



**NAMI Greater Cleveland
2016 Conference and Annual Meeting & Awards Ceremony
Healing the Trauma: A Community Response**

Friday, May 20, 2016
8 a.m. – 5 p.m.

Holiday Inn
6001 Rockside Road • Independence, Ohio 44131

NAMI Greater Cleveland has applied for 6.0 hours
of continuing education credits for counselors and social workers
with the Ohio Counselor and Social Worker Board.

Schedule of the day

8 a.m. – 8:45 a.m.

Registration, Buffet Breakfast and Welcome

8:45 – 10:15 a.m.

Keynote Address



**Jackie Lowe-Stevenson, MSSA, LISW
Founder and CEO of Spirit of Leadership
The Courageous Journey of Healing and Post Traumatic Growth:
May Nature and the Horse Be with You**

Learn about the opportunities for healing and well-being through post traumatic
growth inspired by Nature's process of growth and renewal as well as the horse's
energy, strength and freedom.

10:30 a.m. – 12 Noon

Plenary Session

Healing Community Trauma: The Mental Health Response Committee

Panelists

Chief William M. Denihan, Chief Executive Officer of ADAMHS Board of Cuyahoga County

Edward Eckart, Associate Director of Safety, City of Cleveland

Edward Stockhausen, Director Northeast Ohio Hub Director-Mental Health and Addiction Advocacy Coalition

12 Noon – 1:30 p.m.

Annual Meeting & Awards Ceremony

Justice Evelyn Lundberg Stratton, Retired

Special Guest Speaker

Honorees

Jaime Lynn Smith: The Scott Adamson Memorial Peer Award

Terri Norris: Mental Health Family/Caregiver Awards

Denise Ayers, Compeer Program Coordinator at Far West Center: Mental Health Provider Award

Debra Brown, Manager of Supportive Parenting at Beech Brook: Cultural Competence Award

Donald Sykes, Ph.D., Managing Director for PsychBC: Eugene Brudno Memorial Award

Life Act: Inaugural Teen Mental Health Award

Dr. Ewald Horwath, Associate Clinical Director of the Family Care Service Line at MetroHealth:
Mental Health Innovator Award

Judge Ed Wade, Cleveland Municipal Court: Local Community Leader of the Year Award

1:45 p.m. - 3.15 p.m.

Concurrent Breakout Sessions

Healing Trauma and Loss

This session will provide participants with an understanding of various types of loss and how trauma experienced through loss can effect emotional well-being. In addition, participants will gain an understanding of how culture impacts the Kubler-Ross model of loss.

Presenter: **Renita C. Allen**, MSSA, LISW-S, Director of Social Services/Hospice Worker with McGregor Home

LGBTQI: The Language of Community Trauma, Resilience, and Inclusion

The LGBT Center of Greater Cleveland provides trauma-informed safety for its clientele. LGBTQI is a special population that provides unique opportunities to engage with an ongoing experience of trauma recovery. Combating the prevalence of addiction, mental illness, suicide, homelessness, and assault, it is important to understand the power of language and labels. With an understanding the power of language and labels, participants will learn how to best help this community and what this community is doing to help itself.

Presenter: **Sue Marasco**, Ph.D., The May Dugan Center

Healing Family Trauma

This session will help participants define and identify various forms of trauma that may impact individuals, families, communities and the nation. We will discuss the frequency of trauma and the cultural implications as well as identify how people may survive trauma by normalizing their dysfunctional experiences. Finally, we will explore various interventions and resources available to reduce the risk of on-going trauma.

Presenter: **Gerald McGee, Jr.**, MSW LISW-S, CEO of Everyday People – Individual and Family Counseling Center LLC

Healing the Trauma: A Faith-Based Approach

For many minority populations, faith is a vital element of everyday life. This session will provide participants with a look into different faith-based approaches to healing the trauma found in congregations/communities and the linkages being made to community-based mental health services.

Presenters: **Rev. Dr. Toby Gillespie**, **Rev. Dr. Gwendolyn McCurry**, and **Dr. Deborah Watson**

Building Trauma-Informed Schools

Despite overwhelming evidence that suspensions are not a deterrent for problem behaviors, this disciplinary tool continues to be widely used in schools, particularly with students that have experienced childhood trauma. Attendees will be provided with recommendations for building trauma-informed schools that include infusing therapeutic practices into the school day, utilizing social emotional curricula with all students, adopting a Positive Behavioral Interventions and Supports (PBIS) framework and implementing alternatives to suspension programs.

Presenter: **Aaron Muttillio**, Clinical Director of Positive Education Program

3:30 p.m. – 5 p.m.

Resume Concurrent Breakout Sessions

Registration

\$90 for NAMI members and \$100 for non-members.

When registering on line, members should type the word “member” in the promo code section to receive their discounted.

Thank you to our generous conference sponsors:



Western Reserve Area Agency on Aging

NAMI Greater Cleveland's Community Education Team is dedicated to promoting positive mental health through education that increases awareness and understanding of mental health conditions and fights the stigma associated with having a mental illness.

Conference Objectives:

- To discuss, identify and disseminate information on local resources that address trauma related issues within individuals, families and communities.
- To foster through educational enrichment, a greater understanding of the effects of trauma on mental health and the emotional well-being of the community at large.
- To increase the communication and networking opportunities for volunteers, professionals, advocates, and persons experiencing mental illness and their families members.

Conference Planning Committee

Chair: **Marsha Mitchell-Blanks**, NAMI Greater Cleveland

Lisa Dellafiora, NAMI Greater Cleveland

Tyffani Dent, Psy.D., MD Consulting
and Psychological services LLC

Autra Dozier, NAMI Greater Cleveland

Rebecca Fela, NAMI Greater Cleveland

Kari Kepic, NAMI Greater Cleveland

Jan Lovelace, Hospice of the Western Reserve

Sue Marasco, Ph.D., May Dugan Center

Debra Mardenborough-White, Millennial Housing

Ben Miladin, United Way Services

Terri Miller, NAMI Greater Cleveland

Fatima Perkins, Western Reserve Area
Agency on Aging

Ellen Riehm, NAMI Greater Cleveland

Natalie M. Whitlow, Ph.D., Our Village:
A Service Organization LLC