

**GOOD
HEALTH IS
GOOD BUSINESS**

WorkWellKS

KANSAS' STATEWIDE WORKSITE WELLNESS INITIATIVE

PHASE II of WorkWell KS (WWKS) has launched!

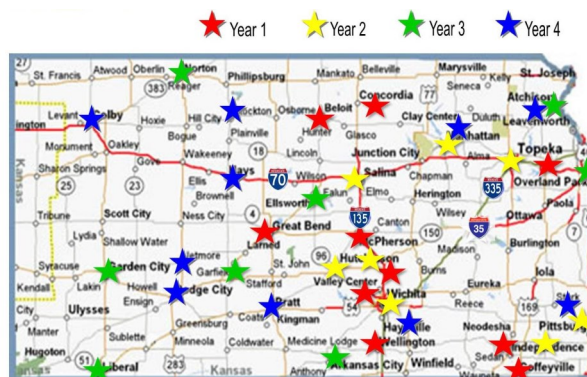
With three more years of funding, the initiative will strengthen the support provided to existing participants as well as grow the WWKS network by offering new employers and communities across Kansas the opportunity to participate.

Many changes are coming down the pipeline. Find out how to get involved and how WWKS can help your worksite develop a comprehensive business strategy designed to:

IMPROVE MORALE
INCREASE PRODUCTIVITY
IMPROVE HEALTH
DECREASE COSTS
REDUCE PRESENTEEISM
REDUCE ABSENTEEISM

See the reverse side for more details and to find out how you and your worksite can get involved!

WWKS began in 2011. Since then, 41 workshops have been hosted in 35 communities in Kansas.



The initiative is funded by the Kansas Health Foundation and coordinated by the Wichita Business Coalition on Health Care, KU School of Medicine - Wichita, and the Kansas Department of Health and Environment.

Health and health care represent a significant business expense. The continually increasing cost is a business challenge, and strategies are being developed to address those costs. A healthy and productive workforce must be a core component of any company's business strategy.

WWKS provides worksites/organizations with the opportunity to develop and strengthen sustainable worksite wellness initiatives that have the capacity to change the overall well-being of the organization.

492 PARTICIPANTS TRAINED

297 WORKSITES REPRESENTED

94,572 EMPLOYEES IMPACTED

PHASE II



GET INVOLVED

CHANGING WORKSITES • CHANGING COMMUNITIES



FOUNDATION^{FIRST}

Developing and maintaining a strong foundation for worksite wellness improves sustainability and widens the impact of a worksite's efforts. WWKS offers a Foundation Workshop, during which attendees will explore the components necessary to build a strong base for future work and develop a plan for establishing a foundation at their worksite. Participants are encouraged to attend this with the entire worksite wellness committee.

- This workshop will serve as a first step for employers new to the initiative and/or in need of foundational development.
- This workshop will benefit those needing to build or strengthen an existing worksite wellness foundation.
- Attendees will leave with a plan for the development and maintenance of their worksite wellness foundation.

WORKSHOPS^{NEXT}

There are a number of health issues that impact the well-being of a workforce and a worksite's bottom line. WWKS offers health-priority specific workshops for employers that have a strong foundation in place and are ready to tackle the issues impacting their business.

- Workshops offered will be Healthy Foods, Physical Activity, Tobacco, Mental Health/ Stress Management. Check out our website to see our workshop schedule.
- Attendees will explore strategies that make up a comprehensive worksite wellness plan. Specific examples, technical support, and worksite wellness plan development will be included.
- Attendees will receive support in identifying metrics to utilize to monitor progress at their worksite.

SUPPORT^{ONGOING}

Continued support will be offered in a number of formats to allow worksites to gain access to WWKS in their own time.

- Webinars on various related and supporting topics will occur throughout the year and are archived for on demand viewing.
- Online toolkits will be available to help with the development of worksite wellness plans.
- Assessments and personalized reports will be offered
- Multiple forms of communication including e-newsletters, blog posts, Facebook, email notifications and the WWKS website will be used to share information about upcoming events, resources, and other topics of interest to the WWKS network.
- Technical assistance with implementation and monitoring of worksite wellness plans will be offered.

CONNECT



www.workwellks.com

CONTACT

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