

What is the NAMI Homefront Education Program?

NAMI Homefront is a free, six-session education program for family, friends and significant others of Military Service Members and Veterans with mental health conditions. It focuses on the unique needs of military and veteran communities, such as post-deployment and post-discharge transitions.

The course is designed to help family members understand and support their loved one while maintaining their own well-being. The trained teachers of this course are also family members and know what it is like to have a loved one living with mental illness.

NAMI Prince George's County is offering its NAMI Homefront Education Program for six consecutive weeks from April 6 – May 11, 2016. The class will be held on Wednesdays from 7:00 PM – 9:30 PM at the NAMI Prince George's County Office in New Carrollton, MD. To register, please call 301-429-0970 or send an email to nami.pgcmd1@gmail.com.



Participant Perspectives

NAMI Homefront is based on the evidence-based NAMI Family-to-Family Education Program, which has been used in VA health facilities since the late 1990s.

"You realize that he will never be the same having been through war. I learned how to treat him more as an adult than as a hurt child."

— Mother of a Veteran after graduating from a NAMI Family-to-Family VA class

Contact us at 301-429-0970 to register for this NAMI Homefront class!



nami
National Alliance on Mental Illness

**Prince George's
County**

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