

E-mail recruitment letter to be distributed via spiritual retreat centres' listserves and/or postal delivery.



Research Participants Needed

My name is Dr. Janet Groen and I'm an Associate Professor in Adult Learning at the Werklund School of Education at the University of Calgary. I am exploring the role of the spiritual retreat centre and the self-directed learning activities of its retreatants in shifting our relationship with the natural world and in turn fostering environmental awareness and action among adults.

In particular, I am interested in retreatants who have participated in at least one retreat of at least three days in length at a spiritual retreat centre, with a preference for those who have experienced retreats of five days or longer. If you are interested in participating in this study, you will participate in one to two approximately 60 minute interview (s) where we will explore your spiritual story and your environmental awareness; why you have chosen to retreat at a spiritual retreat centre; your experiences at a spiritual retreat centre and how they impact your daily life.

Your participation is completely voluntary. You can withdraw at anytime, without penalty. All information and data will be handled as confidential and anonymous. This study has been approved by the University of Calgary Conjoint Faculties Research Ethics Board. A consent form, along with the approval from the University of Calgary's Conjoint Faculties Research Ethics Board, will be forwarded before participation.

If you are interested, you can e-mail me at jgroen@ucalgary.ca. Thank you for your time!

Sincerely,

Dr. Janet Groen
Associate Professor
Werklund School of Education
University of Calgary
403-220-6440
jgroen@ucalgary.ca