

## Mental Health and Disability Awareness Training

### Dates:

Monday 14 March 2016, FVA New Volunteer House, Kirkcaldy, **9.30am – 4.30pm**

OR

Wednesday 30 March, FVA Craig Mitchell House, Glenrothes, **9.30am – 4.30pm**

### Participants:

This course is aimed at frontline employability staff working in Fife.

### Course Outline:

Participants will gain an understanding of how best to support clients affected by mental health problems and disabilities in their journey to gaining and retaining employment.

During the day participants will learn about:

- The definition of disabilities under the Equality Act 2010
- Person-centred support
- Challenging stereotypes and stigma
- Identifying and understanding common mental health problems and disabilities
- Tools and tips for managing disclosure to employers
- Common workplace adjustments and working with employers
- Knowing when to get help and where to go

This course will be delivered by mental health and disability experts from Fife Employment Access Trust (FEAT) and the Supported Employment Team at Fife Council. It is delivered in collaboration with Fife Centre for Equalities and with support from Skills Development Scotland.

To book your place please contact Christine Davison

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