



Investigate the Possibilities

at the

89th Lincolnland District Convention

Stoney Creek Inn
3809 Broadway
Quincy, Illinois



June 25th - 28th, 2015

1 (800) 659-2220
for Reservations



EXCHANGE
THE LINCOLNLAND DISTRICT EXCHANGE CLUBS

Lincolnland District Exchange Clubs

March 1, 2015

89th District Convention comes to Quincy

The 2015 Lincolnland District Exchange Clubs 89th Convention is scheduled for June 25-28 at Quincy's Stoney Creek Inn. This year's line-up features nationally known speakers and entertainers, important ballot measures and a Golf Tournament to boot.

It all kicks off on Thursday, June 25 at 1 p.m. when Spring Lake Country Club hosts a shot-gun start golf tournament. Join members of the Quincy Exchange Club for an afternoon of fun. Thursday evening, we'll recognize the golfers and have an early-bird reception at the golf course.

On Friday, June 26, the motivational luncheon will feature Bobbe White, a nationally recognized motivational speaker who uses humor and laughter as therapy.

Bobbe's work history includes Arnold Palmer's Bay Hill Club and Lodge, Orlando, where she was the swim pro (like a golf pro, but with more water). She has been in banking for over 3 decades, through 3 economic cycles, and 3 hair colors! Her success as a speaker and trainer is her conviction to what she



Bobbe White

believes are the two basic tenets of the adult learning experience: food and fun. She is the author of *Life in the Laugh Lane*, a book all about navigating life's twists and turns with laughter. Dividing her time between her company, Try Laughter! Inc., her husband and their two children, she is constantly embroiled in life's twists and turns. At work or home, she uses laughter to combat the stress we all experience daily. When that doesn't work, she heads for the golf course, swimming pool or enlists the support of her new therapeutic tool, Sam the beagle.

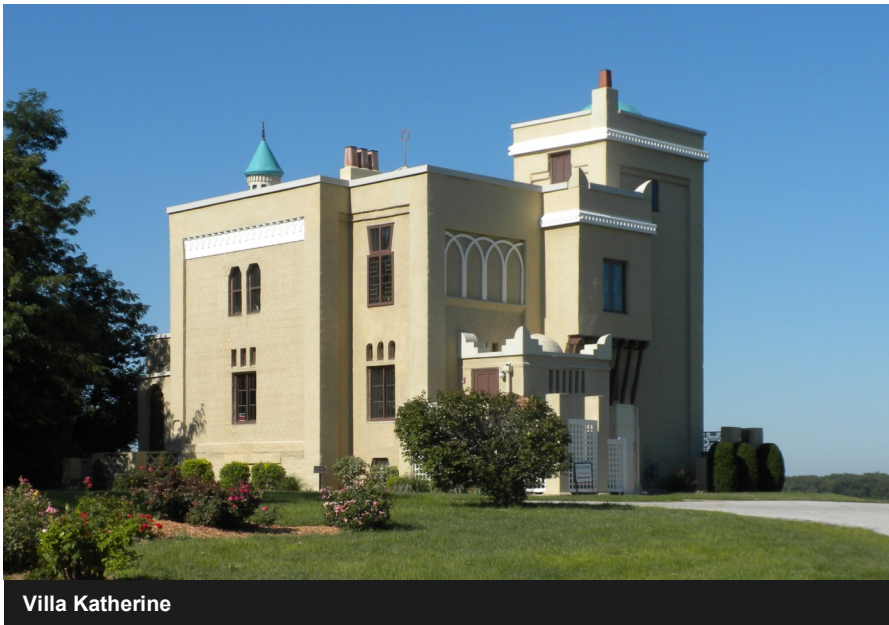
After our convention kick-off and 1st business session, we'll head down to historic Villa Katherine for an old-fashioned hog roast and entertainment. Villa Kathrine was built as a home in 1900 W. George Metz, based on sketches he made of villas in his travels throughout the Mediterranean, including the Villa ben Ahben in



Come to Quincy and join the fun! Amtrak has two trains daily from Chicago Union Station or make the drive in. Great rates, golf and fellowship—what more can you ask for?

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Villa Katherine

Morocco and the Mosque of Thais in Tunisia. Entertainment will be provided by Cheeks McGee, a local artist with several albums and videos to his credit. Cheeks is a singer/songwriter, multi-instrumentalist and music educator and performs a unique one-man live show in venues across the country. Whether he's playing his own original pieces or covers of popular songs, you will not want to miss his performance.

Saturday morning, June 27 will include an appearance by none other than the 18th President of the United States, General U.S. Grant. President Grant (portrayed by world-renown Grant Presenter, Larry Werline), will preside over our One Nation Under God breakfast and memorial service. Werline makes Grant and his period of history come alive, including playing General Grant in the 2009 movie Love and Valor: The Intimate Civil War Letters. Larry began portraying Grant in 1997 and, after speaking to a class of 5th graders, became hooked on bringing his history young and old alike.

Following the elections and business meeting Saturday morning, you are invited to tour Quincy's historic architecture, travel down river to historic Hannibal, Missouri – home of Mark Twain, or upriver to the Latter Day Saints village of Nauvoo. We'll also have some training available for those that would like to participate or just relax at the Inn's indoor/outdoor pool.

Saturday evening's banquet will celebrate the past and welcome the future. The 2015 Exchangite of the Year, Rookie of the Year, All-American Volunteer, Distinguished Service Award and Contributing Service Award winners will all be announced. We'll hear from Region 5 Vice President Bob Hester, who will be serving as our National Representative and outgoing District President Bill VanKeuren. We'll also install the future – new officers and directors of the Lincolnland District, including incoming District President Dawn Portner.

Sunday morning, June 28, is a time to recognize and celebrate our youth. The Youth of the Year and ACE Award winners will join us as we hear about their inspirational stories.

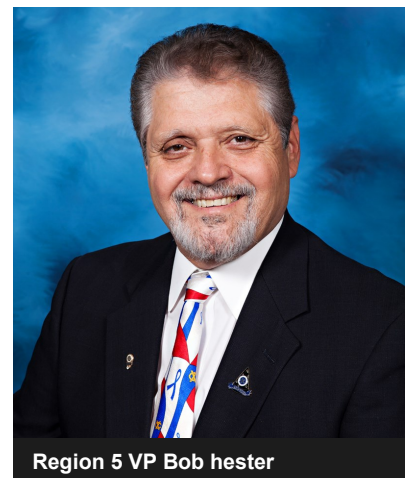
Bob Hester to serve as National Rep

Robert (Bob) Hester was first elected as Regional 5 Vice President at The National Exchange Club's 2011 National Convention in Detroit, Michigan. As was re-elected at the Greensboro Convention in 2013. Bob joined Exchange in 1992 and served in different leadership positions at the club level including two terms as club President with his club winning the "Big E Award." He has also served two terms as District President 2006-2007 and 2007-2008.

Bob was raised in a military family and moved a lot as a child. He went to high school in Kansas and New Jersey and attended college in Oklahoma.

Bob is married to Sandi Schmidt, a nursing professor for Oklahoma City University. They have two children: Rachael and Matthew.

Bob has served as president of his church for the last three years. He has been active as a Boy Scout Leader for the last 12 years.



Region 5 VP Bob hester

Cheeks McGee, General U.S. Grant Set to entertain at Convention

Cheeks McGee's music is based around acoustic rock but combines elements of blues, jazz, alternative rock, reggae, electronica/dance, funk, and other assorted genres. He is often described as a 'one-man jam-band' due to his frequent use of live phrase looping with multiple instruments.

Cheeks live shows feature him solo on-stage with a boss pedal looping unit, and he creates his backing loops in the moment, building layers of music like cake. He then adds percussive patterns by either hitting his guitar or making unique sounds with his mouth to personify the illusion of having a drummer and bass player. After he has built "the loop" he will then sing, and throw down some wicked solos with his trusty side-kick...the trumpet!

A native of Northeast Missouri and graduated with a music education degree from a private liberal arts college Cheeks juggles his time educating the youth of America teaching instrumental music at a Missouri HS by day and performing music by night!! During the summers Cheeks spends 3 months on the road touring relentlessly from coast to coast bringing his fun-loving personality and one man show to the masses.



General U.S. Grant



Cheeks McGee

Larry Werline, aka U.S. Grant, began presenting Ulysses S Grant part time in 1997 and gives about 50 presentations annually, plus Tuesdays and Fridays at the Old State Capital in Springfield.

Larry explains how he got involved in presenting Grant, the Civil War General who went on to become the 18th President of the United States

"I had been a Civil War re-enactor for about 10 years. ...I was also a member of the board of directors for an international enterprise software users group. Before one of our annual meetings with 300 or 400 people at the U.S. Grant Hotel in San Diego, the president turned me and said she wanted me to do the opening act at the reception. She said, "You do that Civil War stuff, don't you? We'd like you to come as Gen. Grant." At the time I didn't have a beard, and I just had a captain's uniform but nothing higher (in rank). I started looking for a fake beard and none of them looked good. I ended up growing a beard just for the occasion and when I finally put it all on in front of the convention, I looked in the mirror and I was stunned at how much I looked like this guy. It was a successful meeting and afterward people were asking me, "Hey, before you shave your beard off, why don't you come to my school or my church and give a talk?" I ended up doing a lot of talks, and went on from there."

Larry will be our keynote speaker at the One Nation Under God breakfast on Saturday, June 27th. Following the breakfast, there will be a memorial service for all of our fellow Exchangites who have passed since our last convention in Urbana.



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Convention Registration Form

_____	_____
Name	Exchange Club
_____	_____
Address	Delegate, Club or District Office Held
_____	_____
City, State, Zip Code	Area Code and Phone Number
_____	_____
Nickname for Badge	Spouse/Guest Name
_____	(If spouse is an Exchange Club Member, please indicate office held and club)
_____	_____
E-mail address	

Full Convention Package

Friday Lunch & Dinner	_____	@ \$100.00 each	_____
Saturday One Nation Under God Breakfast	_____	Lincolnland Director/Officer	_____
Saturday Installation Dinner	_____	After June 1, 2015 - \$110.00 Each	_____
Sunday Youth of the Year/ACE Awards Breakfast	_____		_____

Individual and Optional Event Prices

(Optional Event Prices)

Earlybird Dinner at Golf Course (not golfing) - Please use Golf Registration Form to register for dinner (\$25.00)

(Individual Event Prices)

Friday Motivational Lunch	_____	@ \$15 each	_____
Friday Dinner	_____	@ \$20 each	_____
Saturday One Nation Under God Breakfast	_____	@ \$20 each	_____
Saturday Installation Dinner	_____	@ \$45 each	_____
Sunday Youth of the Year/ACE Awards Breakfast	_____	@ \$25 each	_____
		Total Enclosed	_____

Please register before June 1, 2015.
Mail completed form and payment to: Dennis Koch, P.O. Box 1007, Quincy, IL 62306-1007
Make checks payable to: Quincy Exchange Club Foundation

Questions? – Contact Dennis Koch, exchange@adams.net or 217-224-8484



Thursday June 25, 2015
 Registration – Noon
 Tee off - 1 p.m.
 Dinner - 6 p.m.
Golf & Dinner - \$75/Dinner Only \$25

Spring Lake Country Club

5215 Clubhouse Drive
 Quincy, IL 62305
 (217) 222-5250

www.springlakecountryclub.org

Come and enjoy 18 holes of golf in a shot-gun start. Spring Lake just recently installed all new greens and fairways! There'll be the usual games with prizes – Golf and enjoy dinner that evening for \$75 each (includes cart and golf), or join us for dinner at the Club for just \$25. Please list the Exchange Club you are representing and your foursome below. Don't have a foursome? Not to worry – we'll pair you up at the start!

Club Name _____

Foursome: *(Please include phone number & e-mail address of one member)*

	\$ _____

Number of Dinner Only Reservations @ \$25.00 _____

Total Amount Included \$ _____

Official Call to Convention

The 89th Convention of the Lincolnland District Exchange Clubs will be held Thursday, June 25 through Sunday, June 28, 2015, in Quincy, Illinois. All convention sessions and meal events will take place at the Stoney Creek Inn, unless specifically noted otherwise. Onsite convention registration will open on Thursday, June 25 at 1 p.m., Central Time, and will be open during the convention at times listed in the official program booklet.

Hotel Reservations – Reservations should be received by May 25, 2015, and will be honored on a space-available basis. Room reservation orders should be made as early as possible, by phone or mail to the hotel, using the information below. Room rates are \$81 (plus applicable taxes) per night.

Information on Club Delegates and the convention registration process can be found on the Lincolnland District Exchange Clubs Website at www.lincolnlandexchange.org.

No fees are charged for delegate participation in meetings and seminars, as each club pays an annual convention fee of \$25 to cover this expense as part of its quarterly billing.

Exchange: inspiring communities to become better places to live

89th Lincolnland District Convention

PO Box 1007
Quincy, IL 62306-1007

Hotel Contact

Stoney Creek Inn
3809 Broadway
Quincy IL 62301
Phone (800) 659-2220
stoneycreekhoteles.com

Convention

Dennis Koch, Chair
Exchange Club of Quincy
PO Box 1007
Quincy IL 62306=1007
Phone (217) 224-8484

Golf Outing

Jared Haugh, Chair
Exchange Club of Quincy
PO Box 1007
Quincy IL 62306-1007
(217) 577-4026

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