



Join us at the Addison County Sustainable Living Expo at MUHS on Saturday, April 11, from 9 am - 4 pm to explore, experience and share ideas for creating a sustainable life and building our local community. Workshops include:

Local Food – winter greenhouse growing, soil fertility, permaculture planning, fermentation, pastured poultry, the energy intensity of local agriculture

Renewable Energy – community solar, heat pumps, electric vehicles, net-zero transportation, a panel on how our county should get the energy it needs

Green Housing – designing and constructing high performance homes and retrofits, innovative efficient mobile homes, weatherization, and tiny houses.

Integrative Health – apitherapy, consciousness and natural law, yoga practice, preventing cancer through integrative medicine

Empowered Communities – socially responsible investing, complementary currency, investing in our local landscape, herbalism for community resilience.

Healthy Ecosystems – forest gardens, commercial food forestry, landscape land management, green burial, managing our waste

Consider volunteering at the Expo to make your day even more rewarding! Or register to exhibit - there are still good booth spaces left to choose from! For more information, go to: [www.acornvt.org/SLE2015](http://www.acornvt.org/SLE2015) or contact Managing Director Elizabeth Golden-Pidgeon at [Elizabeth@ACORNVt.org](mailto:Elizabeth@ACORNVt.org).