

## \*Saturday, May 14th, 2016\*

Where: DCR's Artesani Park, 1255 Soldiers Field Rd, Brighton MA When: Saturday, May 14<sup>th</sup>, 2016 (9:00am Registration, 11:00am Start) Why: To raise awareness about mental health and combat stigma Register online today! <a href="www.namiwalks.org/massachusetts">www.namiwalks.org/massachusetts</a>



NAMI Mass provides education, support, and advocacy for people living with mental illness and for their families

> celebrate hope, resiliency, and recovery •

"Seeing that many people walking gives you hope; you know that you're not alone...no one is there judging you."

For more information, to register for the walk, or to make a donation visit <a href="www.namiwalks.org/massachusetts">www.namiwalks.org/massachusetts</a>

Contact Deputy Director Karen Gromis at <a href="mailto:kgromis@namimass.org">kgromis@namimass.org</a> or 617.580.8541

