

# USA Masters Games

July 21-31, 2016 | Greensboro, NC



## MARTIAL ARTS

**Men's and Women's  
Adult Martial Arts Age  
Group Competition  
NASKA 2-A**

The USA Masters Games Martial Arts competition will be held Saturday, July 23 and Sunday, July 24, 2016 at Greensboro Day School.

Greensboro Day School features three connected gymnasium facilities, totaling approximately 27,700 square feet of competition space, with men's and women's locker rooms and spectator seating.

### Event Information

Competition levels (5) will be:

- Under black belt: Novice/Beginner, Intermediate, Advanced
- Class A Black Belt
- Class AA Black Belt

Competition events separated by gender, age and level will be:

- Traditional Forms
- Creative Forms
- Traditional Weapons
- Creative Weapons
- Point Sparring – light weight and heavy weight in each level
- Grand Championships – Black Belt, Mens/Womens, Kata/Sparring

### Age Groups

Under Black Belt Women: 21+, 35+  
Under Black Belt Men: 21+, 35+  
Black Belt Women: 21-29, 30-39, 40-49, 50-59, 60+  
Black Belt Men: 21-29, 30-39, 40-49, 50-59, 60+

### Social Event

A Martial Arts Athlete Reception will be held at the Greensboro Coliseum Complex after the conclusion of competition on Saturday evening, July 23<sup>rd</sup>.

### Special USA Masters Games Activities

The Games Village at the Greensboro Coliseum Complex will be the site of nightly entertainment, beer garden, accreditation and athlete services, Health & Fitness Expo, and special activities throughout the Games. On Friday evening, July 22, Opening Ceremonies will be held at the Greensboro Coliseum, while on Sunday evening, July 31, Games Closing Ceremonies will be held at the adjacent amphitheater.

### Contacts

For registration and general inquiries, contact:  
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For sport specific inquiries, contact:  
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**To register for the USA Masters Games Martial Arts Competition, or to learn more about the Games, visit [www.usamastersgames.com](http://www.usamastersgames.com)**