

DO YOU WANT TO FIGHT HUNGER IN YOUR COMMUNITY?

VOLUNTEER TO BE A RESOURCE NAVIGATOR



WITH MARYLAND HUNGER SOLUTIONS

FEBRUARY - MID APRIL



Volunteers provide outreach to help residents to access food and nutrition programs and resources through Montgomery County's Community Action Agency's Volunteer Income Tax Assistance (VITA) Partnership

VOLUNTEER OPPORTUNITIES:

Mondays
Family Services, Inc.
Gaithersburg
5-8 p.m.

Tuesdays
TESS Center (DHHS)
Takoma Park/Silver Spring
5-8 p.m.

Wednesdays
The City of Rockville
5-8 p.m.

Thursdays
Mid-County Regional Center
Wheaton
5-8 p.m.

- Learn more about hunger.
- Receive training to help people to access nutrition programs and local food resources.
- To volunteer as a Resource Navigator, please complete the application on the back. Or call Rachel Tucker, 410-528-0021 x23, email: rtucker@mdhungersolutions.org

Meeting Accessibility Policy: Montgomery County will provide sign language interpreters/auxiliary aids upon request. Please contact VITA@montgomerycountymd.gov or 240-777-1123 at least 3 business days in advance. TTY users, please call MD Relay (711).



Maryland Hunger Solutions
Ending hunger and promoting well-being



Since 2012, Maryland Hunger Solutions has partnered with Montgomery County Community Action Agency, a program of the Department of Health & Human Services, to help Montgomery MD residents access the Food Supplement Program (FSP, formerly food stamps), and to help them to learn about other food resources. The initiative's goal is to connect Volunteer Income Tax Assistance (VITA) customers with the Food Supplement Program, since many low-to-moderate income families are not aware of their eligibility to receive FSP benefits while working. The work of the volunteer Resource Navigators helps to increase the economic and food security of community members served by VITA, while promoting knowledge of these resources within the neighborhoods of Gaithersburg, Takoma/East Silver Spring, Rockville and Wheaton.

Resource Navigators are trained by Maryland Hunger Solutions to:

1. Provide information on FSP to potentially eligible community members;
2. Pre-screen community members for food insecurity to determine if they may be eligible for FSP benefits;
3. Refer community members to Maryland Hunger Solutions for FSP screening and application assistance, to their DHHS office, and to other food programs;
4. Direct community members to other services as needed.

Make a difference – Be a part of a powerful program that provides families with the information they need to put groceries on the table.

This volunteer opportunity is ideally suited for those with an interest in food and nutrition, social work, social justice, and community development. No professional experience needed. Bilingual applicants are encouraged. FSP Resource Navigator candidates have effective communication skills. All volunteers receive free training.



First Name: _____

Last Name: _____

Address, City, State, and Zip-code: _____

Telephone: (Home) _____ (Cell/Work) _____

Email address: _____

Preferred Site: ☐ Gaithersburg ☐ Rockville ☐ Takoma Park ☐ Wheaton

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please call Rachel Tucker, 410-528-0021 x23
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