 2025

**Hamilton Brain
Injury Association**
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www.hbia.ca

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31	1	2	3	4
	Support Group 1030 - 12	Glee Club 1030 - 12	HBI A Meetings 8-12 Art Club 1230 - 2 Support Group 4 - 530	Support Group 1030 - 12 Garden Club 12 - 2	GOOD FRIDAY Clubhouse Closed No Groups	
5	6	7	8	9	10	11
	EASTER MONDAY Clubhouse Closed No Groups	Glee Club 1030 - 12 Family Resource Group 7 - 9pm	BB&B Training 10-11 Hen's Club 11 - 1230 Art Club 1230 - 2 Support Group 4 - 530	Support Group 1030 - 12 Gentlemen's Club 1230 - 2 Spouse Support Group 7 - 9pm (Bay Garden Location)	Glee Club 1030 - 12	
12	13	14	15	16	17	18
	Support Group 1030 - 12 BIS - Women2Women 1-230	Strategies 9 - 1030 Glee Club 1030 - 12	Sub Committee 1030 Art Club 1230 - 2 Support Group 4 - 530	Strategies 9 - 1030 Support Group 1030 - 12 Garden Club 12 - 2	Glee Club 1030 - 12	
19	20	21	22	23	24	25
	Support Group 1030 - 12	Strategies 9 - 1030 Glee Club 1030 - 12	Hen's Club 11 - 1230 Art Club 1230 - 2 (welcome BIS for Earth Day- Terrariums and more) Support Group 4 - 530	Strategies 9 - 1030 Support Group 1030 - 12 Garden Club 12 - 2	Glee Club 1030 - 12	
26	27	28	29	30	1	2
	Support Group 1030 - 12 BIS - Women2Women 1-230	Strategies 9 - 1030 Glee Club 1030 - 12	Breakfast Seminar (please register) 830 - 10 Art Club 1230 - 2 Support Group 4 - 530	Strategies 9 - 1030 Support Group 1030 - 12 Garden Club 12 - 2	Glee Club 1030 - 12	

***Please note that times and dates of all programs are subject to change. Please
check our online calendar for updates or contact us for information***