XLR8 Studios introduces our Nutrition & Wellness Program

Tuesday October 9th 5:30pm - 6:30pm
XLR8 Studio Fort Myers
11601 South Cleveland Ave, Fort Myers FL 33907

Join Guest Speaker
Lora Ulrich, CNWC - Certified Nutrition & Wellness Consultant
Sanoviv Medical Institute Nutrition & Health Advisor

Learn about a revolutionary and clinically proven wellness program
Try state of the art exercise equipment

You will learn:

- How to increase your energy levels.
- Improve immune health.
- Stimulate your metabolism.
- Look and feel your best.
- Foods that sabotage weight loss.
- How to eliminate cravings.
- How to release fat (without starving yourself).
- Why 98% of diets fail.

Complimentary Seminar – bring your friends and family -
Space is very limited - registration required!

Please RSVP to Lora Ulrich 239-898-4078 or lora@thenewyoulifestyle.com