

Virginia Varley csj is an artist,
spiritual director
and group facilitator.
She has been making
personally directed retreats

using art as the language of prayer
for many years.

Her focus is on art as
a language of the imagination
on the spiritual journey.

Grace Sauve, csj and
Roger Yaworski, sj are both
spiritual directors and experienced
in using art as the language of prayer
and imagination.



Often words are inadequate in our attempt
to express what is deep within our hearts,
even to ourselves.

This retreat is designed to enable each
retreatant to discover the soul's language in art.

The retreat offers a way of praying that leads to
a deep intimacy with God, using art as
a language of prayer.

This time offers individuals the opportunity to
pray with art in a contemplative setting
with guidance.

What participants said:

*“A sanctuary for opening one’s heart, a
shift in awareness; a place to breathe and
fall in love with life again with all
its nuances.”*

*”You leave with a feeling of being grounded
and yet lighter... a part of the world where
consciousness can make a difference.”*



CONTEMPLATIVE ART RETREAT:

*Mystery of Consciousness
and Care of the Earth*

Virginia Varley, csj
Grace Sauve, csj
Roger Yaworski, sj

Locations:

Invermara, Orillia, ON
June 3 - June 11, 2016

CONTEMPLATIVE ART RETREAT

June 3 - June 11, 2016

Limit: 15 persons

Fee: \$600.00 Can. To be paid on arrival

Registration Fee (in addition) confirms space and covers the cost of supplies: \$65.00

payable to:

Virginia Varley, csj
44 Jackes Ave., #904
Toronto, ON M4T 1E5

What participants have said:

“It is interesting to me that as creativity grows, unity and love grow as well.”

“In the silence I hear so much more - words just can't describe all that has been done in my inner life. I'm sure I will see the fruit of this in the next months and probably even years.”

“Prayer is not about asking. It is about listening. Through art, the retreat tools and teachings you slow down...right down to a place of reflection and awareness of the present moment. You leave with a feeling of being grounded and yes, even lighter.”

This retreat includes:
presentations,
multi-media meditative
art offerings
and personal guidance.

This retreat takes place at the summer home of the Sisters of St. Joseph of Toronto, Invermara Orillia, Ontario

For further information,
contact

Virginia Varley, csj
at (416) 929-4799 or
vvarley@sympatico.ca

The Retreat begins at 3:00 p.m. and concludes with lunch on the final day.

Arrival time: 1:00 - 3:00 p.m.

What participants have said:

“Using art as a connection with the spiritual, as a form of prayer, as a way to know oneself and Divine Mystery a little better, as a way of sending positive energy to the world: all of these I love doing with quiet passion as an integral part of my life.”

APPLICATION FOR THE SACRED ART RETREAT AT INVERMARA

June 3 - June 11, 2016

Name and Community (if applicable):

Address: Street;

City:

Province:

Postal Code:

Telephone:

Email:

In case of emergency: (name and telephone no.)

Special Needs

Time of Expected Arrival

Registration Fee: \$65.00 payable to Virginia Varley, csj at 44 Jackes Ave, Toronto, ON M4T 1E5
(\$35.00 will be returned if cancellation for the retreat is received by June 1, 2016.