

Instructor Bio: Oscar Sida

Oscar Sida is a bilingual (Spanish) mental health and addictions counselor, native to Las Vegas, Nevada. He is a licensed clinical mental health counselor, licensed alcohol and drug counselor, and licensed problem gambling counselor. Currently, he holds a position as a Visiting Faculty member in the department of Education and Clinical Studies at UNLV, where he teaches in the area of addictive disorders, and mental health. Mr. Sida is the clinical supervisor in the Tele-Counseling Center at UNLV for graduate student mental health counseling interns. He has specialized in the treatment of process addictions and psychological trauma for the past five years and worked extensively with clients suffering from problem gambling and pathological gambling related issues. For the basis of his clinical practice, he works from a humanistic client-centered approach. In working with addictions he utilize a strength based perspective and finds motivational interviewing techniques an invaluable part of the change process. His clinical interests are in developmental processes and their relationship to addictions and substance dependence. He has been featured in television and film for his expertise in the area of pathological gambling and has presented as a speaker for regional and national conferences. Mr. Sida holds a Master of Science degree in Clinical Mental Health Counseling and a Bachelors of Science in Psychology, both from The University of Nevada Las Vegas.