



Good News Story – David

David had spent 2 years studying HNC Multimedia at college. After leaving college David was finding it a real struggle to find sustainable paid employment. He was really struggling with interviews and being able to get to the next stage. Due to this David was struggling with anxiety and also very low confidence. So his advisor Ranold from Cupar Job Centre Plus referred him over to meet with Cat at Fife Voluntary Action with regards to possibly doing some voluntary work to help him with his confidence, give him a current reference and also maybe also lead to paid employment.

Cat and David discussed Volunteering as well as the Fife Employability Training consortium programme and what assistance and support he would receive. He felt this would be a good opportunity and signed up. He decided he would like to try the Admin Volunteering role through Fife Voluntary Action based in Cupar. It was hoped this would give him, at some point the opportunity to put into practice the skills he learnt at college as well as meeting new people. He completed the induction and very quickly become an integral part of the Fife Voluntary Action / Volunteering Team. He was doing data input into the Milo system, answering the telephones and assisting with visitors into the office very well.

David done so well on the days he volunteered at FVA, when a Community Jobs Fund Post came up, he felt much more confident to apply for the role and also his anxiety about the interview was not too bad. He attended the interview and impressed the interviewers so much that he was offered the role. He has now settled in well, he is providing a huge level of support to the Footcare Fife project and his confidence is growing every day.