

# WELCOME TO

**WorkWellKS**

You are joining a network of more than 300 employers in the state working to strengthen their business by improving employee health.

GOOD HEALTH IS GOOD BUSINESS

## Let's Get Registered!

### MAIN CONTACT (This person will serve as the main contact for WorkWell KS)

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

### WORKWELL KS WILL PROVIDE...

- Assessments & reports** to help you gauge where your worksite is and what progress is being made in terms of supporting a healthy environment for your employees.
- In-person workshops** hosted across the state providing participants with technical assistance to develop and strengthen worksite wellness plans.
- Ongoing support** and additional training opportunities
- Tools & resources** to help you develop and implement worksite wellness plans.

### EXECUTIVE COMMITMENT

- I am aware & supportive** of my worksite's participation in WorkWell KS.
- I have read** and agree to the responsibilities outlined in the WWKS Executive letter. **(SEE PAGE 3)**
- I agree** to allow my organization's name to be used in conjunction with WorkWell KS publications, both written and online, promoting the initiative across the state.

\_\_\_\_\_  
Executive Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Executive's Title

\_\_\_\_\_  
Executive's Email

Please complete and email the ENTIRE packet to your local WorkWell KS Champion or to [aubrey@wbchc.com](mailto:aubrey@wbchc.com)

**Contact Information:**  
Aubrey Wiechman  
Coordinator  
316.268.1126  
[aubrey@wbchc](mailto:aubrey@wbchc)





# LETTER TO EXECUTIVES

We want to welcome you and your organization to the WorkWell KS network of more than 300 employers across the state of Kansas working to improve employee health and company performance. We are excited to provide your worksite with the opportunity to participate in this statewide initiative funded by the Kansas Health Foundation and the Kansas Department of Health and Environment, and I want to provide you with a few details about your involvement.

We know the impact that poor employee health has at a worksite. More than a decade's worth of data chronicles devastating costs to employers from chronic disease, presenteeism, absenteeism, disability, leaves of absence, lower employee engagement, and higher employee turnover.

WorkWell KS helps employers develop worksite wellness plans that combat these issues and maximize return on investment through a focus on policy and environmental changes at the worksite. We see health as a business strategy. With this unique focus, WorkWell KS has made great strides in improving the health of worksites and employees across Kansas.

## WHAT WE OFFER:

As a WorkWell KS participant, your worksite wellness team can receive training and technical assistance through the development and implementation of a worksite-specific wellness plan that includes evidence-based strategies for improving productivity, decreasing health-related costs, and improving employee health. There is no cost to your worksite aside from travel expenses participants may incur to attend half-day workshops. WorkWell KS participants also have access to additional resources to help build the initiative over time.

- ✔ **Webinars, newsletters, communication campaigns**
- ✔ **Worksite-specific assessments and reports**
- ✔ **Networking opportunities**
- ✔ **Annual statewide worksite wellness symposium**
- ✔ **Recognition opportunities**

## WHAT WE ASK OF YOU:

When it comes to worksite wellness, you get what you put into it. Implementing a short-lived program will result in little or no outcomes. WorkWell KS is designed to help you integrate wellness throughout your worksite. **Your leadership is critical to the success of this initiative!**

- ✔ **Send your worksite wellness committee to a WorkWell KS workshop.**
- ✔ **Serve as a champion for your worksite wellness committee.**
  - Hold the committee accountable for the development, implementation, and evaluation of an annual worksite wellness plan. WorkWell KS can help!
  - Communicate with your employees about how this initiative aligns with your worksite's mission and vision. Stay abreast of the activities and progress of your wellness team.
- ✔ **Listen to the recommendations of the wellness committee and take action. (These recommendations may include policy and environmental changes within your worksite)**

We look forward to working with you, and we salute you for your interest and taking the lead to promote health at your worksite.

Please let me know if you have any questions about this initiative or the expectations of the worksite's or executive.

Sincerely,



Janet Hamous  
Executive Director  
janet.hamous@wbchc.com