

Resource List for Parents of Children with Autism Spectrum Disorders (ASD)

- For access to a multitude of resources for individuals with ASD and their families:
 - <http://www.autism-pdd.net/>
- For a list of resources for individuals in New Jersey, including information about services that are possible for your child:
 - <http://www.autism-pdd.net/new-jersey-autism-resources/>
- To connect to support groups both online and in your area:
 - <http://nationalautismassociation.org/family-support/find-a-support-group/>
- To access the Autism Society, as well as their *The Autism Source™ Resource Database*:
 - <http://www.autism-society.org/>
- To access the National Autism Center as well as free resource guides and other materials for families of children with ASD:
 - <http://www.nationalautismcenter.org/resources/for-families/>
- For the National Autism Network, a comprehensive resource for offering discussion forums, national and local events calendar, provider directory, articles, and a growing resource directory:
 - <http://nationalautismnetwork.com/index.html>
- To access the *Autism Speaks 100 Day Kit* go to:
 - <http://www.autismspeaks.org/family-services/tool-kits/100-day-kit>
- NJ Rights for Special Education available at:
 - http://www.edlawcenter.org/assets/files/pdfs/publications/Rights_SpecialEducation_Guide.pdf
- For an overview of providers of various services (including neurologists, speech therapy, etc.):
 - http://autismnj.org/resources/find_a_referral
- In December 2012, the American Psychiatric Association (APA) approved changes on how autism will be diagnosed. The changes will be published in May 2013. The DSM-5 collapses the diagnoses of autism, Asperger's Disorder, and PDD-NOS under the umbrella term of "autism spectrum disorder". For additional information on changes:
 - <http://bigstory.ap.org/article/psychiatrists-ok-vast-changes-diagnosis-manual>
- For articles, educational resources, links to local, national and international support groups, sources of professional help, lists of camps and schools, conference information, recommended reading, and moderated support message boards:
 - <http://aspergersyndrome.org/>
- For Autism NOW: The National Autism Resource and Information Center, an interactive, highly visible and effective central point of quality resources and information for individuals with Autism Spectrum Disorders (ASD) and other developmental disabilities, their families, and other targeted key stakeholders.
 - <http://autismnow.org/>
- To access the My Autism Team website, the social network for parents of children with autism:
 - <http://www.myautismteam.com/>
- For the Organization for Autism Research (OAR), an organization dedicated to applying research to the challenges of autism:
 - <http://www.researchautism.org/>

- For *Make Friends with Autism*, a community focused education initiative that encourages understanding, inclusion, support, and appreciation of people and families with autism. Through a generous grant from Kohl's, Children's Specialized Hospital in New Jersey provides materials to businesses, recreation providers, neighbors and families to support the integration of people with autism into community life:
 - [http://www.childrens-specialized.org/Programs-Services/Outpatient-Programs/Autism/Education-and-Outreach/Make-Friends-with-Autism-\(1\).aspx](http://www.childrens-specialized.org/Programs-Services/Outpatient-Programs/Autism/Education-and-Outreach/Make-Friends-with-Autism-(1).aspx)
- For a parent who wishes to prepare their child with ASD for traveling on an airplane, information about "Wings for Autism" event (as well as other links about flying with your child) can be found at:
 - <http://www.thearc.org/wingsforautism>
- For additional information about taking vacations with your child:
 - <http://www.autistictraveler.com/>
 - <http://www.asdvacations.com/>
 - <http://www.autismontheseas.com/>
- Websites where you can find information and video clips of people with Autism with an emphasis on inclusive lives:
 - Carley Fleischmann: <http://www.carleyscafe.com/>
 - Temple Grandin: <http://www.templegrandin.com/>
 - Michael John Carley: <http://www.grasp.org/>
 - David Hamrick: <http://www.weatheringautism.org/>
 - Liane Holliday Willey: <http://aspie.com/>
 - Brian King: <http://www.spectrummentor.com/>
 - Wendy Lawson: <http://www.mugsy.org/wendy>
 - John Elder Robison: <http://www.johnrobison.com/>
 - Sue Rubin: <http://www.sue-rubin.org/>
 - Stephen Shore: <http://www.autismasperger.net/>
 - Donna Williams: <http://www.donnawilliams.net/>
 - Wrong Planet: <http://www.wrongplanet.net/>
 - Autistic Self-Advocacy Network: <http://autisticadvocacy.org/>
- Toward Inclusive Classrooms and Communities, website maintained by Dr. Paula Kluth:
 - www.paulakluth.com/
- Information from ASAN, the Autistic Self-Advocacy Network, about Autism *Acceptance* (not Awareness) Month. This organization favors taking a different approach to awareness activities:
 - <http://www.autismacceptancemonth.com/>
- *Friends Like You, Friends Like Me* is a free curriculum for increasing student understanding regarding students with autism spectrum disorders can be found at:
 - www.friendslikeyoufriendslikeme.org
- The Public Images Network website provides a curriculum entitled "Just Like Me and You: A Disability Awareness Curriculum" appropriate for 3rd, 4th, and 5th grade students. A list of books written about children with disabilities to promote disability awareness are also found at:
 - <http://www.publicimagesnetwork.org/resources.html>
- Google "Show Me Some ASD Resources!" to watch two awareness-raising videos and get resources for meeting the unique skill sets, needs, preferences, interests, and learning styles of people on the autism spectrum.

Helpful Books for Parents

- *Thinking in pictures* by Temple Grandin
- *Asperger's Syndrome: A Guide for Parents and Professionals* by Toney Attwood
- *A Regular Guy – A family's Story of Love and Acceptance* by Laura Shumaker
- *Get Out, Explore, and Have Fun* by Lisa Jo Rudy
- *A Practical Guide to Autism: What Every Parent, Family Member, and Teacher Needs to Know.*
- *Ten Things Every Child with Autism Wishes You Knew* by Ellen Notbohm
- *The First Year: Autism Spectrum Disorders: An Essential Guide for the Newly Diagnosed Child* by Nancy D. Wiseman
- *Freaks, Geeks and Asperger Syndrome: A User Guide to Adolescence* by Luke Jackson
- *Asperger Syndrome and Difficult Moments* by Brenda Myles and Jack Southwick
- *Parenting Your Asperger Child* by Alan Sohn and Cathy Grayson

Books for Children/Young Adults

Chapter Books:

Haddon, Mark. *The Curious Incident of the Dog in the Night-Time*. Provides insight into the mind of a young man with Asperger Syndrome, written from the view of a 15 year old.

Burns, Laura J. *The Case of the Nana-Napper*. Agatha believes that her Nana has been kidnapped and enlists Orville to help find out what has happened to her; second in the Wright and Wong Series.

Eden, Alexandra. *Holy Smoke: A Bones and the Duchess Mystery*. Bones Fatzinger, a former police officer, teams up again with Verity Buscador, a clever twelve-year-old with Asperger's syndrome, to investigate a mysterious church fire; second in the "Bones and the Duchess" mysteries.

Holdenko, Gennifer. *Al Capone Does My Shirts*. A twelve-year-old boy named Moose moves to Alcatraz Island in 1935 when guards' families were housed there, and has to contend with his extraordinary new environment in addition to life with his sister who has autism.

Rees, Celia. *The Truth Out There*. Thirteen-year-old Josh begins digging into the mystery of his Uncle Patrick, a boy with autism who died at Josh's age while investigating the crash of a flying saucer, and a terrible family secret is uncovered.

Picture Books:

Day, Alexandra. *The Flight of a Dove*. Four-year-old Betsy, a child with autism, begins to improve after she sees a dove, one of the animals at her preschool, fly into the air; based on a true story.

Edwards, Becky. *My Brother Sammy*. A boy describes some of the many feelings he has about his brother Sammy, who is autistic, as he learns to appreciate his brother's way of seeing the world.

Emigh, Karen. *Who Took My Shoe?* A boy with autism named Brett struggles with "who", "what", "when", "where", "why" and "how" questions when he loses his shoe.

Lasker, Joe. *He's My Brother*. A young boy describes the experiences of his younger brother at school and home; appropriate for children who have a learning disability, autism, ADD, ADHD, Tourette's syndrome, PDD, OCD and others that might be considered "invisible disabilities".

Lears, Laurie. *Ian's Walk*. A young girl realizes how much she cares for her brother Ian, who has autism, when he gets lost at the park.

Sullivan, Connor. *I Love My Brother!: A Preschooler's View of Living with a Brother Who has Autism*. Four-and-a-half year old Connor Sullivan tells about being the older brother of two-and-a-half year old Sean, who has autism.