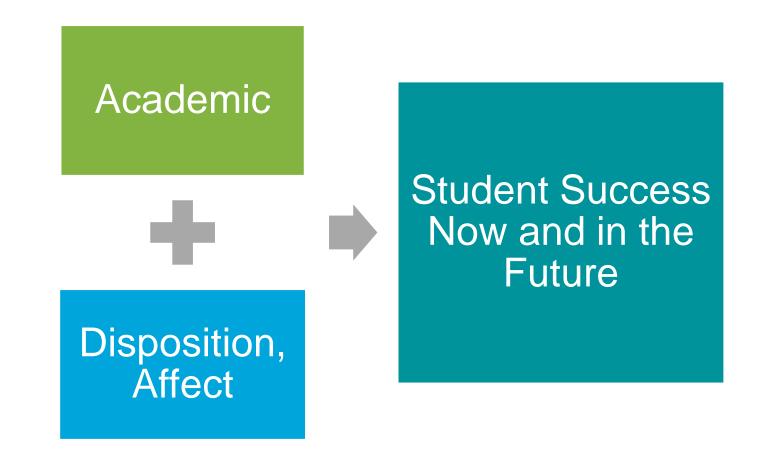


Battelle for Kids

### **Hope Matters for Student Success!**

Jamie Meade,
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## **Contributing Factors for Lifelong Success**



### **Fostering a Growth Mindset**

- Belief that basic qualities can be cultivated through effort.
- Everyone can change and grow through application and experience.
- The passion for stretching oneself…and sticking to it, even when it's not going well, is the hallmark of the growth mindset.

Dweck C. (2008) Mindset.

#### **Growth Mindset or Fixed Mindset?**

As soon as children become able to evaluate themselves...

- » Some become afraid of challenges, resulting in loss of interest or effort.
- » Others become energized by challenges.

**Bottom line:** Our mindset influences our effort!

### **Hopefulness: A Skill or Trait?**

An important distinction...

Previous terminology referenced many non-academic skills related to affect or disposition as traits, conveying a sense of permanence.

■ Skills are malleable; they can be shaped, learned, and changed throughout life.

### **Hopeful Students...**

believe their future will be better than their present... and they have the power to make it so;

understand there are multiple pathways to success; and

anticipate obstacles and plan for them.



### **Understanding Hope**

- More than wishful thinking!
- Active, not passive
- Can be learned!

Several academic studies indicate that hope is a more robust predictor of college success than ACT, SAT, and GPA.

#### How Children Succeed

- Paul Tough
- Angela Duckworth

"Kids need hardship, challenge, deprivation to overcome ...to prove they can. --To attempt something where there is a real possibility of failure."

## Hope and Emotional Engagement

□ Gallup Student Poll (2013): Of the students who had high hope, 70% were also emotionally engaged in their learning.

□ Gallup (2010): Hope is positively related to emotional engagement with school, which in turn is related to academic performance.

My school is committed to building the strengths of each student.

I have at least one teacher who makes me excited about the future.

Students who strongly agreed with two statements were **30 times** as likely to be emotionally engaged at school as students who strongly disagreed.

Gallup, Inc. (2014) State of America's Schools: The Path to Winning Again in Education.

### **Emotional Engagement Matters!**



Schools in top quartile of school-wide student emotional engagement were **50% more likely** to perform above average in reading achievement than schools in the bottom quartile of school-wide engagement.

Gallup, Inc. (2014) State of America's Schools: The Path to Winning Again in Education.

# The Student Experience™ Survey



thestudentexperience.org

www.thestudentexperience.org

Developed in collaboration with Gallup®, The Student Experience Survey has been designed to:

- 1. Build teacher awareness about the impact of their practices on student learning now and in the future.
- 2. Support teachers in fostering student outcomes that matter.
- Help teachers create a learning experience that supports overall student success.



### Thank you!

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