



## The Sri Yantra



*“Sri Yantra, also known as Sri Chakra, is an ancient Hindu symbol, a revered and sacred mystical diagram of the Universe, used in ritual worship. It is composed of nine interlocking triangles symbolizing the interplay of the Divine Masculine (Shiva) and the Goddess, or Divine Feminine (Shakti).” – Masa Rasa Studios*

To begin the discussion, the purpose of the puja is, as Swamiji has said, to lift your spirit. In this context the spirit relates to female energy or knowledge or the goddess, called Shri, Lalita or Tripurasundari whose magical diagram is called the Shri Yantra. She is represented as a red flower, so her diagram is a flower too.

The Sri Yantra is also called a Sri Chakra.

What then is a yantra? The word is usually translated as a “machine,” but in the special sense of the tantric tradition refers to the goddess in her linear or geometrical form. And here you can see where Rudi got his language of a “spiritual mechanism” since the Sri Yantra also represents our own system of energy centers.

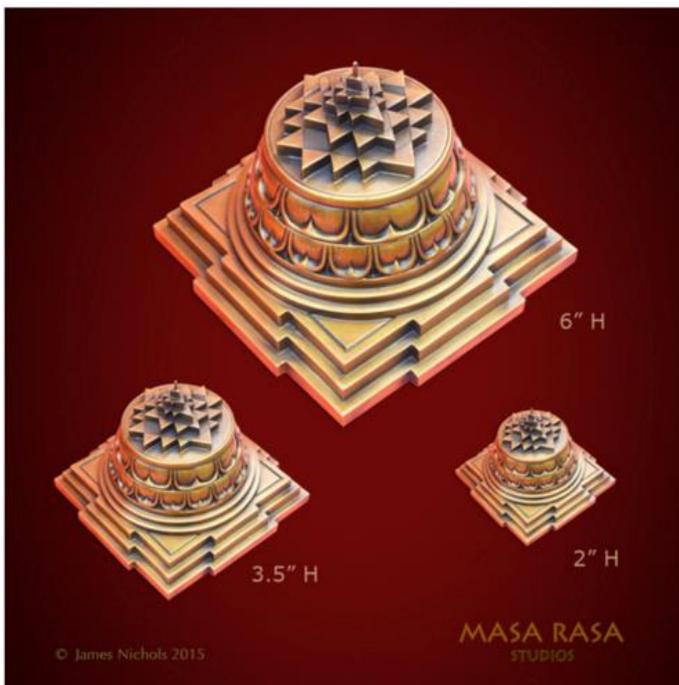
The different parts or petals and lines of the yantra are usually arranged in concentric circles (mandalas) and contain rays or sub-limbs of the goddess. The Shri Yantra has nine of these mandalas, each filled with various aspects of the goddess. The Shri Yantra is said to be a geometric form of the human body, which implies that goddess as Macrocosm is one with human being as Microcosm.

The Sri Yantra is a powerful tool to give us a vision of the whole of existence, so that we can internalize its symbols and experience our unity with the whole world. By systematically contemplating the Sri Yantra we can discover successive layers of ourselves in the process of growing and becoming everything that we can be.



Stunning bronze images of the Sri Yantra Meru, suitable for meditation in the Sri Chakra Puja as taught by Swami Chetanananda, are now available through [our web site](#).

These sculptures are made with the Panchaloha process, also called the 'Five Metals' process, an ancient casting method set forth in the Indian scriptures. This process allows the innate beauty of a bronze work to shine through and ring true. Each sculpture is made from the purest bronze possible, a blend of copper and tin, with the addition of iron, silver and gold.



Each image is available in 6 inch, 3.5 inch and 2 inch tall sizes. [More information and prices here.](#)

Masa Rasa Studios will donate a share of the sale proceeds from these sculptures to The Movement Center if you enter the word "**Movement2**" in the Notes box at the time of purchase, as shown on the page.

