MATH TUTORIAL - Available for all math subjects in three separate rooms. Teachers: Lee, Wong, Yezerski, Bray. Look for sign in the math wing directing you to the room where the tutorial is being held.

MTWTh 7th Period All Levels Rm. 226 T 3:45-6:45 All Levels Rm 212/213/218

OUTRIGGER PADDLING – Learn the elements of power, speed, synchronization and endurance on bay waters. An 8 session class. Start date TBD.

Th 3:45 - 5:45 Yasuda Gym Parking

PEER MEDIATION - Learn conflict resolution and communication skills to become a peer mediator at Sequoia. Help other students resolve their differences in a peaceful way.

T 3:45 - 5;00 Fitzgerald TRC

PHOTOGRAPHY - Join local commercial photographer Erin Ashford in an after-school natural light portrait session to inspire your own creative projects.

Th 3:45 - 4:45 Ashford Rm. 153

POWER AND SPEED TRAINING - A supervised workout period for all students, targeting students who are not attached to a sport and athletes whose program has no in season or out of season lifting program. Guidance on the basics of proper exercise technique and goal setting will be provided.

MTWThF 3:45 - 5:45

Navarette

Weight Rm

PROJECT READ COMMUNITY SERVICE - Get community service credit by participating in the Project Read program at the Redwood City Library. Training will be provided and students will be paired with an elementary student who needs help learning to read. Regular commitment required. Limited to 12 students. Start date 9/14/15

M 3:45 - 5:45 RWC Library RWC Library

ROBOTICS - We will learn how to design, build and program a robot for the 2015 FTC game challenge and then attend at least two competitions. No prior or knowledge is required.

T W 3:45 - 5:45 Larkin Rm. 215

SAFE Drop-In - Open space to work on homework and get familiar with the SAFE program. Also open from 7:15-8:15, during brunch and lunch.

M - F 3:45 - 4:45 Valencia Rm. 132

 ${\it SAAP}$ TUTORIAL - ${\it Getting}$ homework support and going to other SAFE classes.

M - F 3:45 - 4:45 Valencia Rm. 132

SCIENCE TUTORIAL - If you are a type of student who thinks "science is not your thing" and/or struggle in your science class, Science Afterschool Tutoring will be a great opportunity to receive free support with anything science related. Build confidence and explore your hidden abilities.

W 3:45 - 4:45 Garcia-Ortiz Rm. 227

SEQUOIA STORY SLAM - "Storytelling is a magical, ruthless discipline."

Inspired by NPR's The Moth Radio Hour and podcast, Sequoia Story Slam will emphasize discussion, community, and creative self-expression through storytelling. The program will culminate in a storytelling competition and hopes to share the experiences of Sequoia students with the greater community.

Th 4:00-5:00 Cook TBD

SPANISH TUTORIAL - A place for students in need of support for their Spanish classes to get help, ask questions, and practice their Spanish. All levels welcome from complete beginners to native speakers needing help with accent marks and everyone in between.

W 7:30-8:20 Stalder-Skarmoutsos Rm. 208 W 3:45 - 4:45 Calles Rm. 210

SPEECH and DEBATE - The class engages students to learn about effective speaking and debating skills that will later be used in competition with other schools. Starts 9/21/15.

Lunch Cingel Rm 202

STEM CLUB - The STEM club teaches after school science classes in local elementary schools. The club's goal is to pique the interest of a future generation of scientists and give local students access to engaging science learning experiences.

W Lunch Magallanes Rm. LL-3

TAFT ELEMENTARY TUTORING - A volunteer opportunity for students to help elementary students better their reading/math/writing skills. A great way to give back to the community. Start date TBD.

Th 4:00-5:00 TBD Taft School

TECHSTART (Facebook Program) - Learn how to do cool stuff with computers! You can discover more about the program from the instructor.

MTWTh 3:45 - 4:45 TBD Rm. 245

VOLLEYBALL CLUB – Come Tuesdays at lunch to Gym 3 to play volleyball. Bring your friends while having fun, getting exercise, and practicing your volleyball skills

Th 12:10 - 12:50 Weingand Gym 3

YARNS - Want to knit? Have fun learning a popular craft! Supplies provided; new and experienced knitters welcome.

Th 3:45-5:00 Sterne Rm. 237

YOUTH ADVISORY BOARD - A leadership group open to any Sequoia student. Organize projects and activities that can have a positive impact on the school and community. Make friends while making a difference at Sequoia.

W 3:50 - 5:00 Fitzaerald TR

3D/CAD - Learn to design and create 3D models using Computer Aided Design software and then print out your design. Search through pre-made designs and print up useful and creative objects.

3:45 - 5:45 Dodge Rm. 245

SAFE

Sequoia After-school Focused Enrichment

Academic Tutoring Support
Homework Assistance
Enrichment
2015-2016













1201 Brewster Avenue Redwood City, CA 94062 650-367-9780

Staff Contacts

Evelyn Valencia & Brenda Soto, Program Coordinators x60063/x60031 evalencia@seq.org/bsoto@seq.org

Judy Romero, Teen Resource Center x60065 <u>jromero@seq.org</u>

Gary Gooch, Vice Principal x60030 <u>agooch@seq.org</u>

Margaret Marshall, Program Consultant 650-368-7385 mamarshall@sbcqlobal.net

Attendance Data Clerk ×60063

Revised 9/1/15

How to Register - Classes are on a drop-in basis unless noted differently. Learning Center will begin August 24th. The rest of the classes will begin the week of August 31st after the Labor Day weekend (unless noted differently).

DINNER is offered each day 4:45 - 5:15 for all students participating in SAFE.

 $\label{eq:athlete} \textbf{ATHLETE TUTORING} - \textbf{Tutoring for all Sequoia athletes} \ (\textbf{mandatory for football, open to all others}) \ \textbf{to support them in the classroom and provide guidance for classes and prepping for college eligibility, NCAA, etc.}$

V 3:45 - 4:45 Farris/Poulos B1/SAC

AVIATION MAINTENANCE - Students work in small groups directly with certified aviation mechanics to repair and maintain airplanes at San Carlos Flight Center. Interview required. Class limited to 4-5 students. Begin date TBD.

M 3:00-5:00 Brand San Carlos

AVID TUTORIAL - Focus on providing tutorial support to current AVID students in core subjects.

Τ	7:30 - 8:30	Yeager	Rm. 250
Т	3:50 - 4:45	Yeager	Rm. 250

BADMINTON CLUB - Our friendly badminton community is a great place to meet badminton players of all abilities and learn strategies from the Club Advisor.

T 12:10 - 12:50 Wong Gym 2

Ballet FOLKLÓRICO - A dance derived from Mexico's indigenous culture.

Come have fun while expanding your horizons!

T Th 3:45 - 5:45 Cel Rm 131

BUILD TUTORIAL - Help our students develop their own business ideas, write business plans, pitch to funders and launch real business. Students also receive individualized academic support and advising for their school-work and college planning. Begins 10/9/15

Т	5:30 - 7:00	Garcia/Weyant	Rm. 132 /Rm. 259
W	5:30 - 7:00	Weyant	Rm. 259

CHESS CLUB - Our friendly chess community is a great place to meet chess players of all abilities and learn strategies from the Club Advisor.

Th 3:45 - 4:45 Wong Rm. 212

CERAMICS TUTORIAL - Ceramics open studio provides Ceramics I & II students an opportunity for individualized help, catch-up, glazing, trimming or personal creating time. Snacks, music and laughter! Start Date: 9/2/15

W 3:45 - 4:45 Waters Ceramic Studio

COLLEGE CLUB - Come and learn what it takes to get to college. Each week we go over an important step in the college process. (Morning - for lower classmen, afternoon - semester I: seniors only; semester II: seniors and juniors).

Т	7:15 - 8:15	Ignaitis	C&C Center
Т	3:45 - 5:00	Ignaitis/Guidance	C&C Center

CREDIT RECOVERY - An opportunity to recover credit in classes needed for graduation. Take classes you may have previously failed or take classes to improve your grade.

T Th	3:45 - 5:45	Cardona	Rm. 246
	6:15 - 8:00	Cardona	Rm. 246

CONDITIONING - **OPEN GYM** - Stay in shape for personal satisfaction or after school sports.

M W F 3:45 - 5:45 F. Lauese Gym 1/Track

CULINARY ARTS - Develop your cooking skills. Learn about food and nutrition, food safety, and cooking techniques. Start date TBD.

T 3:45 - 5:45 Rendon PE-1

DANCE TEAM - Provides dancers with an opportunity for self expression as well as an opportunity to show school spirit through the art of dance and performance.

M	4:00 - 6:00	Myers	Dance Studio
W	4:00 - 6:00	Myers	Dance Studio

DRAWING FUNDAMENTALS - Learn the fundamentals of drawing - shading, form, line, shape, composition and expression.

W F 3:45 - 5:45 Noviscky Rm. B10

DRIVERS ED - An opportunity to prepare for taking the written Driver's License test administered by the Department of Motor Vehicles. Class limited to 25 students. Daily attendance required. 9/8/15 - 12/9/15.

T W 3:50 - 4:50 Brand Rm. M-1

ELL FAMILY COMPUTER AND ENGLISH LITERACY - This class will teach survival English AND basic computer skills to parents in a friendly and supportive environment. Begin date the week of 9/14/15.

M.	6:30 - 8:00	Iñiguez	Rm. 100
M W Th	6:30 - 8:00	Ramirez	Rm. 241

EL Tutorial- Tutoring open to all EL students, with special emphasis on ELD 1-3, Algebra 1 and Geometry.

ΤW	3:45 - 4:45	Sterne (Eng/Math)	Rm. 237
Th F	3:45 - 4:45	Ortiz (Science)	Rm. 227

ELD ADVISORY / MENTORING GROUP- Building lasting relationships among teachers, administration, and peers in order to support ELD students as they learn to navigate their high school education at Sequoia and their lives in our communities. Begin date TBD.

Th F 3:50-4:50 Ortiz Rm. 227

ENGLISH and ICAP TUTORIAL (All Levels) - English tutorial support ensures success for students who may be having some difficulty in their English class. Taught by credentialed teachers.

T 3:45-4:45 Nguyen Rm. B-6

Th 3:45 - 4:45 Rosario Rm. B-12

FRIDAY GAMES – Come and hang out in an adult supervised area. Snacks, games, and homework support. Start date TBD.

F 3:45 - 5:45 Parks & Rec Staff TRC

HEALTH CAREER ACADEMY TUTORIAL - Work with Academy classmates and teachers to complete and refine your class assignments and projects.

Th 3:45 - 5:45 Academy Teachers Rm. LL-5

HORSEMANSHIP at GLEN OAKS STABLES - Learn how to properly groom, lead, saddle, bridle, and ride a horse. Learn body parts, colors and markings, basic health care, feeding, shoeing and hoof care in this 8 week course. Start date TBD.

T 3:45 - 5:45 Yasuda Gym parking

JUMP ROPE & HULA HOOP - Come jump rope it will be dope. Led by students (Chelsea Araujo) during lunch. We'll meet in the class and take it from there.

T 12:10 - 12:50 Valencia Rm 132

LA RAZA CLUB - A welcoming atmosphere that encourages discussion and understanding of the issues of gangs, immigration, relationships, and managing the stresses of family, work and school. Start date TBD.

Th 3:45 - 5:45 PCRC TBD

LEARNING CENTER - Ongoing homework assistance and regular tutoring available from student and teacher tutors every day that school is in session. MTWThF 7:15 - 8:15; 3:45 - 5:45 Staff Library

LEADERSHIP/KEYSTONE - This unique leadership development experience provides opportunities for teenagers in four focus areas: academic success, career preparation, teen outreach and community service. With the guidance of an advisor, this class aims to have a positive impact on members, the Boys & Girls Club and community. Begin date TBD.

M 3:45-5:45 Arellano (B&GC) B&GC W 3:45-5:45 Arellano (B&GC) Rm. 100

MATH HOMEWORK CLUB- Need help in Math homework? Better understanding in homework equals success in class. Don't wait anymore. Drop in or more assistance in Math.

W 3:45-5:45 Lower Levels Rm 212