



Improving
LIVES FAMILIES
to help
succeed

Middle School Girls Group

6th, 7th & 8th grade girls meet weekly

Wednesdays, March 2-April 27, 6-7pm. *Group will not meet March 30 .

Girls Group is intended for middle school girls (11-14) who may be struggling with low self-esteem, experiencing social problems, having difficulty dealing with emotions, going through changes or having problems at home or school. Members are screened by OFS counselors prior to the start of each new session. *Call or email [Sara](#) or [Melissa](#) for more information, (262)376-7774.

Parent Education and Support (PEAS) Classes

For a list of upcoming workshops and events, visit our [website](#). Programs are free and held at the Family Enrichment Center, 885 Badger Circle in Grafton, unless otherwise noted. To register, call 262-376-7774 or [email](#).

Parents of Middle School Girls Unite!

Wednesdays, March 2-April 27 6:00-7:00pm (No Meeting March 30th)

Sugar and spice, but not always nice! Parenting a middle school girl can be scary, frustrating, maddening, and wonderful all at the same time. Girls today are growing up with more social pressures than ever before- quite literally a generation to which parents today cannot always relate. This open, 8-week group for parents allows you to talk in a safe setting about your experiences, ask questions, compare limits and expectations, and find the support you may need to help alleviate stress and find creative approaches to parenting your daughter. **Facilitated** by OFS Counseling Staff.

Let's Play to Learn

Thursday, March 3: Ooey Goey Icky Sticky 10:00-11:00am

Tuesday, April 19: Funky Junk 10:00-11:00am

Learn ways to stimulate your 2 -4 year olds' creativity through parent/child hands-on workshops. **Facilitated** by PAT Parent Educators.

Love and Logic Mini Sessions

Monday, March 7th: Young Children (0-5) 6:00-7:00pm

Monday, April 4th: Adolescents (6-12) 6:00-7:00pm

Monday, May 2nd: Teens (13-18) 6:00-7:00pm

Each Love and Logic Mini Session will focus on how to apply this nationally credited parenting program to a specific age group: young children, adolescents, and teens. A basic overview of Love and Logic Parenting Skills will precede exercises and interactive discussion questions led by participants. No prior Love and Logic knowledge required. **Facilitator:** Sara McManus, Parent Educator.