

WALKABOUT GRAFTON

May is 'Community Fit' Month



Get Active

Be Healthy during May as Community Fit Month is this month....and every day!

- May 2 - President's Walk - 9:00 a.m. • Walk will be led by Village President Jim Brunnuell. Walk begins at Municipal Services Facility and will walk the Ozaukee Interurban Trail north to Terminal Road and back (approximately 60 minutes).
- May 9 - 9:00 a.m. • This walk will be held at Centennial Park. This ½ mile path also has fitness stops (approximately 60 minutes).
- May 16 - 9:00 a.m. • This walk will begin at Grafton Lions Park and will walk through the neighborhood (approximately 45 – 60 minutes).
- May 23 - 9:00 a.m. • This walk begins at the Municipal Services Facility and will walk Hickory Street to Fifth Avenue to Cedar Creek and through the path by Prairie Run and back (approximately 60 – 90 minutes).
- May 30 - 9:00 a.m. • The final walk begins at the Multipurpose Senior Center and will walk the Ozaukee Interurban Trail to Cedarburg and back (approximately 90 – 120 minutes).

Healthy refreshments will be provided after each walk
Estimated times are recommended – walkers can walk at own pace
T-shirt provided to all walkers

Sorry, no pets on walks through parks

Preregistration not required