DMH Celebrates May is Mental Health Month 2012
Statewide Events

Click the link below for events happening in your area

Central-West Area
   Central Region
   West Region

Northeast-Suburban Area
   Suburban Region

Metro-Southeast Area
   Southeast Region

Central Region
For more information on any of the events below contact Pat Wells at 508-368-3577 or pat.wells@dmh.state.ma.us

Monday, April 30
Presenting Bridging the Gap Between Primary and Behavioral Health Care by Marie H. Hobart, M.D. 8:30 - 10:30 a.m. (registration begins at 8:30 a.m./program begins at 9 a.m.), 62 Lake Street, Boland Room, Heywood-Wakefield Building, Gardner. This Mental Health Month kick-off event is brought to you by the Joint Coalition on Health and Alternatives Inc.; Community Healthlink; Families & Communities Together; LUK, Inc.; MOC, Inc.; Parent/Professional Advocacy League; The Shine Initiative; South Bay Mental Health; The Winchendon Project; and YOU, Inc.

Thursday May 3
CHL Nicotine Anonymous will be celebrating its 3 year anniversary at 7 p.m., 12 Queen Street, Worcester. Cake, coffee and tea will be served.

Friday, May 4
CBFS Community Healthlink Training: “Treating Co-Occurring Disorders” presented by Dr. Amy Harrington, 1 p.m. in the CHL OPD Board Room on the main campus at 12 Queen St., Worcester.

The South County CBFS hosts a booth at the Wells Middle School, 6 to 8 p.m., 82 Marcy St., Southbridge, sponsored by Harrington Memorial Hospital. Staff from each program will represent all Evidenced Based Practices as well as Supported Employment and SCHAP services.

Friday May 11
The Bridge and AUI and Crystal Clubhouse at Monument Park, Central Street, Gardner from 11 a.m. to 2 p.m. Music, a barbecue and information stations to educate and raise awareness of mental illness.

Tuesday, May 15
Visions of Hope, 4:30 to 6:30 p.m., Saxe Room, Worcester Public Library main branch, Alternatives Unlimited/Recovery Steering Committee. For more info, contact Nancy Catino 978-840-4549 or nancy.catino@alternativesnet.org
Wednesday, May 16
**CBFS and Respite Program’s Hike for Health**, leaving at 11 a.m. to hike Mt. Wachusett. Meeting in front of Community Healthlink, 72 Jacques Ave. Worcester.

Saturday, May 19

Sunday, May 20
**CHL Respite Mobile and Respite Site consumers will be walking in the 27th Walk For the Homeless** at 2 p.m. beginning and ending at Institute Park, a 4.3 mile walk.

Wednesday, May 23
**The Worcester Adult CBFS Mental Health Fair**, 11a.m. to 2 p.m. at the Worcester Public Library (main branch) in the Banx Room. Informational booths about mental health resources, mental health for senior citizens, books (non-fiction and fiction) on mental health themes and stress reduction activities available to attendees.

Thursday, May 24
**Community Healthlink CBFS Employment Panel** with guest speakers from Home Depot; Work Without Limits Benefit Plan Program; Central Mass. Employment Collaborative; employees from Home Depot, Walmart and Marshall’s. in Conference Room 515 in the Family Health Building from 1 to 4 p.m.

West Region
For more information on any of the events below contact Sylvvia Provost at 413-587-6203 or [sylvia.provost@dmh.state.ma.us](mailto:sylvia.provost@dmh.state.ma.us)

Monday May 7
**Holistic Children’s Mental Health Conference**, Cutchin’s Center event in Honor of Retired Dr. Ken Talon, Hotel Northampton, 36 King Street  Northampton.

Wednesday May 9
**Children’s Mental Health Week Celebration** 5:45 to 9 p.m. Dinner, The Summit House, Holyoke. DMH Child/Adolescent Division helps to support the event.

Thursday May 17
**Berkshire NAMI’s 7th Annual “Walk for Mental Health Awareness,”** Pittsfield. This year’s walk will be held as part of 3rd Thursdays. Walkers can register/make donations at the NAMI booth on North Street at 5 p.m. The walk is ¾ mile and begins at 5:45 p.m. with opening remarks by State Representative Paul Mark.
Wednesday May 23
Clinical and Support Options 10th Annual Mental Health and Wellness Fair, 10 a.m. to 2 p.m. Energy Park in Greenfield.

Suburban Region
For more information on any of the events below contact Lynn Erickson at 508-616-2166 or lynn.erickson@dmh.state.ma.us

Tuesday May 23
Met-Fern Cemetery Rededication, 11 a.m. 475 Trapelo Rd Waltham. For info contact Adam Shulman at 781-894-5302. Potter Place together with the Northeast Metro-Suburban Peer Leadership Committee is planning a rededication of the cemetery at the former Metropolitan State Hospital.

Thursday May 24
Wayside STEPS program barbecue for the young adult program to celebrate togetherness at 12 Prescott St., Arlington. Contact Gina Bozzi 781-646-2826

Advocates Inc. Events: 1881 Worcester Rd., Framingham; contact Keith Scott 508-259-1080

May 17
Richard Shulman from the VIP (Volunteers in Psychotherapy) program for a presentation and Q&A about their program which exchanges completely private therapy sessions (no notes, no insurance company, no diagnosis) for volunteer hours in the community.

May 31
Rachel's Challenge, for creating kinder and more compassionate communities, important for the work to eliminate stigma and discrimination.

May 31
Essay contest, with a reception for the annual art exhibit.

Edinburg Center Events: 1040 Waltham St., Lexington

Throughout May
“Recovery Tree” which will remain in the lobby of the program. Individuals will have the opportunity to write what recovery means to them on a leaf to hand on the tree.

Opportunities Day Program Art Show at the center throughout the month. Contact Elaine Farrish at 781-761-5200

May 11
Spring Fling at Potter Place, 15 Vernon St., Waltham; all-day event celebrating Mental Health Month.

May 18
Legislative Breakfast, Hellenic Center, 25 Bigelow Ave., Watertown; Contact Gail Rogers 781-862-3600
The Neponset River House and Elliot House Events
Neponset River House, 595 Pleasant St., Norwood
Elliot House, 255 Highland Ave., Newton

May 15
The Neponset River House will sponsor a Recovery Dialogue meeting 8:30 to 9:30 a.m.
Neponset River House, 595 Pleasant St. Norwood MA. Contact Danielle Ford-Allen at 781-762-7075

Throughout May
The Neponset River House will be collaborating with local schools to promote Mental Health awareness through classroom presentations on Mental Health, teens that are affected by it, and how the Clubhouse can help. Contact Danielle Ford-Allen at 781-762-7075.

Southeast Region
For more information on any of the events below contact: Kathy Cantone at 508-897-2032 or kathleen.cantone@dmh.state.ma.us

Thursday, May 3
CELEBRATING OUR KIDS 6 to 8 p.m. – Parent Information Network (PIN) groups will be holding an “Appreciation Ceremony” where parents will recognize their children’s successes and strengths.

Tuesday, May 8
EXPLORING THE PATH TO RECOVERY WITH YOUNG ADULTS, 6 to 7:30 p.m., PIN Office, 47 East Grove St., Middleboro. Parents and young adults will come together for a roundtable discussion on recovery with youth from The Transformation Center.

Thursday, May 10
CELEBRATING MOMS BREAKFAST 9:30 a.m. to noon, The Riverside Restaurant, 58 East Grove St., Middleboro. A leisurely breakfast for mothers and our guest speaker, Dr. Miriam Ornstein, DMH Metro-Southeast Area Child Psychiatrist. A former PIN mother will be sharing her journey of hope. Sponsored by PIN.

Thursday, May 17
UNLEASHING THE POWER OF RESPECT CONFERENCE 9 a.m. – 3 p.m., Holiday Inn Conference Center, 700 Myles Standish Blvd., Taunton. A PIN/DMH collaboration. Presented by Dr. Joseph Shrand, an Instructor of Psychiatry at Harvard Medical School, an Assistant Child Psychiatrist on the medical staff of Massachusetts General Hospital, Medical Director of the CASTLE program in Brockton, and psychiatrist at BAMS1’s Whitman Counseling Center.

Thursday, May 24
LEARNING TO LET GO WORKSHOP 6 – 8 p.m. PIN Office, 47 East Grove St., Middleboro. STAY presents “Learning to Let Go – Strategies for Parents to Launch Their Young Adults” with Kim Bisset, Ed.D., a career consultant and life coach who works with transitional age youth and DMH.
Taunton State Hospital Events at Taunton State Hospital 60 Hodges Ave, Taunton. For more info contact Sandy Epstein at 508-977-3127

Wednesday May 2
Patient Sensory Wellness Fair 2 to 4 p.m. TERN-Rehab Suite. Sponsored by the hospital Wellness Committee and the Friends of Taunton State Hospital

Thursday May 10
Tunefoolery Rock Concert 7 p.m. Patient evening program at Glass Dining Hall

Saturday May 12 through Wednesday May 30
Patient and Staff Art Show, Rehab Suite-Cain Building

Friday May 25
Dedication of the Hospital Meditation Garden in recognition of the volunteers who build it: Sonsesta Corporation of North Attleboro, Johnson & Johnson of Raynham, Friends of Taunton State Hospital & local artists, at 2 p.m.